US010456653B2

(12) **United States Patent**
Thornbrue et al.

(10) **Patent No.: US 10,456,653 B2**
(45) **Date of Patent: Oct. 29, 2019**

(54) **SWING QUALITY MEASUREMENT SYSTEM**

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(73) Assignee: **Blast Motion Inc.**, Carlsbad, CA (US)

(*) Notice: Subject to any disclaimer, the term of this patent is extended or adjusted under 35 U.S.C. 154(b) by 0 days.

(21) Appl. No.: **16/355,025**

(22) Filed: **Mar. 15, 2019**

(65) **Prior Publication Data**

US 2019/0209909 A1 Jul. 11, 2019

Related U.S. Application Data

(63) Continuation-in-part of application No. 16/189,889, filed on Nov. 13, 2018, and a continuation-in-part of (Continued)

(51) **Int. Cl.**
A63B 69/00 (2006.01)
A63B 69/36 (2006.01)
(Continued)

(52) **U.S. Cl.**
CPC ***A63B 69/3685*** (2013.01); ***A63B 69/3635*** (2013.01); ***G01C 21/16*** (2013.01); ***G01P 15/0888*** (2013.01); ***G06K 9/00342*** (2013.01); ***G06K 9/00523*** (2013.01); ***G06K 9/00536*** (2013.01); ***G06Q 10/0639*** (2013.01);
(Continued)

(58) **Field of Classification Search**
CPC A63B 69/3685; A63B 69/3635; A63B 2220/18; A63B 2220/833; A63B 2069/0008; G06K 9/00536; G06K 9/00523; G06K 9/00342; G06Q 10/0639;
(Continued)

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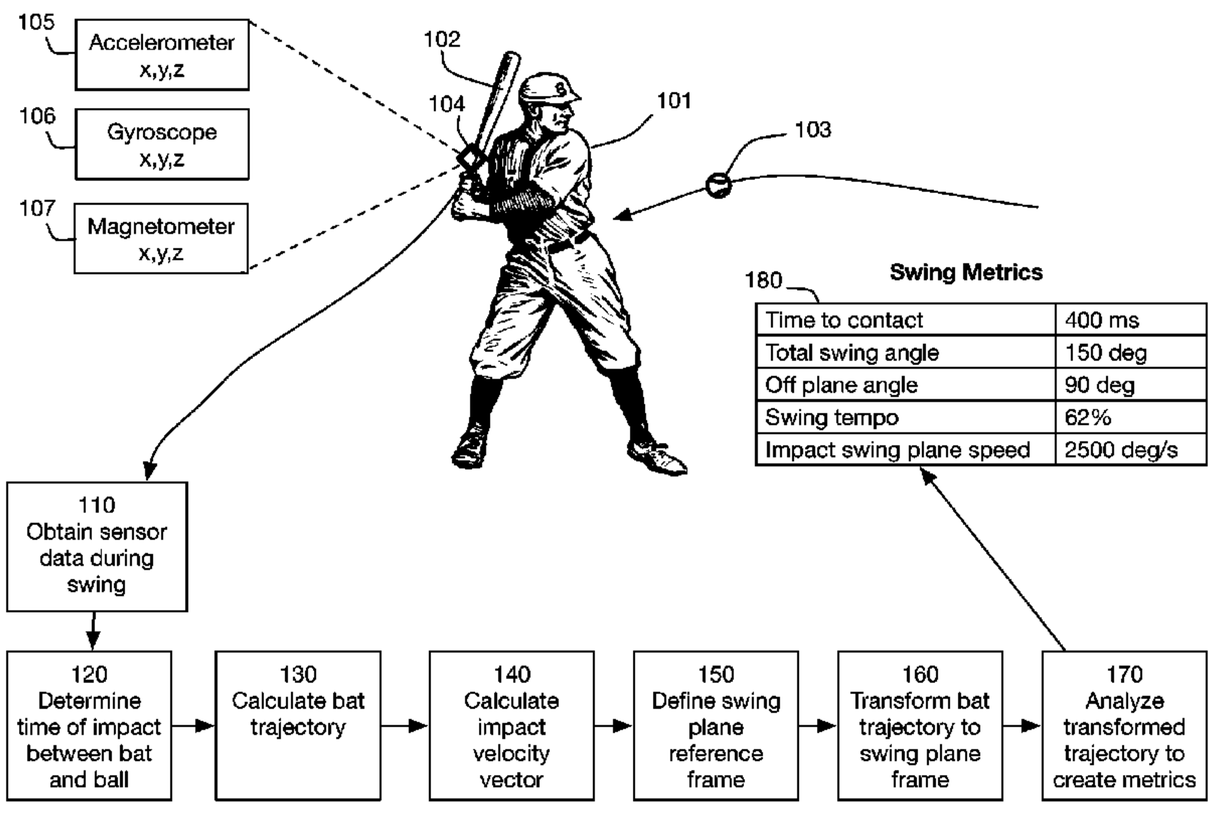
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(Continued)

Primary Examiner — Nini F Legesse
(74) *Attorney, Agent, or Firm* — ARC IP Law, PC; Joseph J. Mayo

(57) **ABSTRACT**

A system that measures a swing of a bat with one or more sensors and analyzes sensor data to create swing quality metrics. Metrics may include for example rotational acceleration, on-plane efficiency, and body-bat connection. Rotational acceleration measures the centripetal acceleration of the bat along the bat's longitudinal axis at a point early in the rotational part of the swing; it is an indicator of the swing's power. On-plane efficiency measures how much of the bat's angular velocity occurs around the swing plane, the plane spanned by the bat and the bat's sweet spot velocity at impact. Body-bat connection measures the angle between the bat and the body tilt axis, which is estimated from the trajectory of the hand position on the bat through the swing; an ideal bat-body connection is near 90 degrees. These three swing quality metrics provide a simple and useful characterization of the swing mechanics.

17 Claims, 38 Drawing Sheets



Related U.S. Application Data

application No. 16/166,490, filed on Oct. 22, 2018, said application No. 16/189,889 is a continuation of application No. 15/628,613, filed on Jun. 20, 2017, now Pat. No. 10,124,230, said application No. 16/166,490 is a continuation of application No. 15/590,398, filed on May 9, 2017, now Pat. No. 10,109,061, said application No. 15/628,613 is a continuation-in-part of application No. 15/214,339, filed on Jul. 19, 2016, now Pat. No. 9,694,267, said application No. 15/590,398 is a continuation of application No. 15/087,776, filed on Mar. 31, 2016, now Pat. No. 9,646,199, which is a continuation-in-part of application No. 14/801,568, filed on Jul. 16, 2015, now Pat. No. 9,396,385.

(51) **Int. Cl.**

G01P 15/08	(2006.01)
G06T 7/20	(2017.01)
G06K 9/00	(2006.01)
G01C 21/16	(2006.01)
G06Q 10/06	(2012.01)
G16H 20/30	(2018.01)

(52) **U.S. Cl.**

CPC ***G06T 7/20*** (2013.01); *A63B 2069/0008* (2013.01); *A63B 2220/18* (2013.01); *A63B 2220/833* (2013.01); *G16H 20/30* (2018.01)

(58) **Field of Classification Search**

CPC G01C 21/16; G06T 7/20; G01P 15/0888; G16H 20/30

USPC 473/221–223, 257, 453, 454

See application file for complete search history.

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2017/0157484	A1 *	6/2017	Altshuler	A63B 69/0002

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FIG. 1

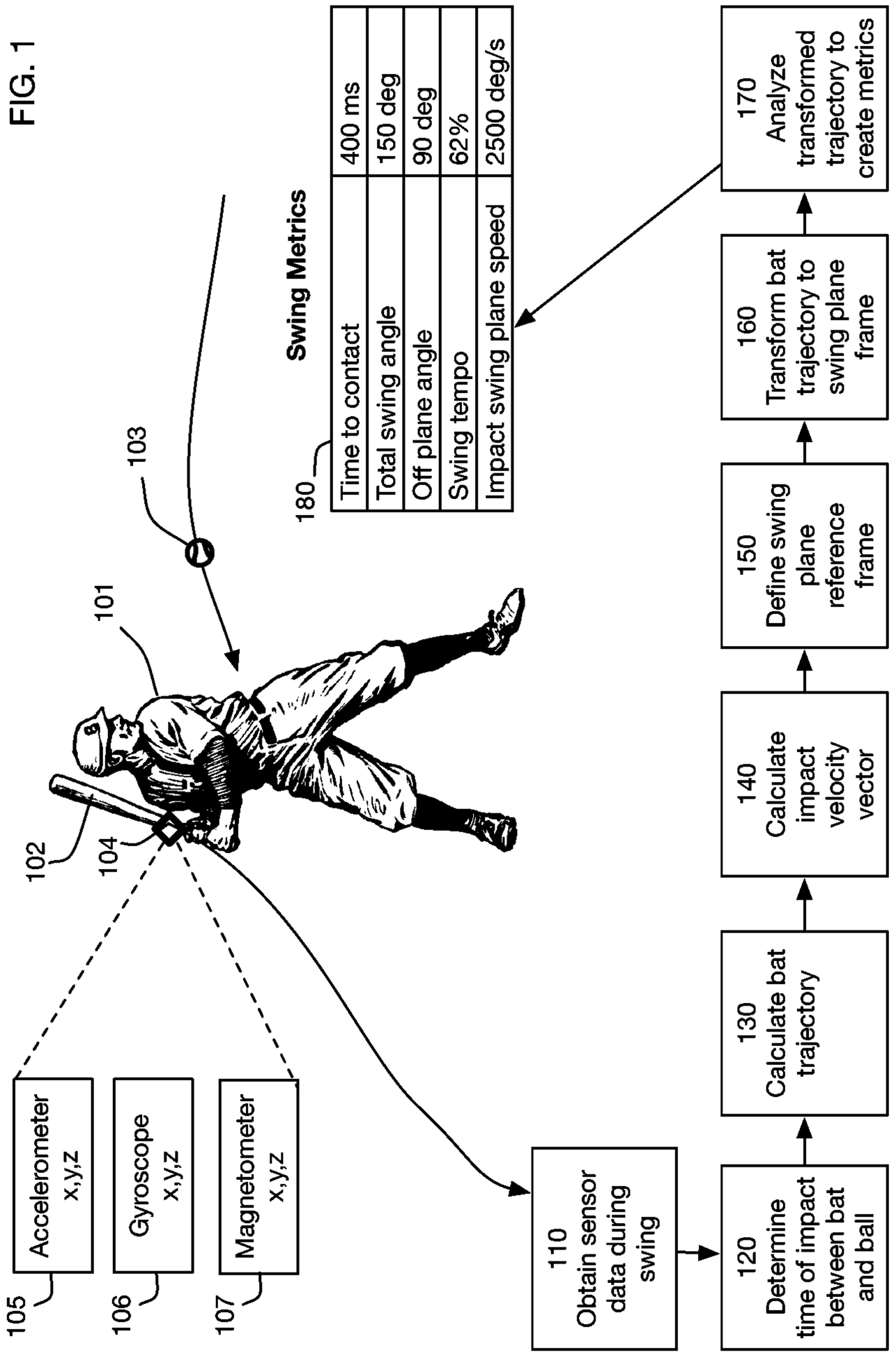

Swing Metrics
180
Time to contact
400 ms
Total swing angle
150 deg
Off plane angle
90 deg
Swing tempo
62%
Impact swing plane speed
2500 deg/s
103
101
102
104
105
Accelerometer x,y,z
106
Gyroscope x,y,z
107
Magnetometer x,y,z
110 Obtain sensor data during swing
120 Determine time of impact between bat and ball
130 Calculate bat trajectory
140 Calculate impact velocity vector
150 Define swing plane reference frame
160 Transform bat trajectory to swing plane frame
170 Analyze transformed trajectory to create metrics

FIG. 2

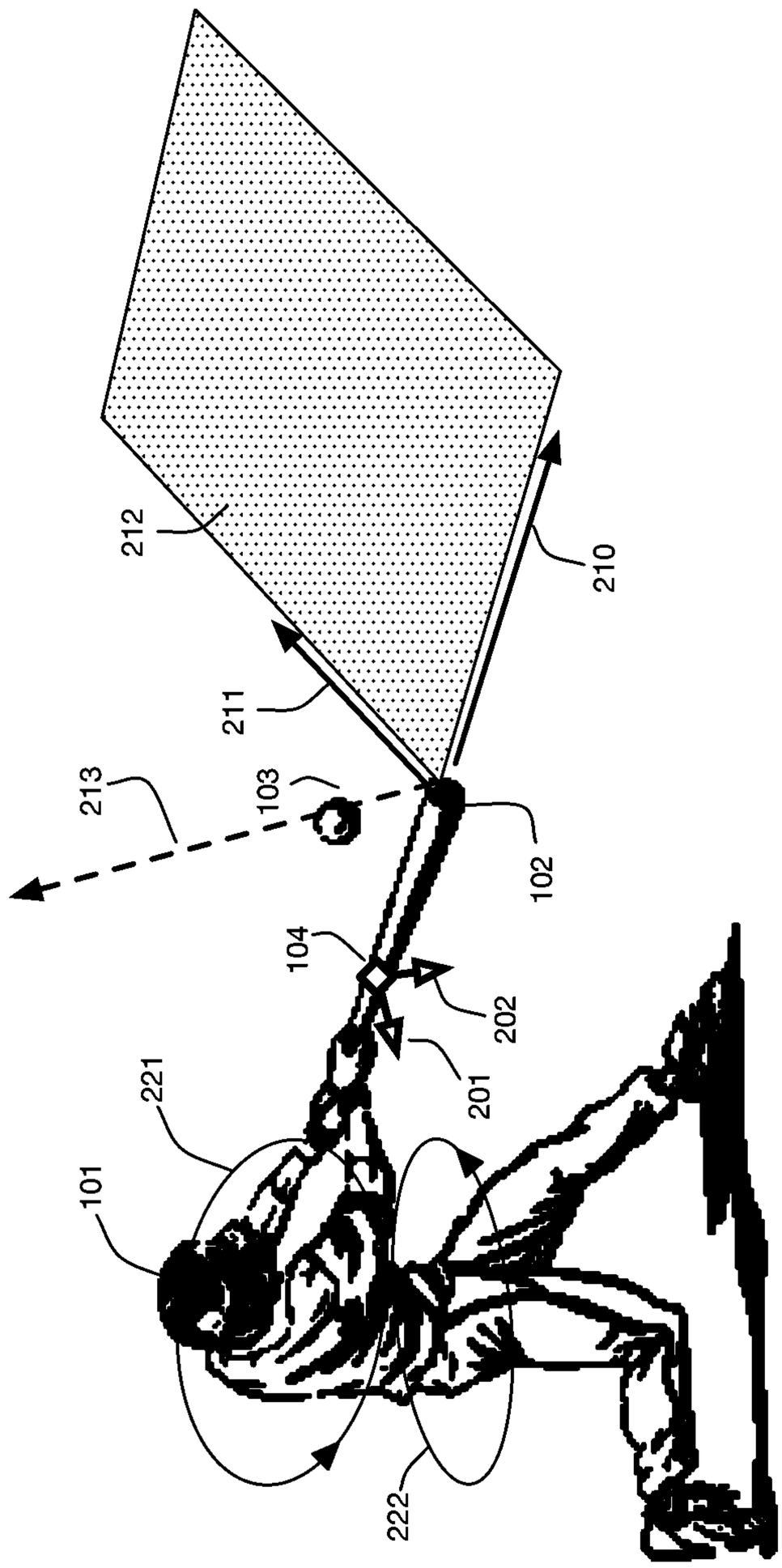


FIG. 3

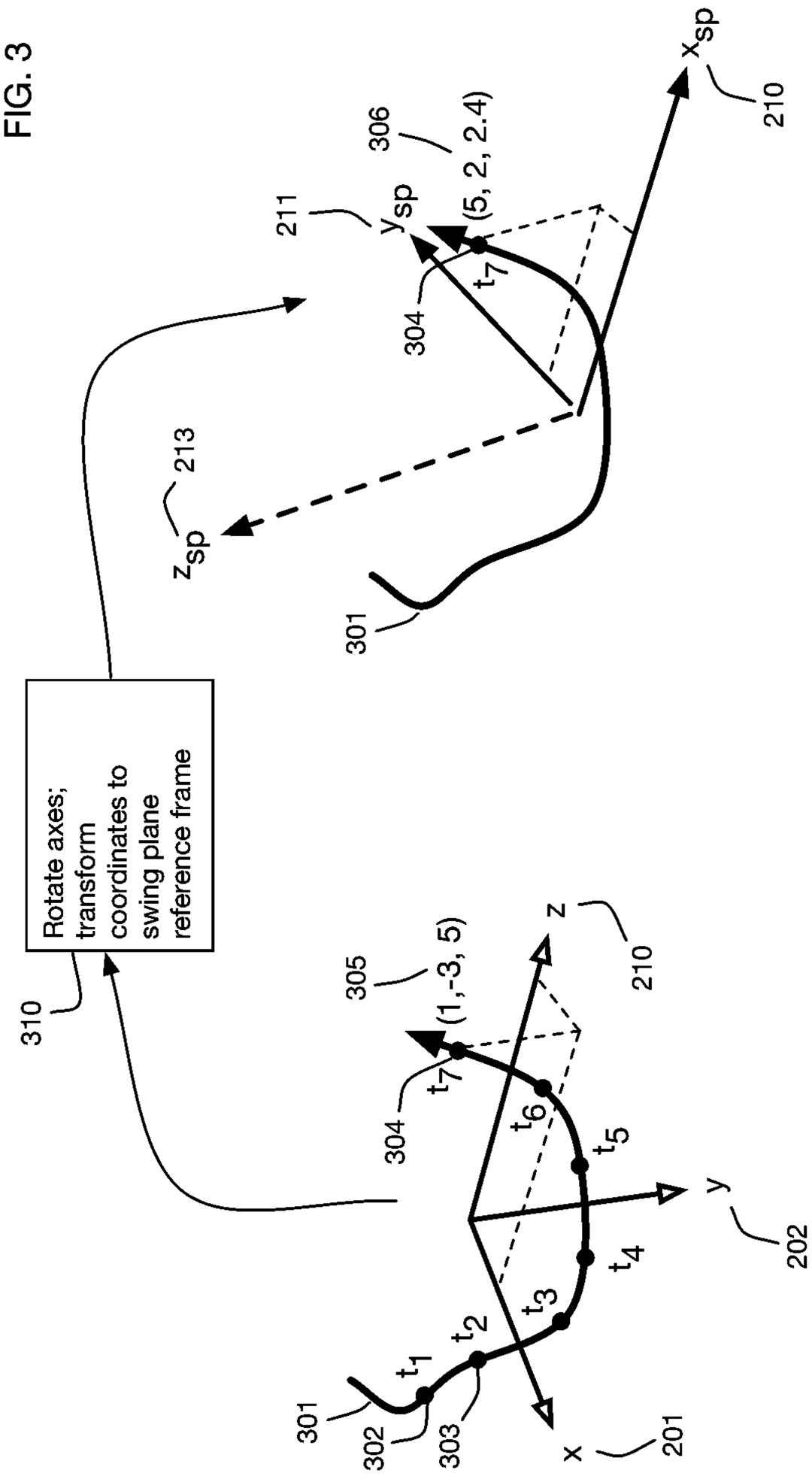

310
Rotate axes; transform coordinates to swing plane reference frame
211
y_{sp}
x_{sp}
210
306
(5, 2, 2.4)
304
t_7
213
z_{sp}
301
305
(1,-3, 5)
z
210
304
t_7
t_6
t_5
t_4
t_3
t_2
t_1
y
202
301
302
303
x
201

FIG. 4

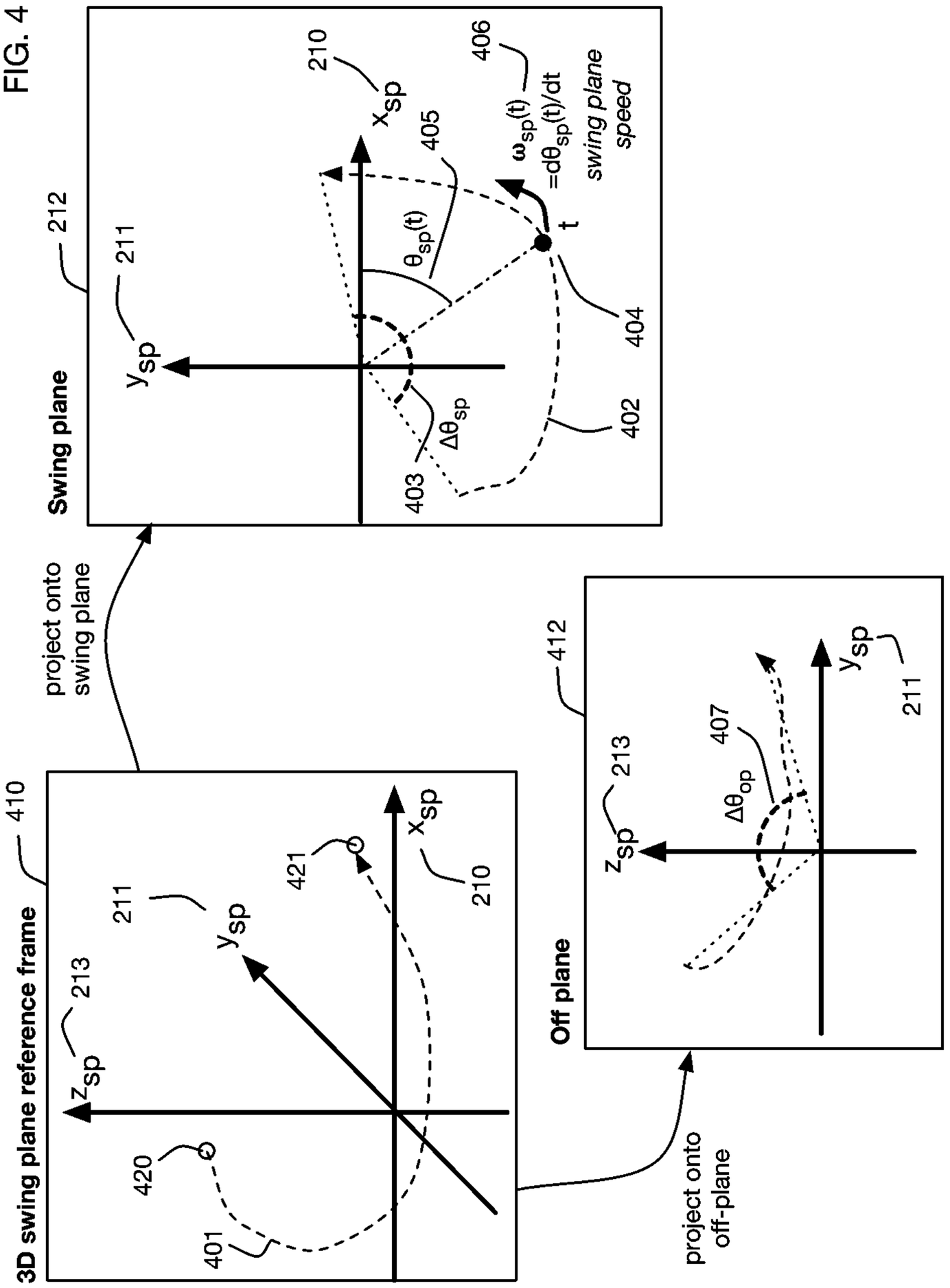

3D swing plane reference frame
410
213
z_{sp}
211
y_{sp}
210
x_{sp}
421
420
401
project onto swing plane
Swing plane
212
211
y_{sp}
210
x_{sp}
405
406
$\omega_{sp}(t)$
$=d\theta_{sp}(t)/dt$
$\theta_{sp}(t)$
t
swing plane speed
404
402
403
$\Delta\theta_{sp}$
project onto off-plane
Off plane
412
213
z_{sp}
407
$\Delta\theta_{op}$
211
y_{sp}

FIG. 5

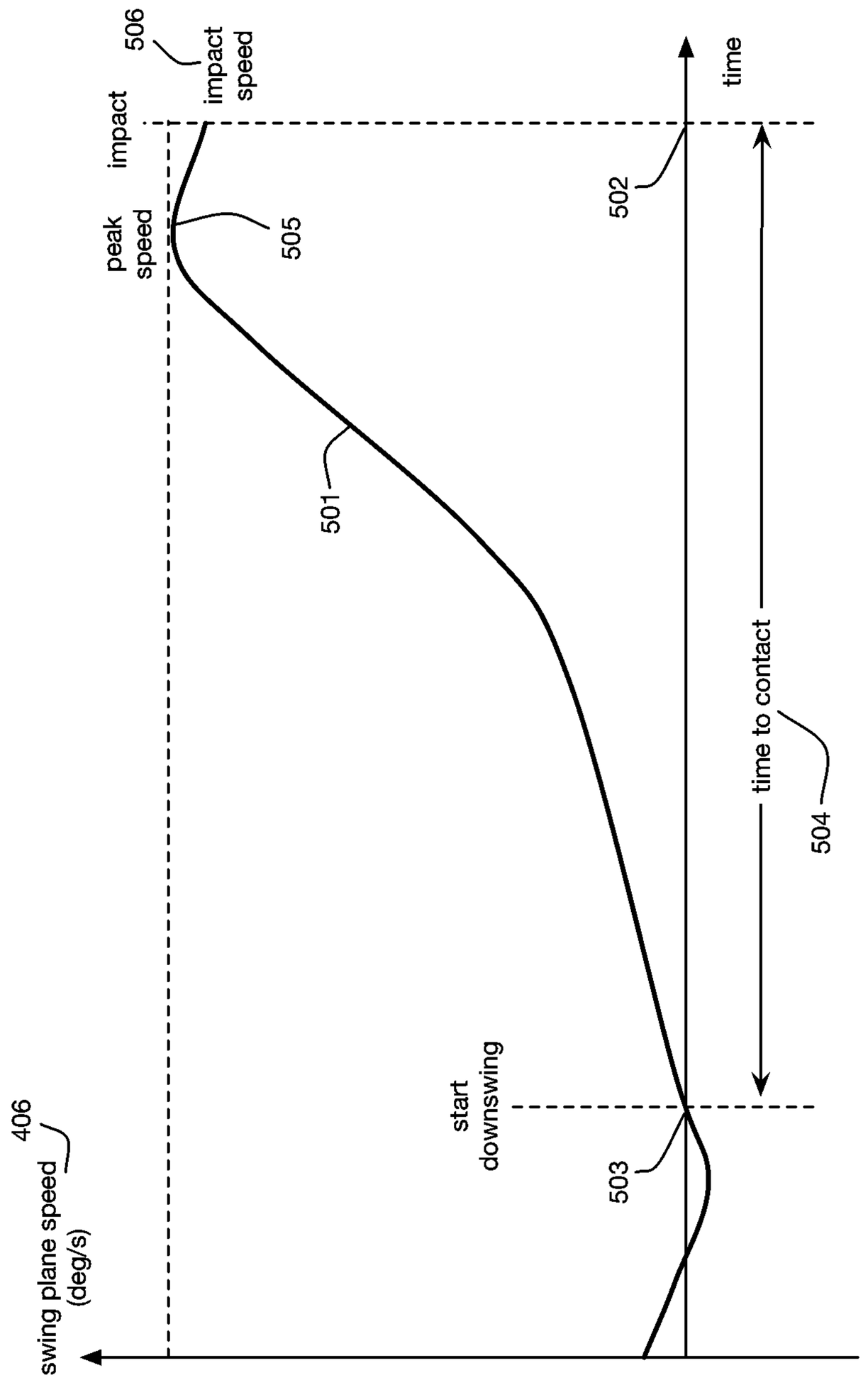

406
swing plane speed (deg/s)
time
502
start downswing
503
time to contact
504
impact
peak speed
506
impact speed
505
501

FIG. 6

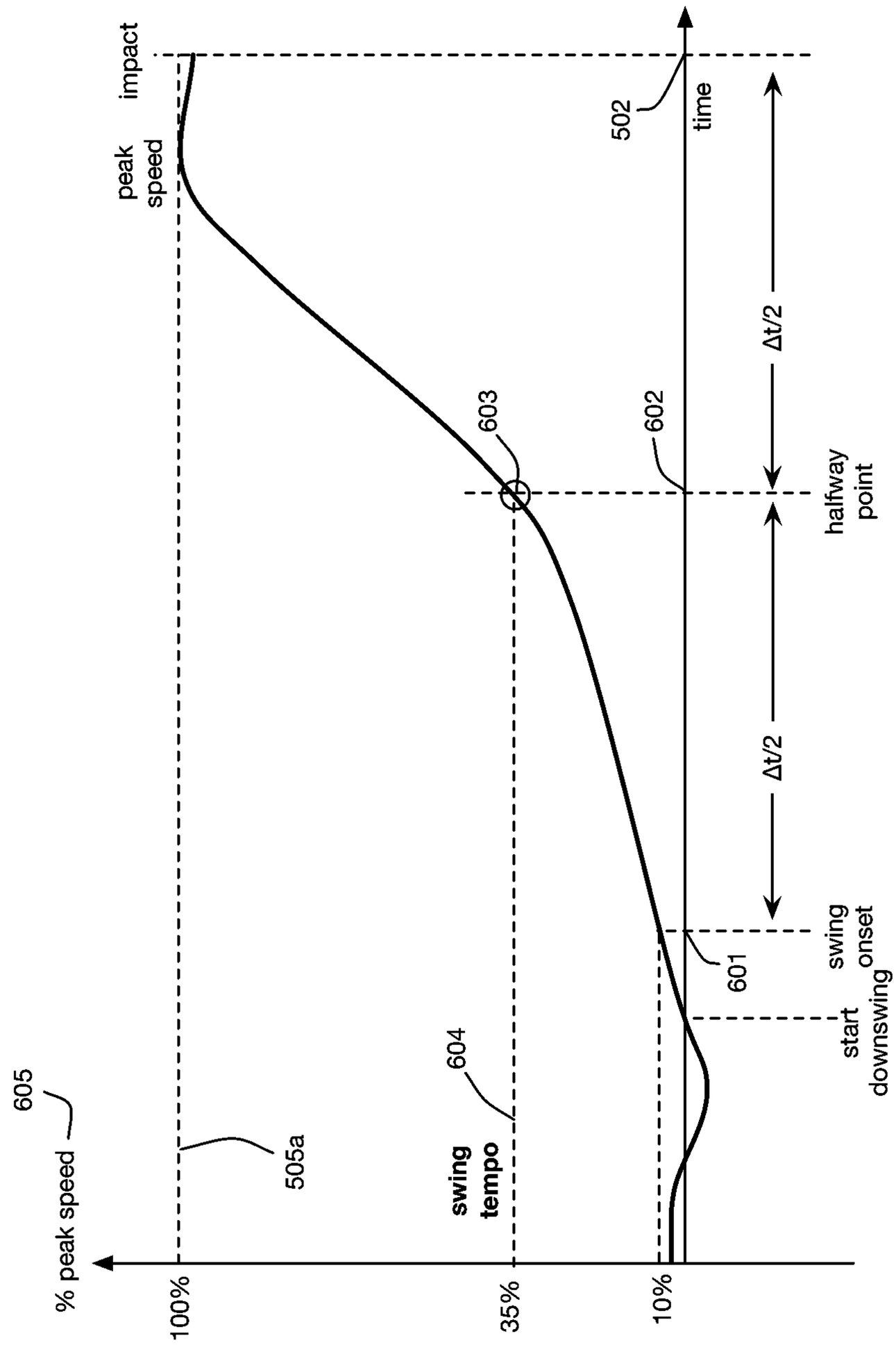

impact
peak speed
502
time
Δt/2
603
602
halfway point
Δt/2
601
swing onset
start downswing
604
swing tempo
605
% peak speed
505a
100%
35%
10%

FIG.7

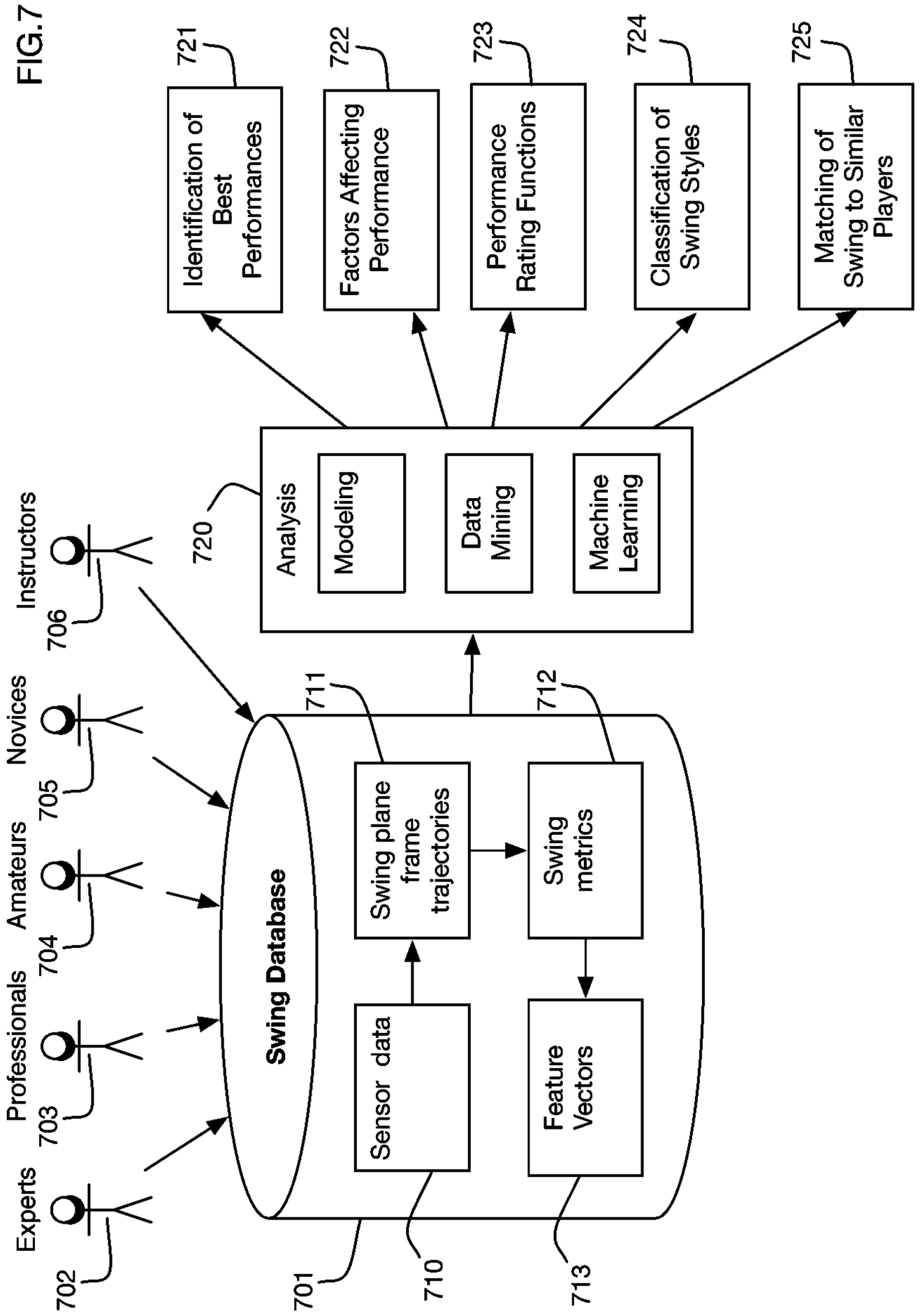

Experts
Professionals
Amateurs
Novices
Instructors
702
703
704
705
706
Swing Database
701
Swing plane frame trajectories
Sensor data
710
Swing metrics
Feature Vectors
711
712
713
720
Analysis
Modeling
Data Mining
Machine Learning
721
Identification of Best Performances
722
Factors Affecting Performance
723
Performance Rating Functions
724
Classification of Swing Styles
725
Matching of Swing to Similar Players

FIG.8

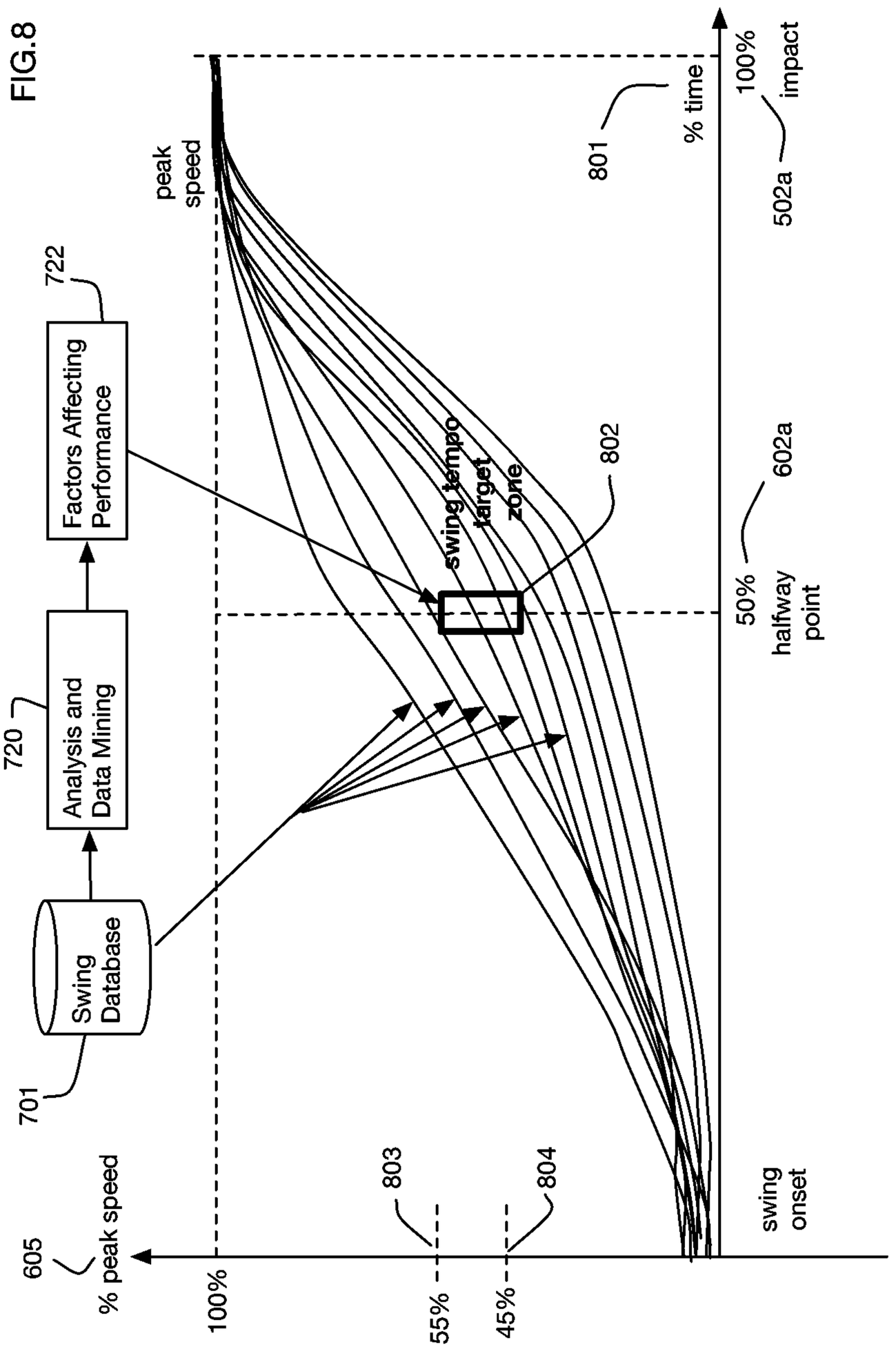

701
Swing Database
720
Analysis and Data Mining
722
Factors Affecting Performance
605
% peak speed
100%
55%
45%
803
804
802
swing tempo target zone
801
% time
100%
impact
502a
602a
50%
halfway point
swing onset

FIG.9

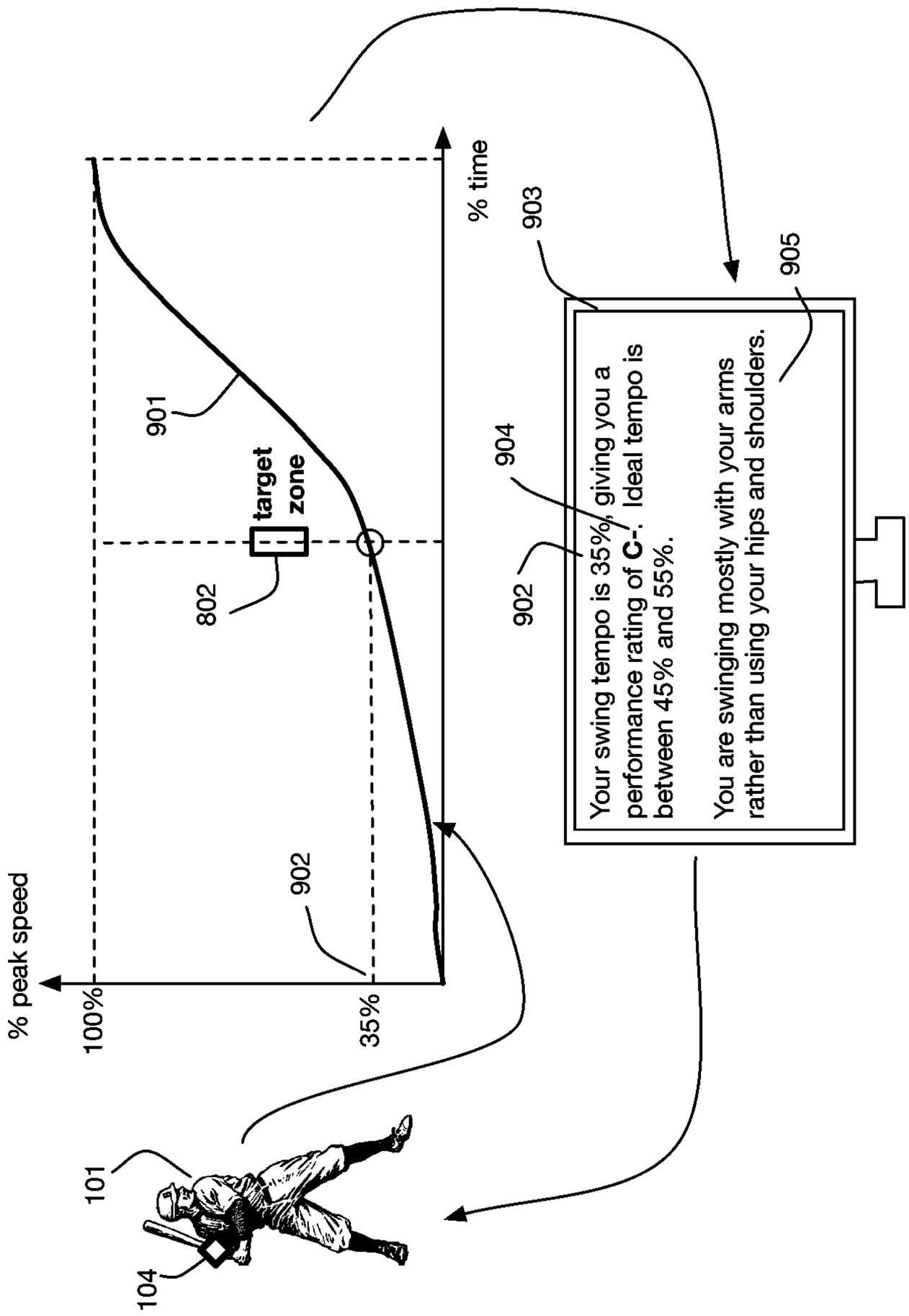

% peak speed
100%
35%
% time
901
target zone
802
902
101
104
903
904
902
905
Your swing tempo is 35% giving you a performance rating of C-. Ideal tempo is between 45% and 55%.
You are swinging mostly with your arms rather than using your hips and shoulders.

FIG.10

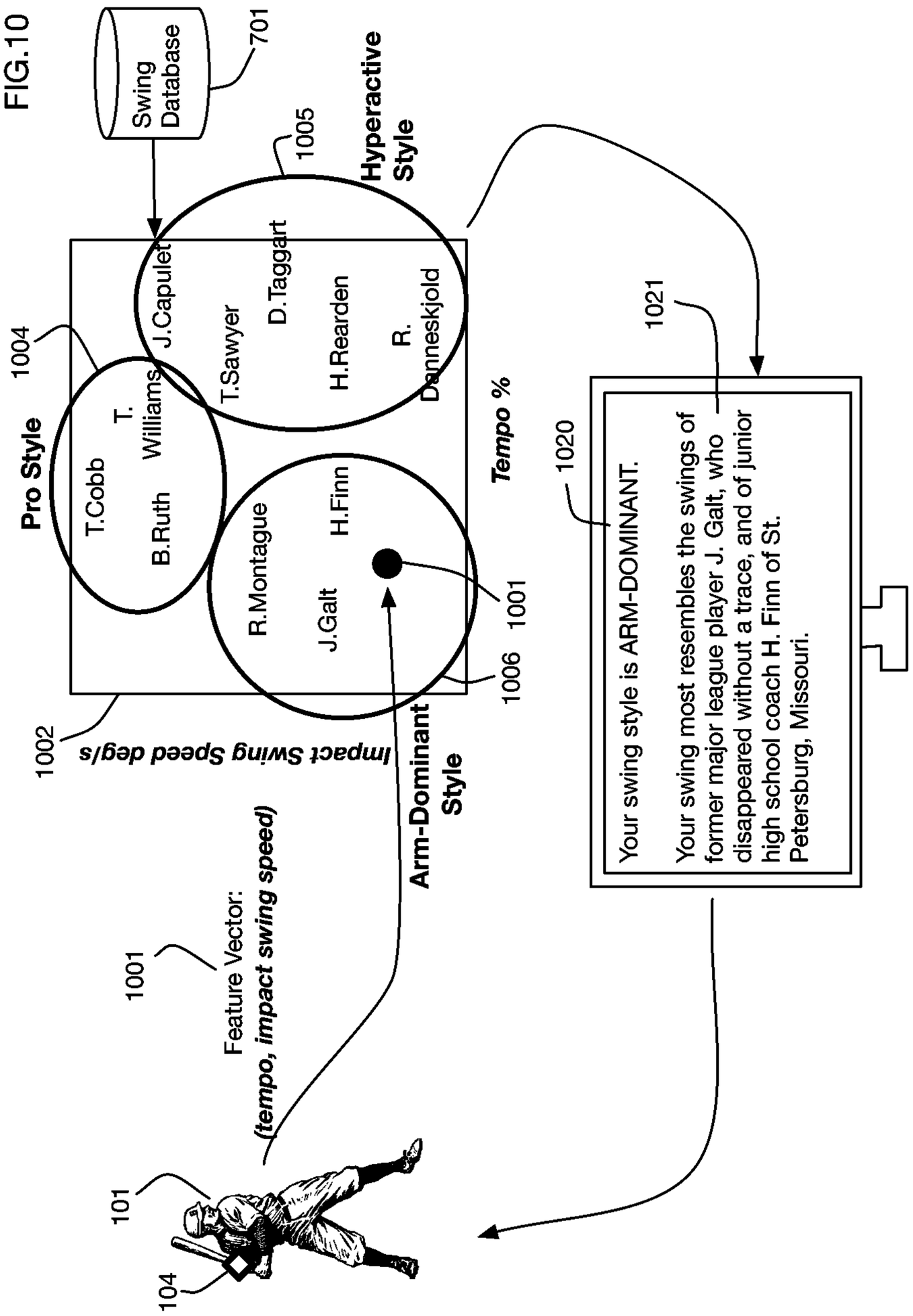

Swing Database
701
1005
Hyperactive Style
J.Capulet
D.Taggart
T.Sawyer
H.Rearden
R. Danneskjold
1004
Pro Style
T.Cobb
T. Williams
B.Ruth
R.Montague
H.Finn
J.Galt
1001
1006
Tempo %
Impact Swing Speed deg/s
1002
Arm-Dominant Style
1020
1021
Your swing style is ARM-DOMINANT.
Your swing most resembles the swings of former major league player J. Galt, who disappeared without a trace, and of junior high school coach H. Finn of St. Petersburg, Missouri.
1001
Feature Vector:
(tempo, impact swing speed)
101
104

FIG.11

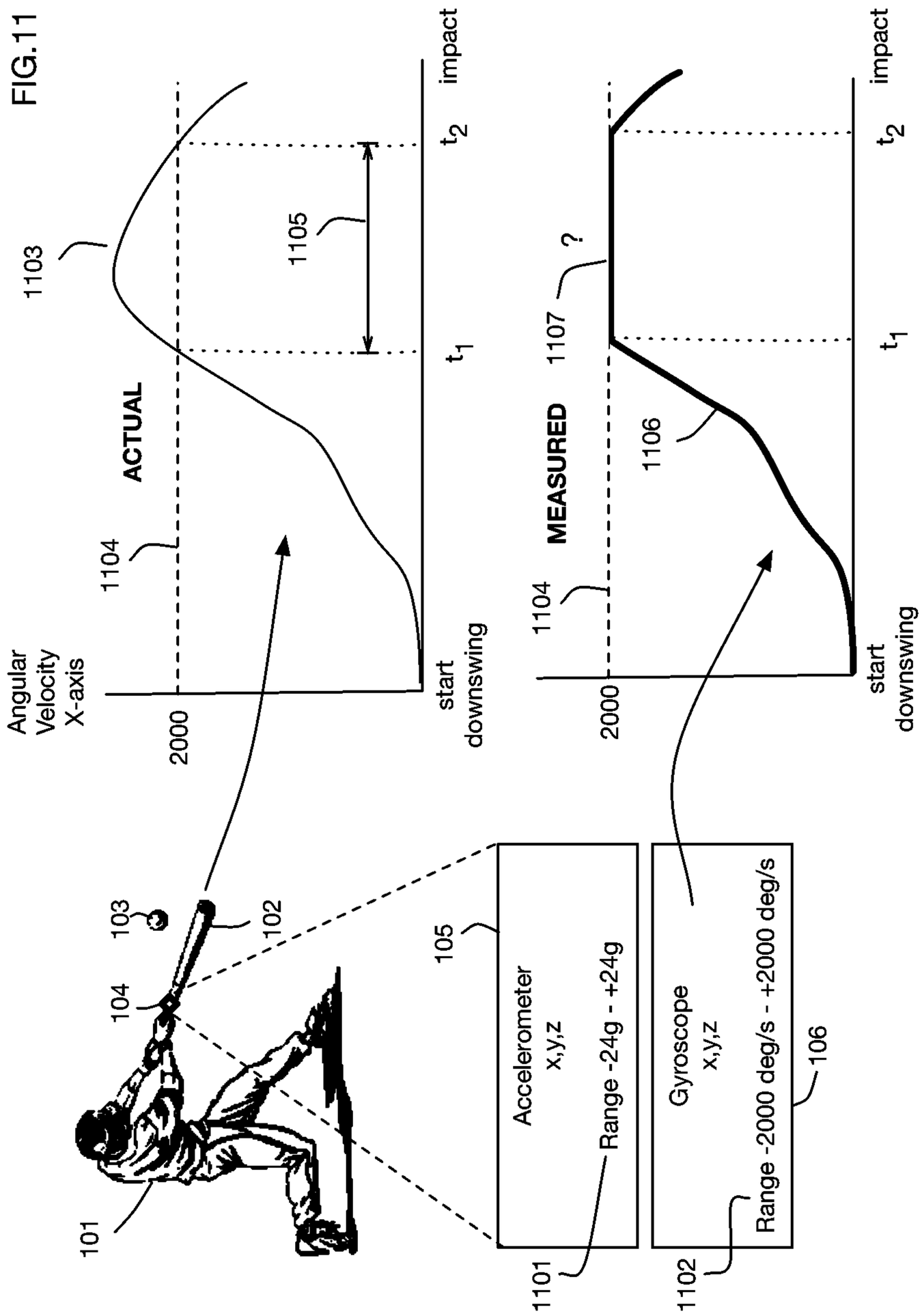

Angular Velocity X-axis
ACTUAL
1103
1104
1105
2000
t_1
t_2
impact
start downswing
MEASURED
1106
1107
?
101
102
103
104
105
Accelerometer x,y,z
Range -24g - +24g
1101
Gyroscope x,y,z
Range -2000 deg/s - +2000 deg/s
1102
106

FIG.12

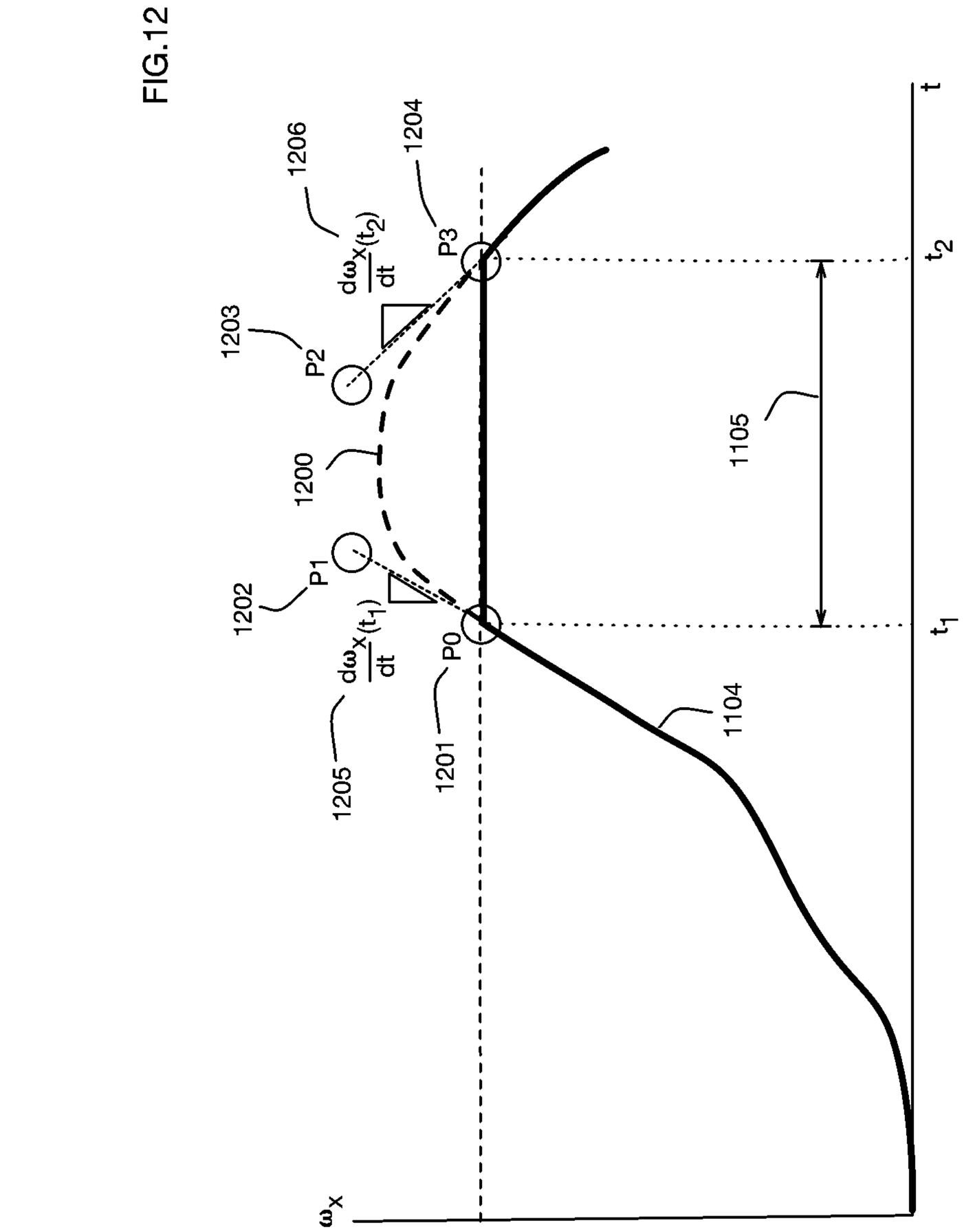

1206
1204
$\frac{d\omega_x(t_2)}{dt}$
P3
1203
P2
1200
1105
1202
P1
$\frac{d\omega_x(t_1)}{dt}$
P0
1205
1201
1104
t_2
t_1
t
ω_x

FIG.13

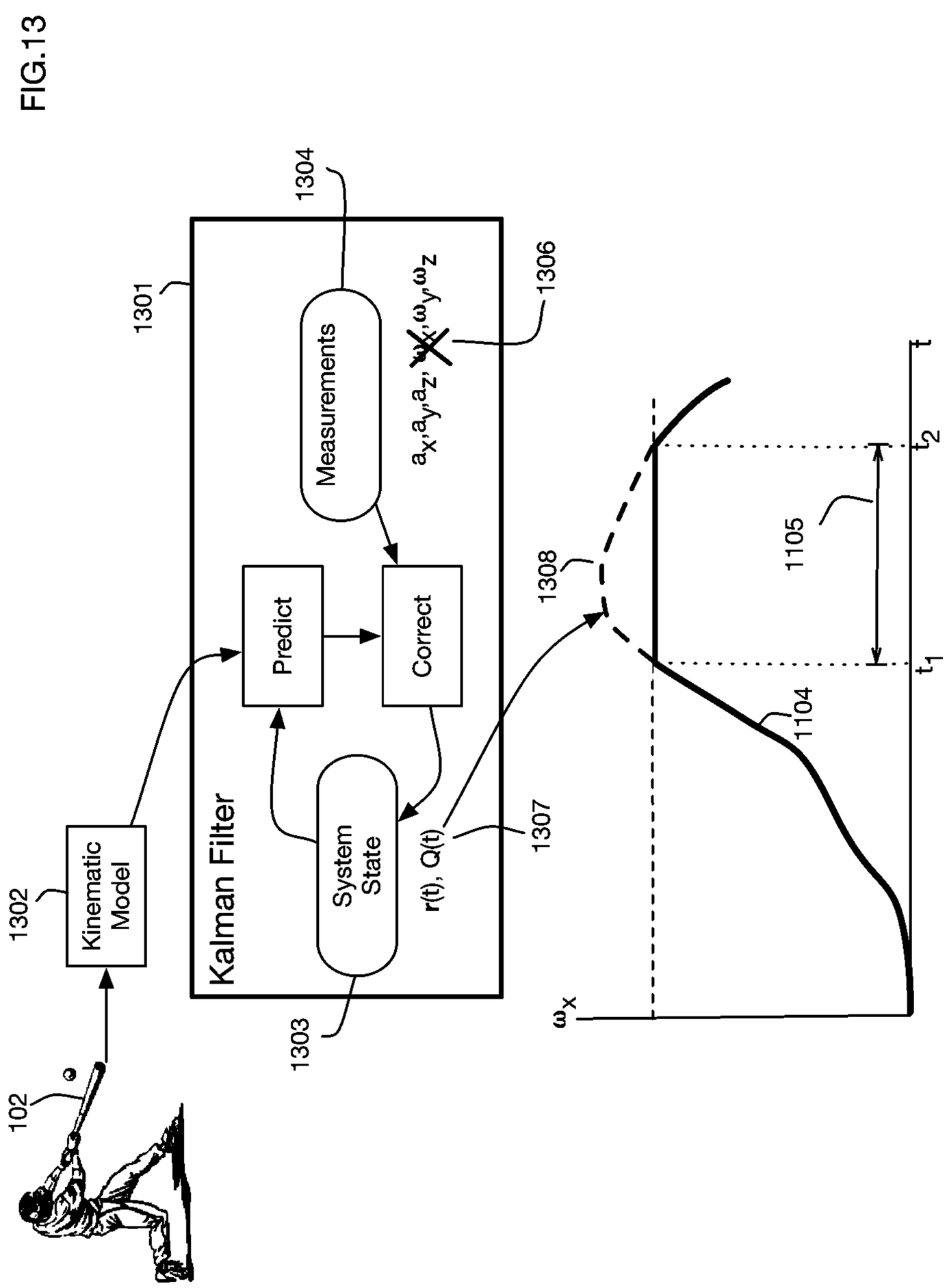

102
1302
Kinematic Model
1301
Kalman Filter
Predict
Correct
System State
1303
1304
Measurements
1306
$a_x, a_y, a_z, \omega_x, \omega_y, \omega_z$
r(t), Q(t)
1307
1308
ω_x
1104
1105
t_1
t_2
t

FIG. 14

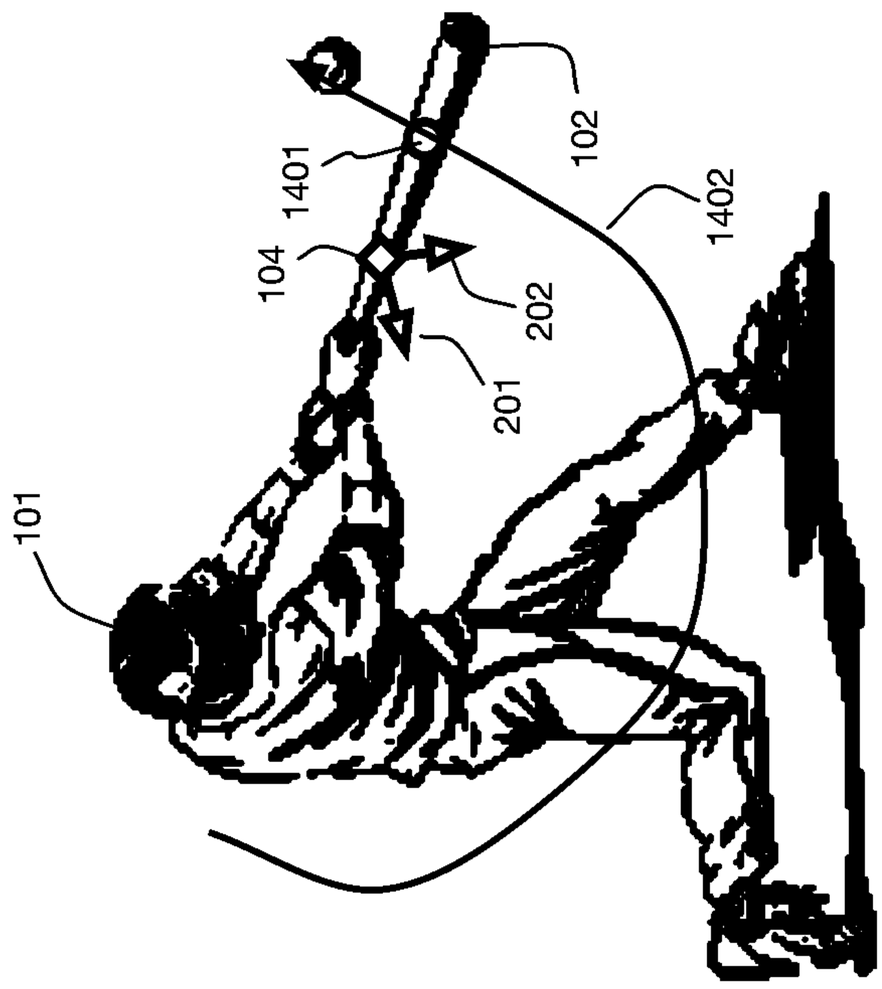


FIG. 15

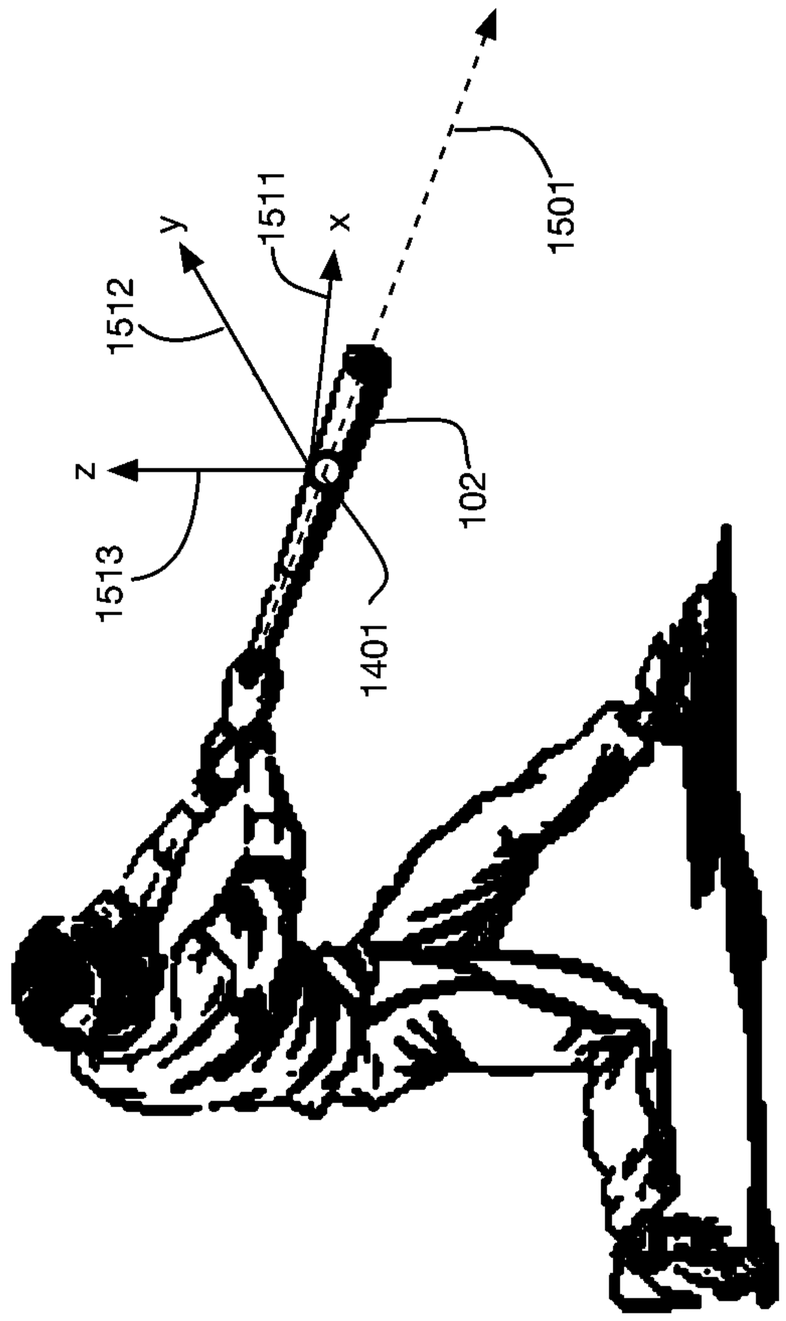


FIG. 16

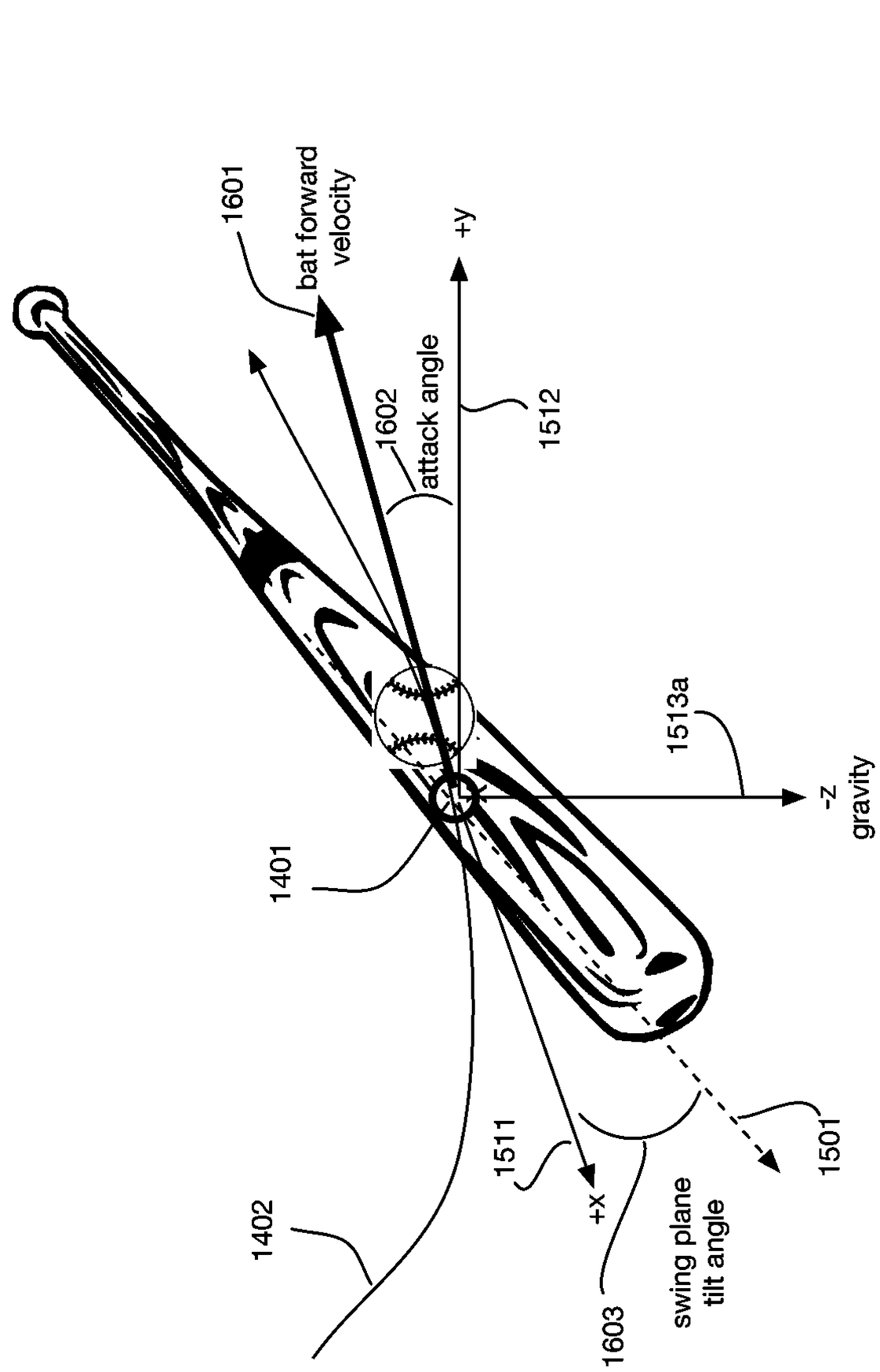

1601
bat forward velocity
+y
1602
attack angle
1512
1513a
-z
gravity
1401
1402
1511
+x
1603
swing plane tilt angle
1501

FIG. 17

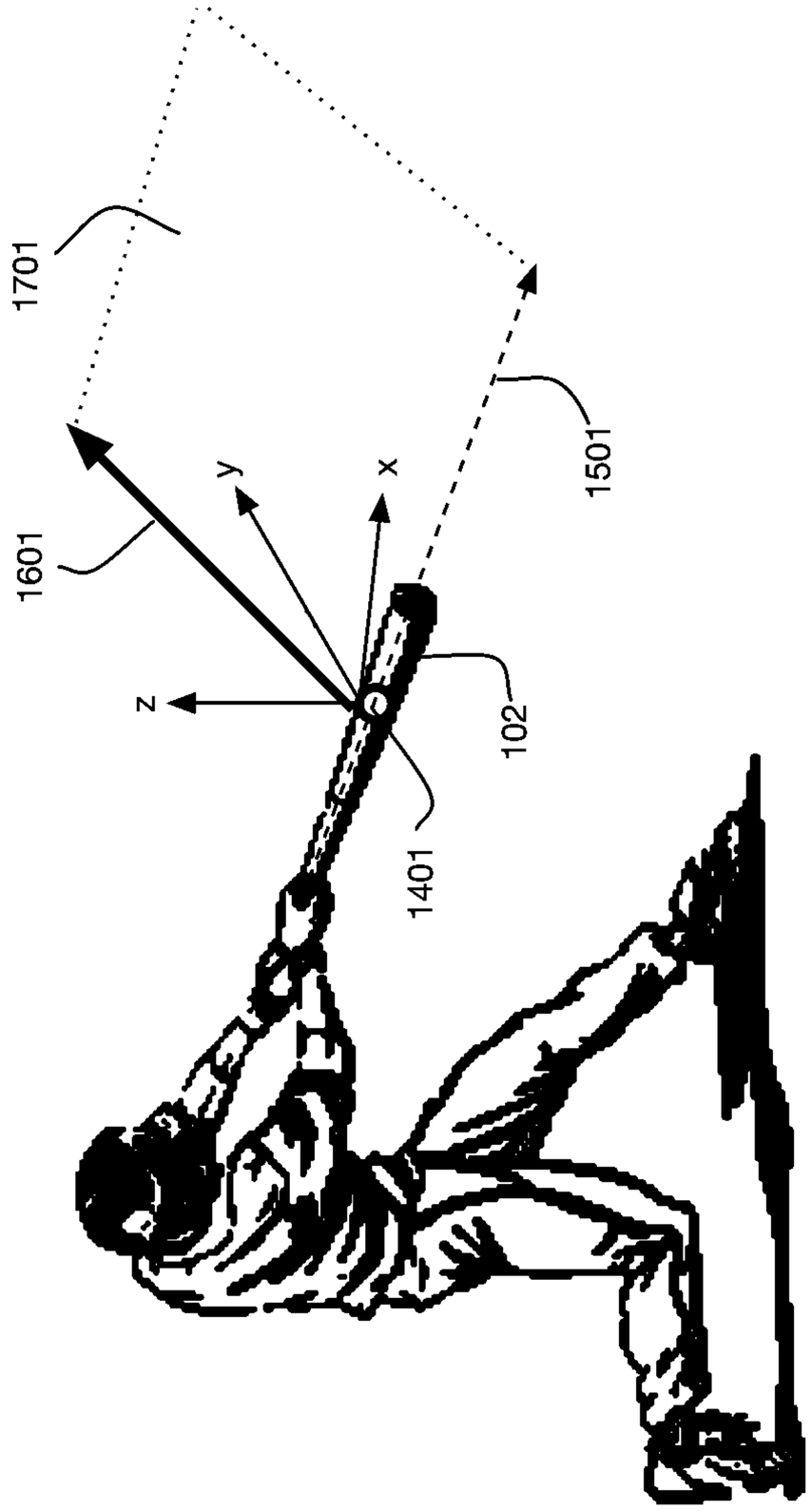


FIG. 18

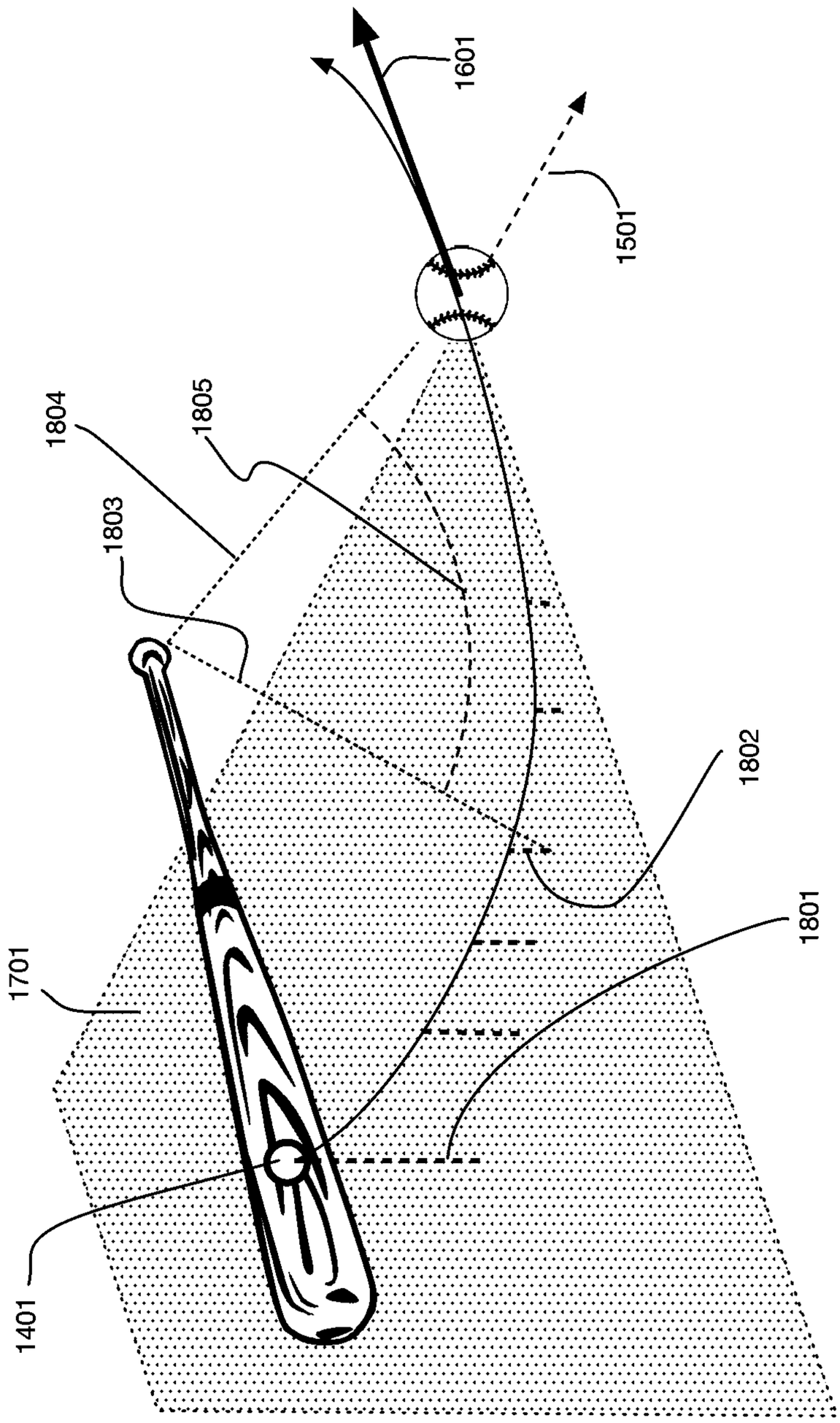


FIG. 19

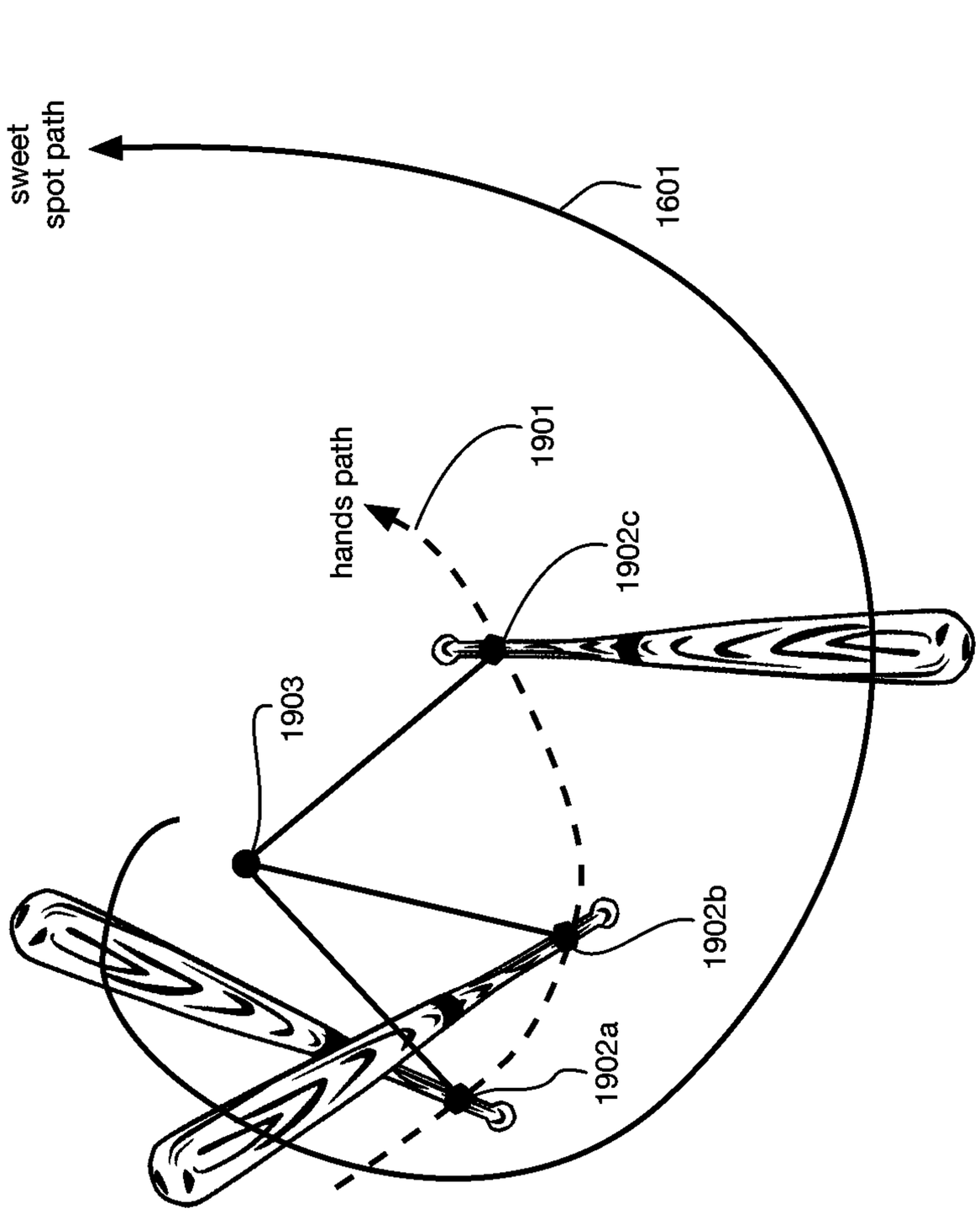


FIG. 20

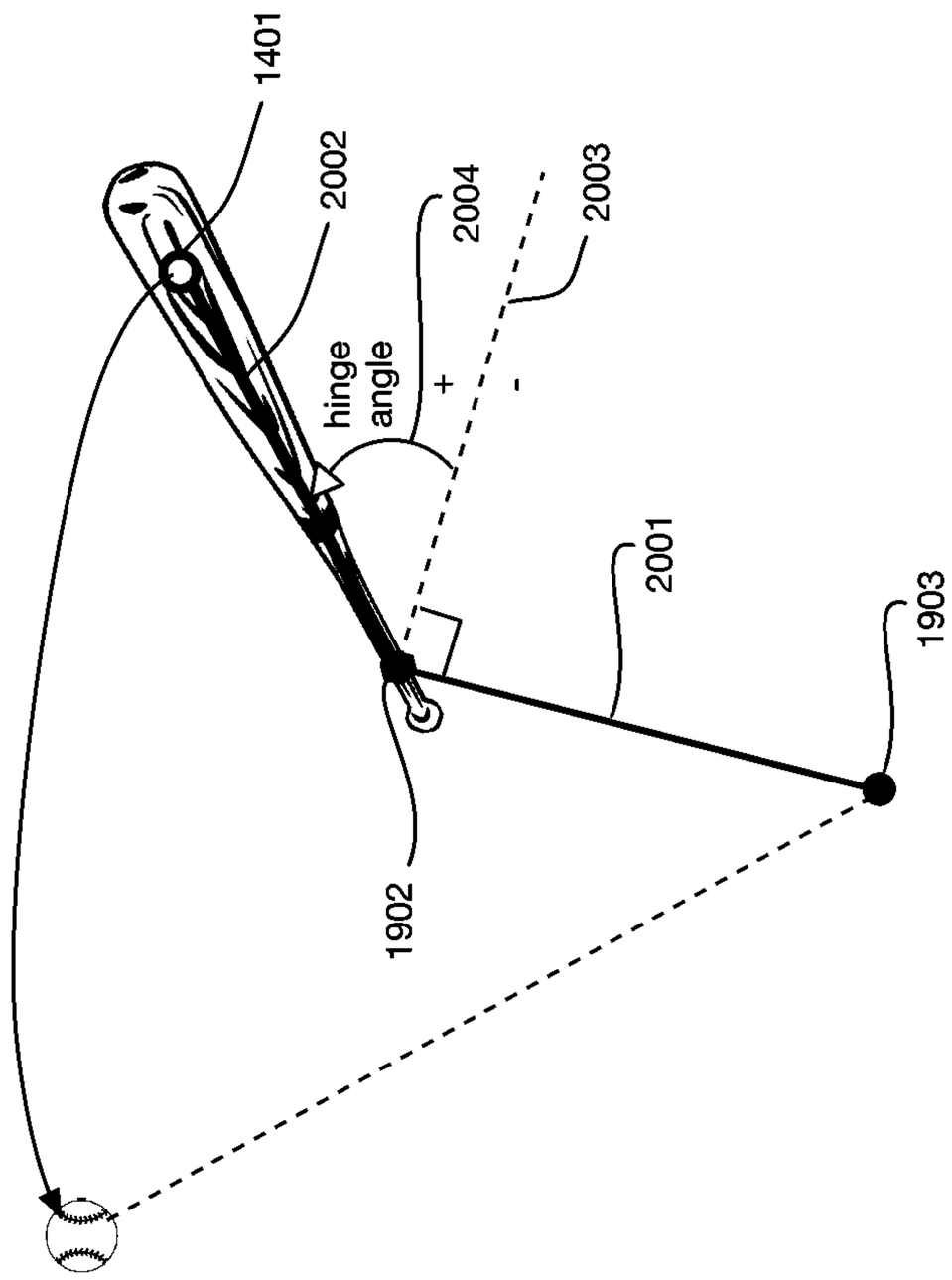


FIG. 21

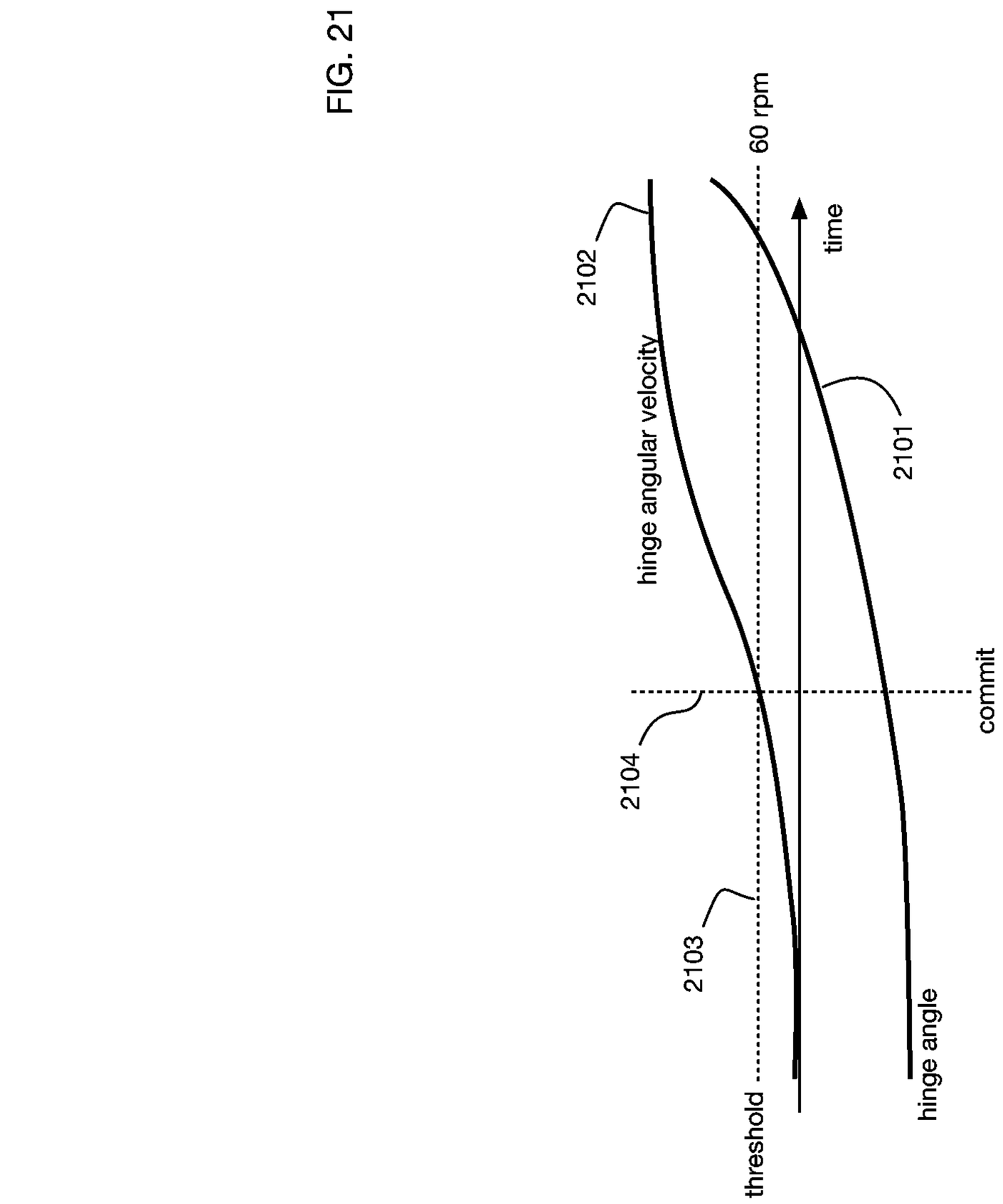

2102
hinge angular velocity
time
2101
commit
2104
2103
threshold
hinge angle

FIG. 22

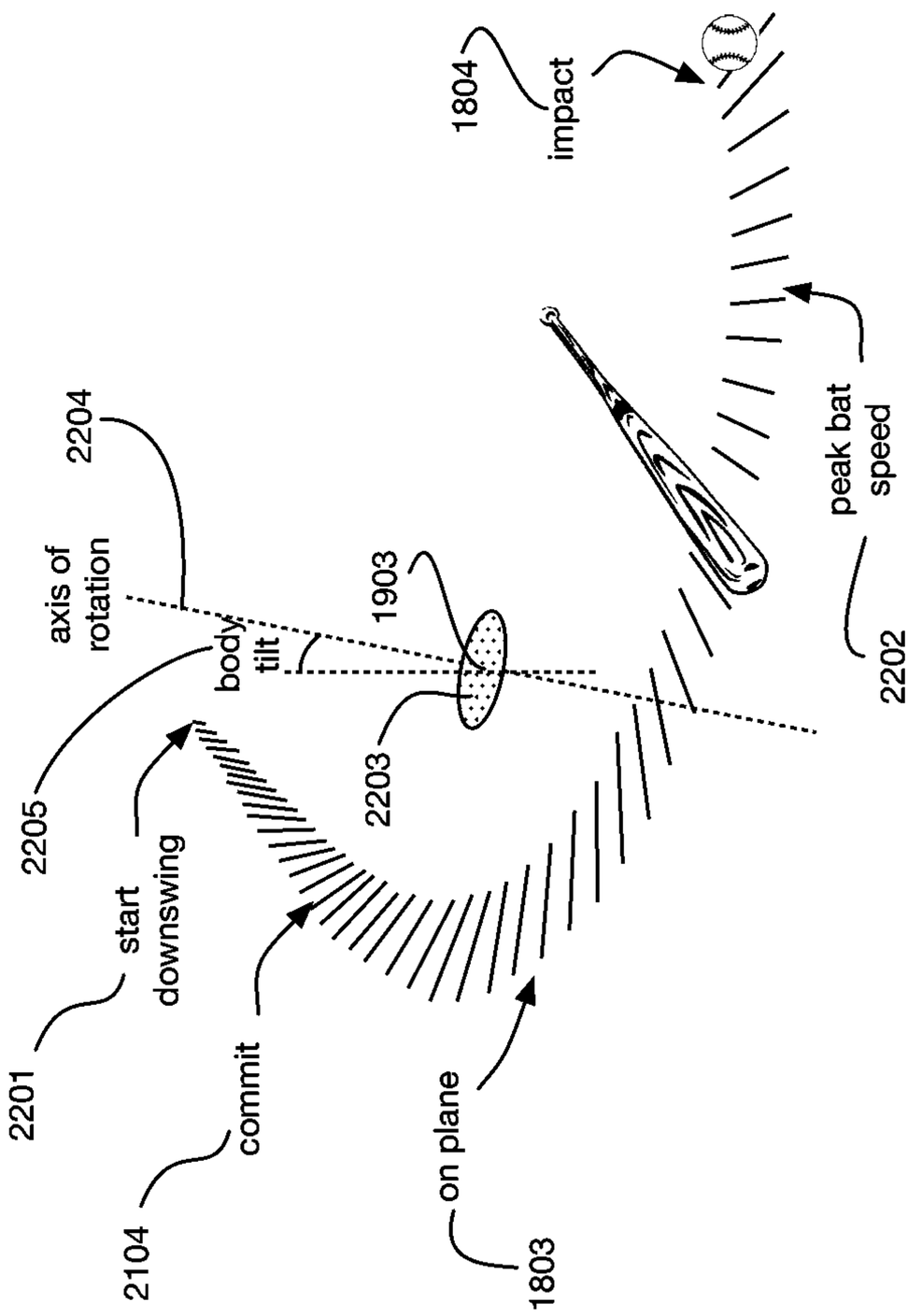

2201
start downswing
2104
commit
2205
2204
axis of rotation
body tilt
2203
1903
on plane
1803
1804
impact
peak bat speed
2202

FIG. 23

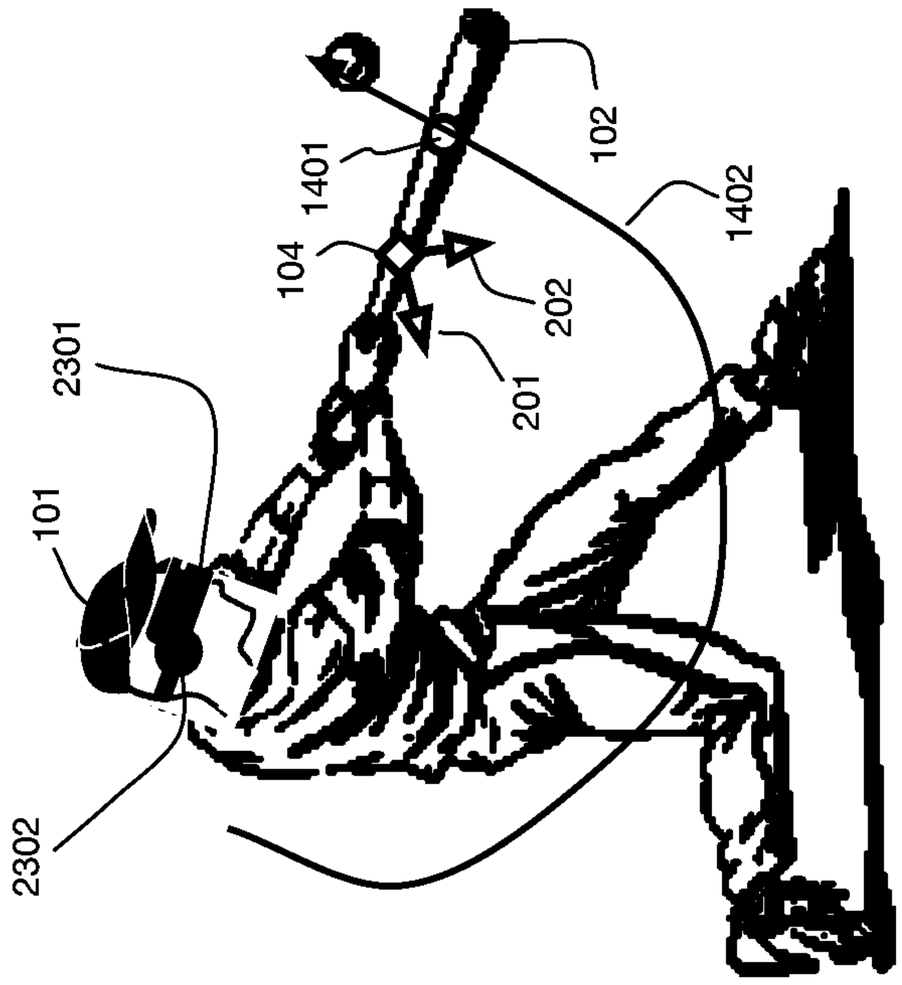


FIG. 24

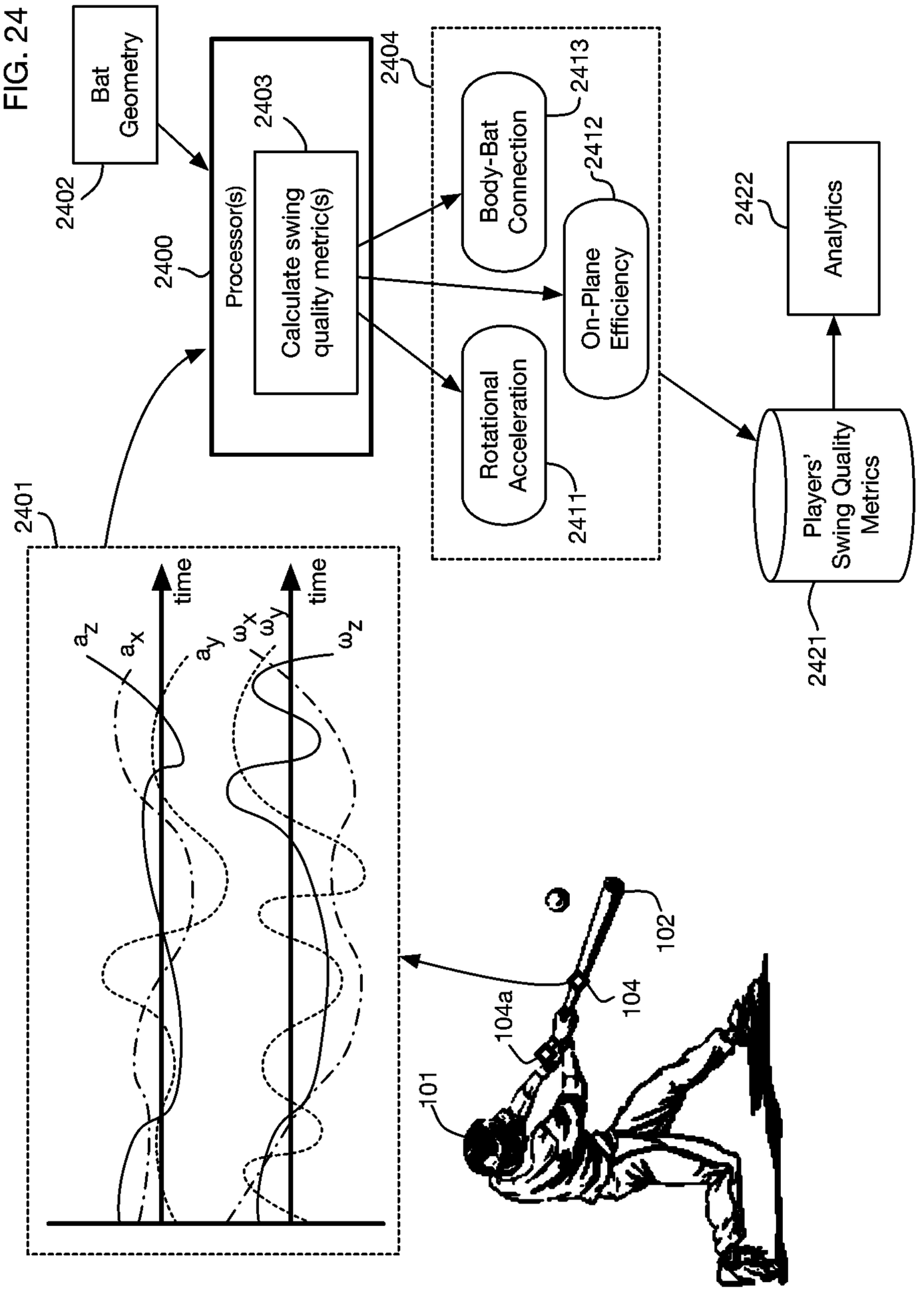

2401
time
a_z
a_x
a_y
time
ω_x
ω_y
ω_z
101
104a
104
102
2402
Bat Geometry
2400
Processor(s)
2403
Calculate swing quality metric(s)
2404
2411
Rotational Acceleration
2412
On-Plane Efficiency
2413
Body-Bat Connection
2421
Players' Swing Quality Metrics
2422
Analytics

FIG. 24A

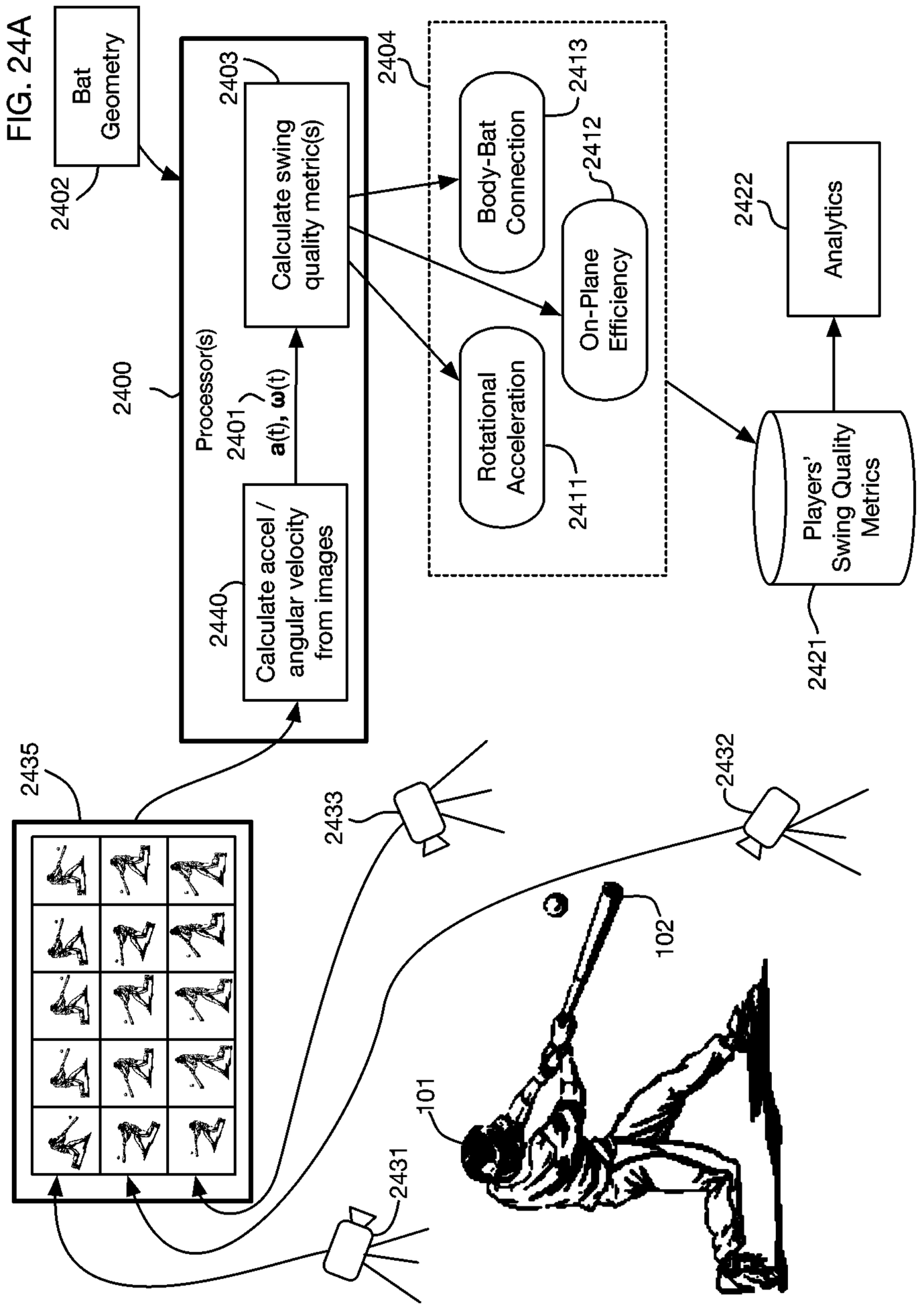

Bat Geometry
2402
2400
Processor(s)
2401
a(t), ω(t)
2403
Calculate swing quality metric(s)
2404
Body-Bat Connection
2413
Rotational Acceleration
2411
On-Plane Efficiency
2412
2422
Analytics
Players' Swing Quality Metrics
2421
Calculate accel / angular velocity from images
2440
2435
2433
2432
2431
102
101

FIG. 25

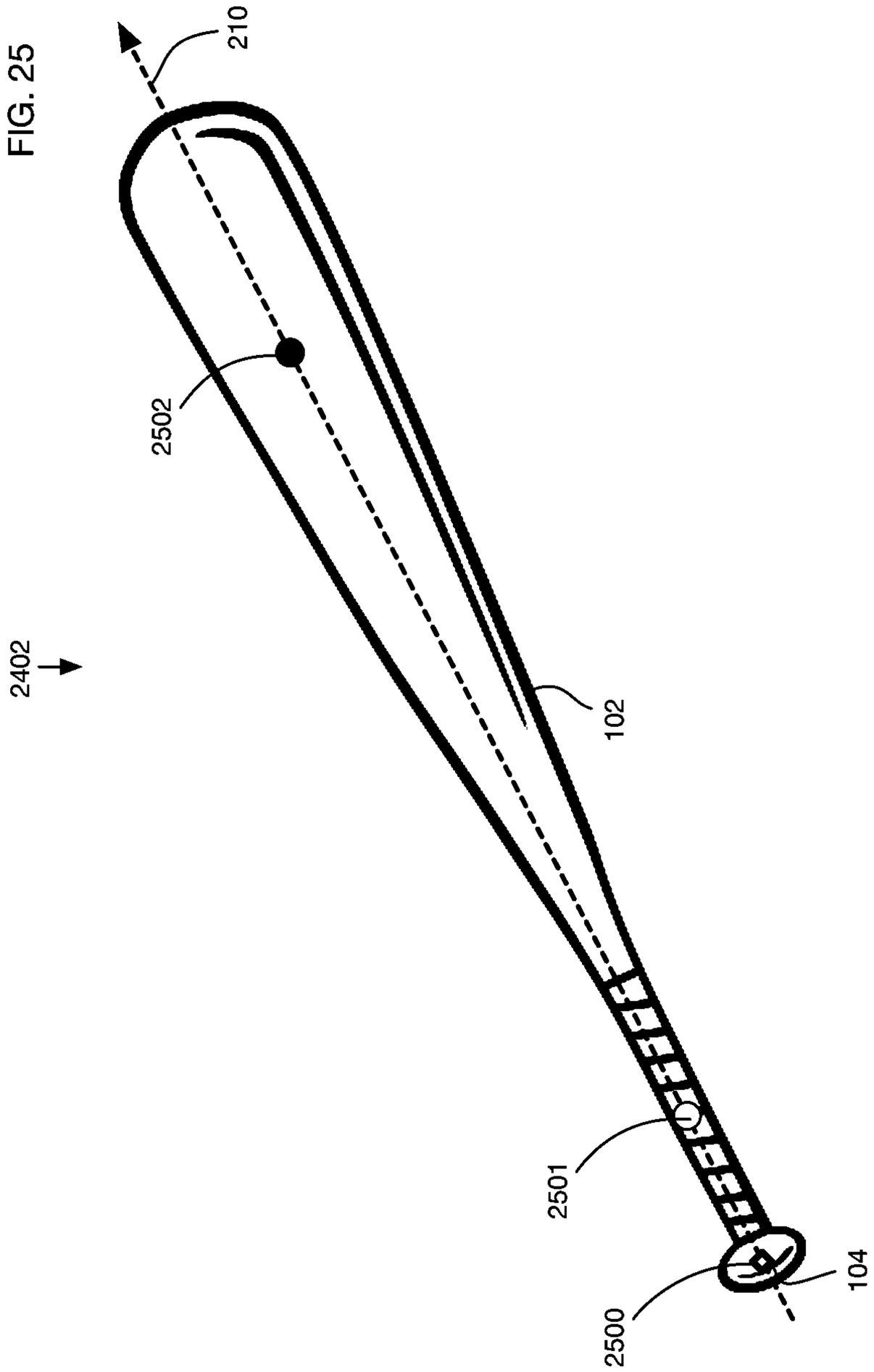


FIG. 26

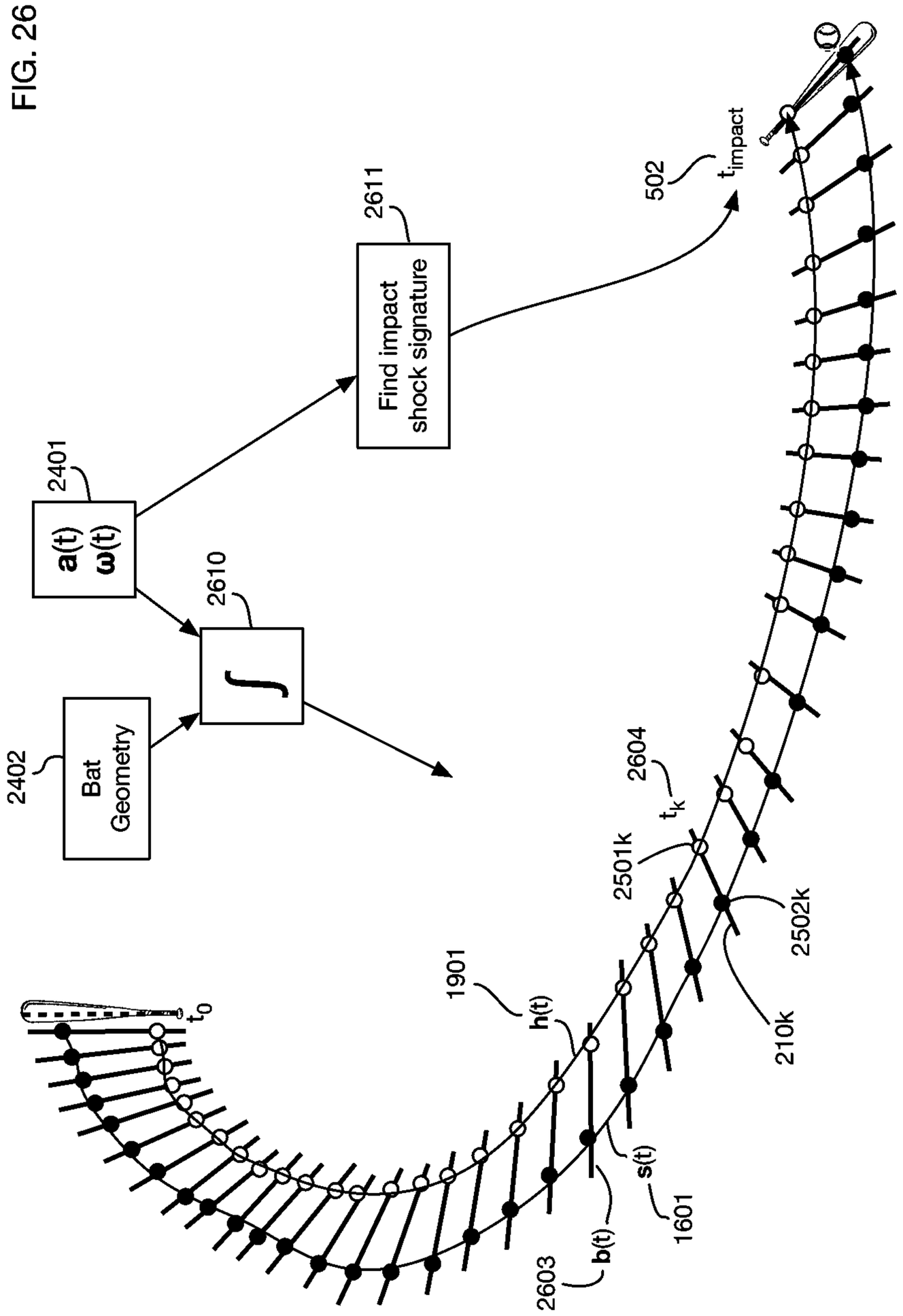

2611
Find impact shock signature
2401
a(t)
ω(t)
2610
∫
2402
Bat Geometry
502
t_{impact}
2604
t_k
2501k
2502k
210k
1901
h(t)
b(t)
s(t)
1601
2603
t_o

FIG. 27

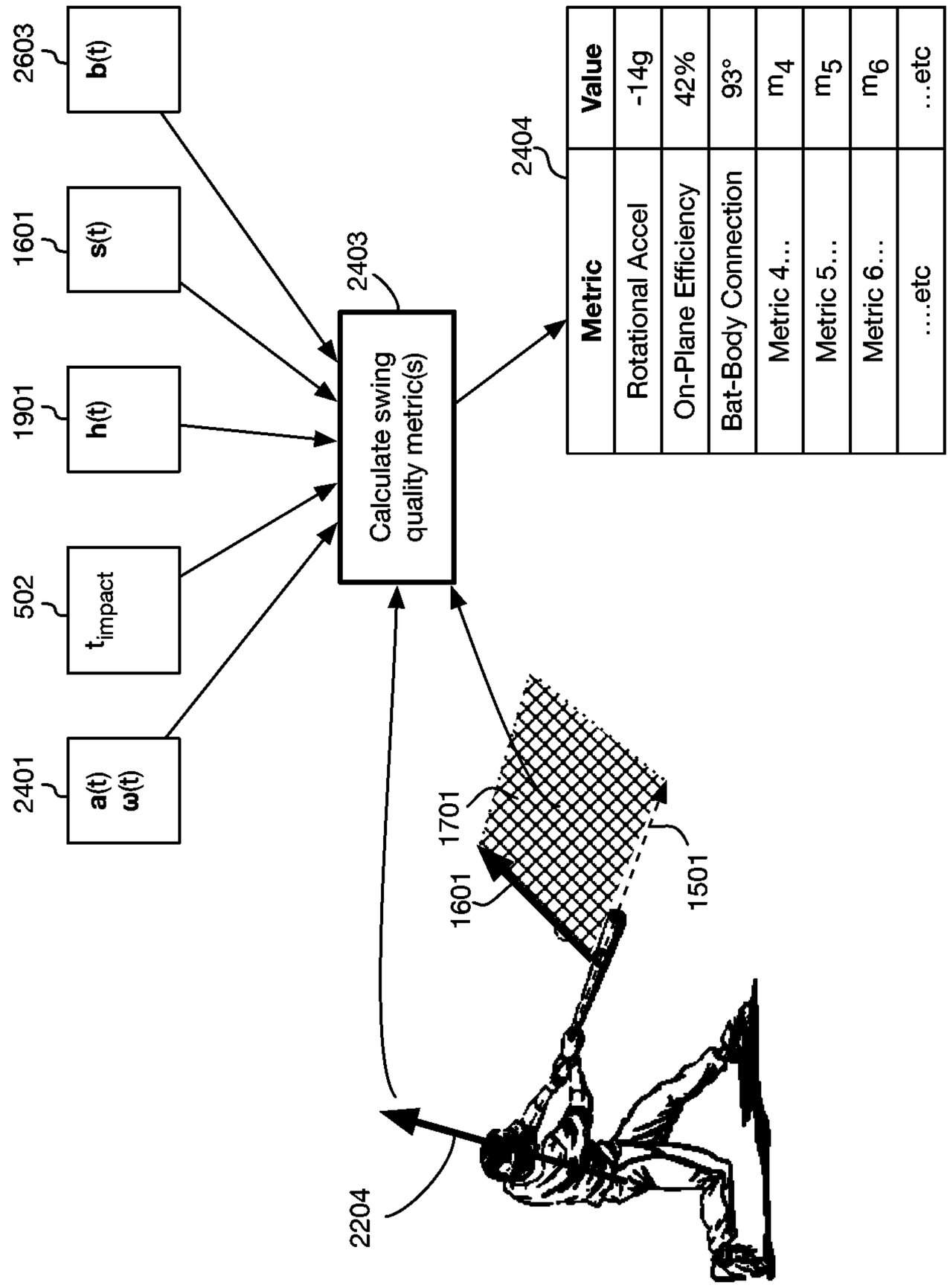

2603
b(t)
1601
s(t)
1901
h(t)
502
t_{impact}
2401
a(t)
ω(t)
Calculate swing quality metric(s)
2403
2404
Value
-14g
42%
93°
m_4
m_5
m_6
...etc
Metric
Rotational Accel
On-Plane Efficiency
Bat-Body Connection
Metric 4...
Metric 5...
Metric 6...
....etc
1701
1601
1501
2204

FIG. 28

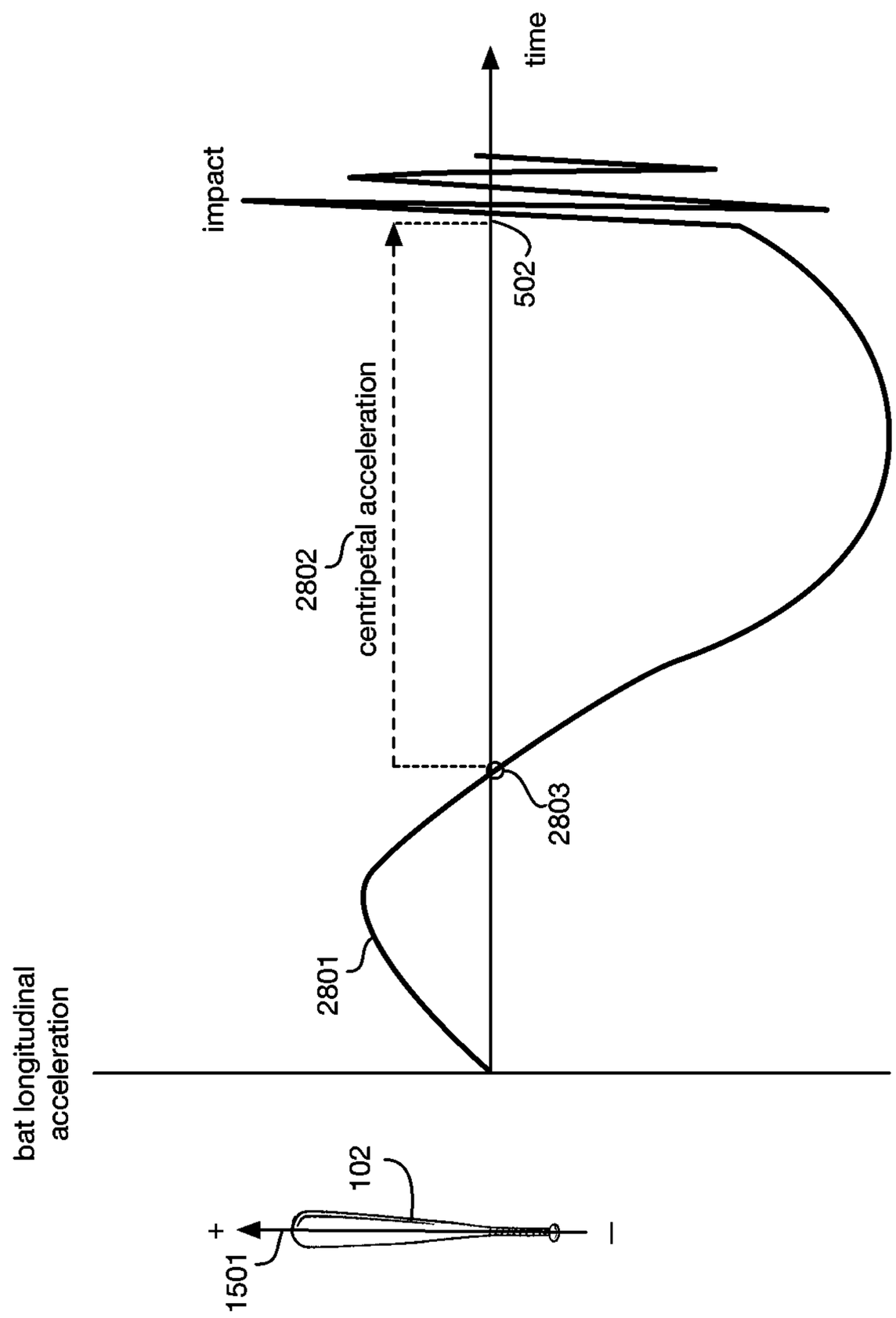

time
impact
502
2802
centripetal acceleration
2803
2801
bat longitudinal acceleration
102
+
-
1501

FIG. 29

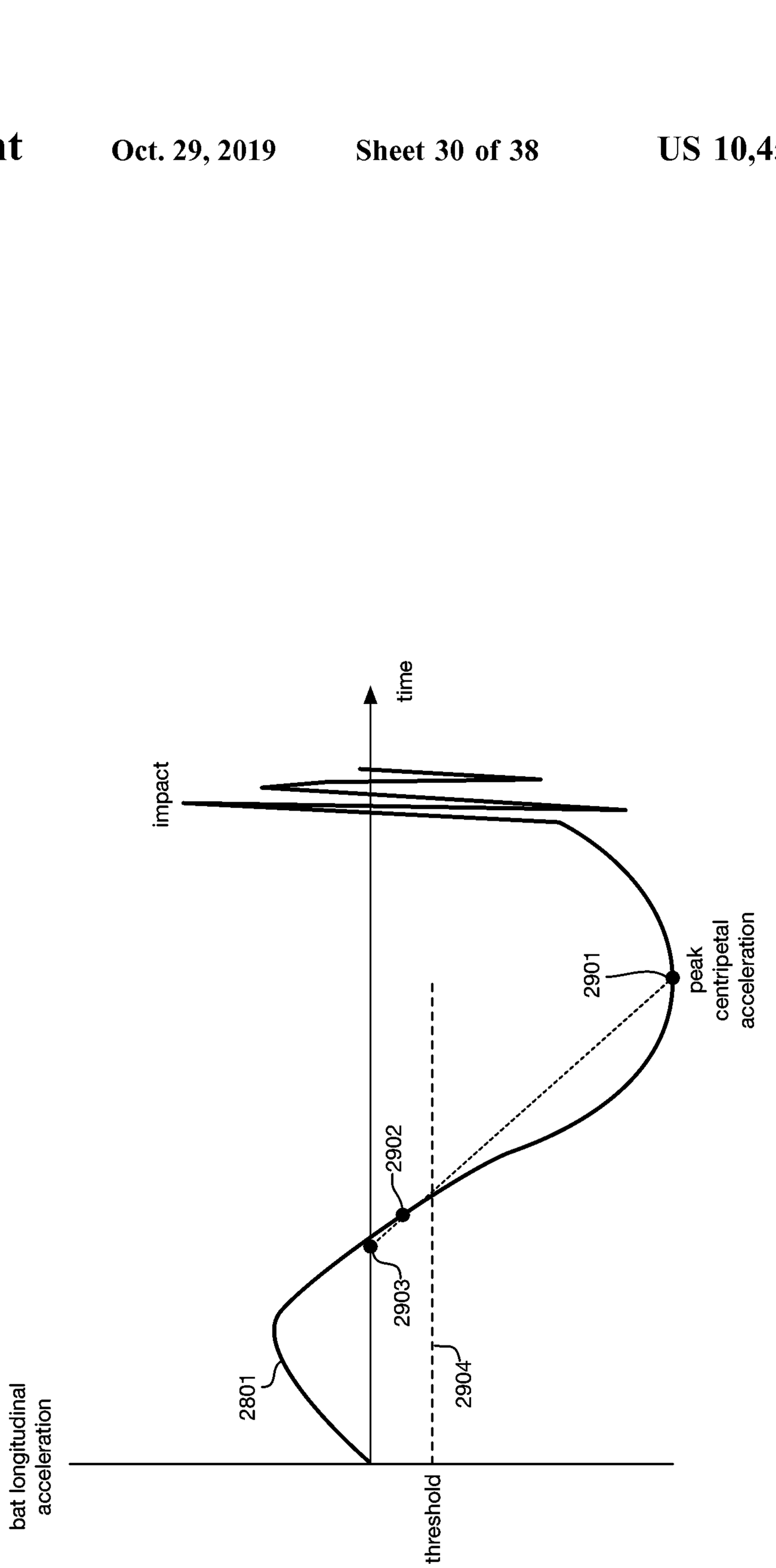

time
impact
2901
peak
centripetal
acceleration
2902
2903
2904
2801
bat longitudinal
acceleration
threshold

FIG. 30

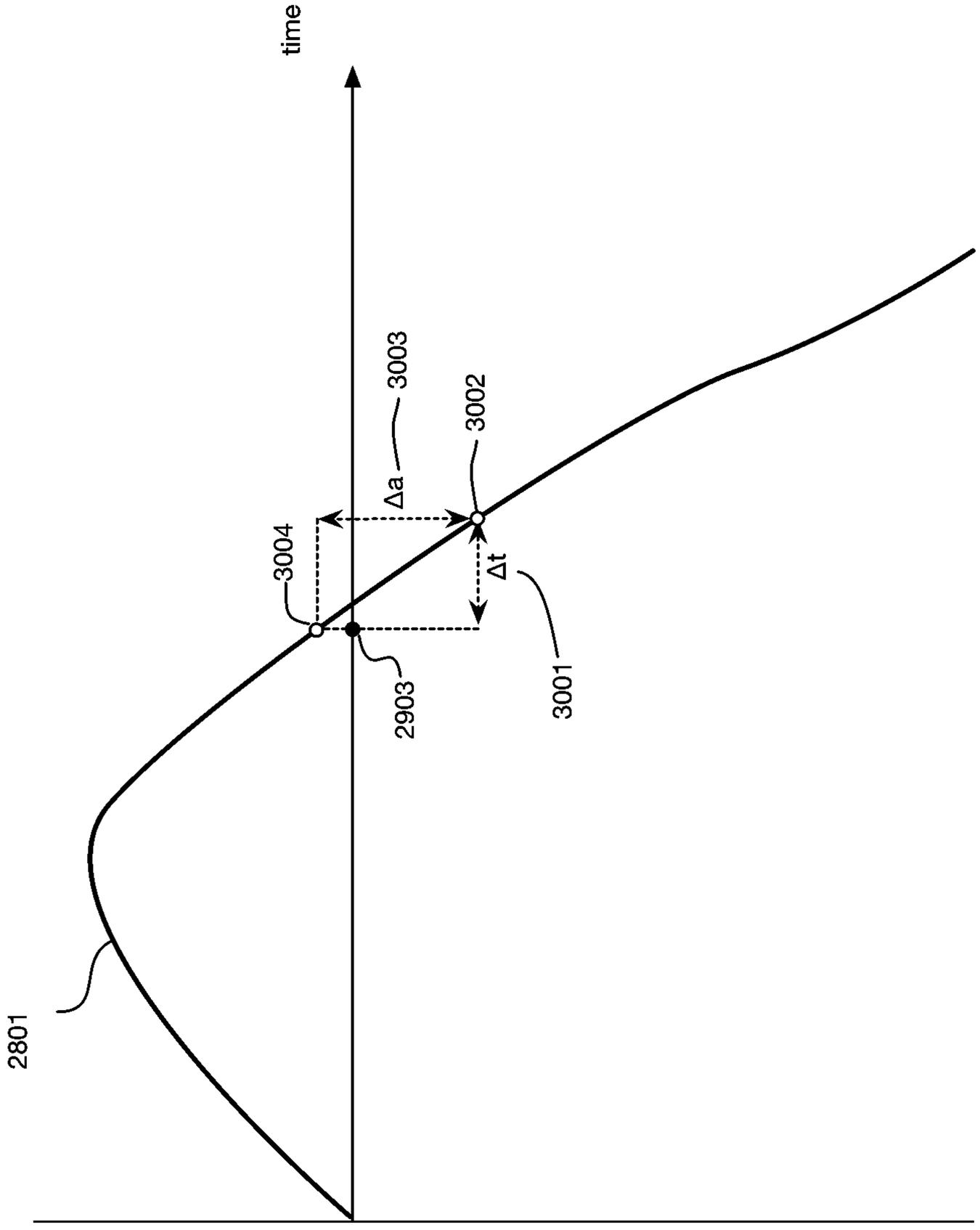


FIG. 31

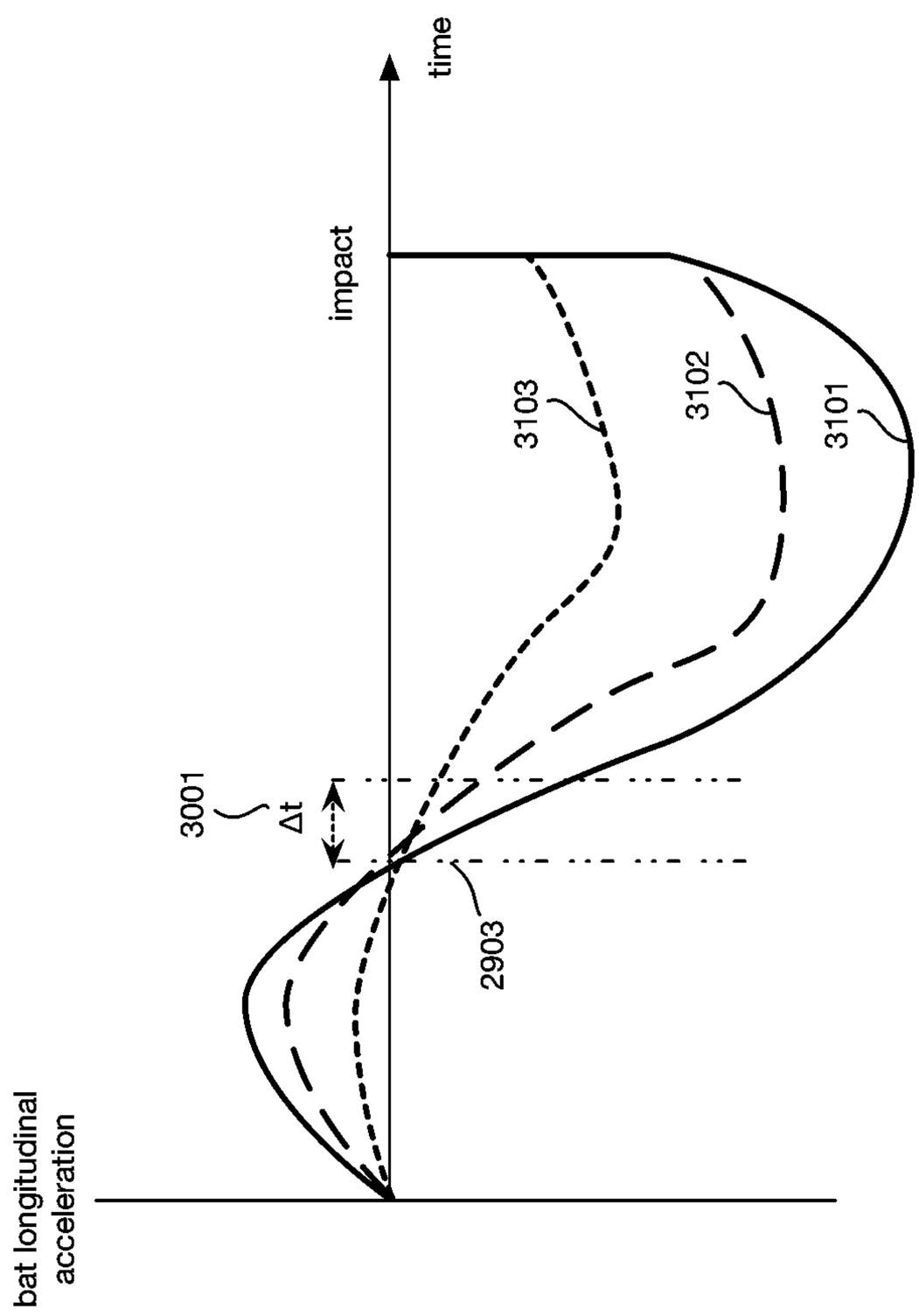

time
impact
3103
3102
3101
3001
Δt
2903
bat longitudinal acceleration

FIG. 32

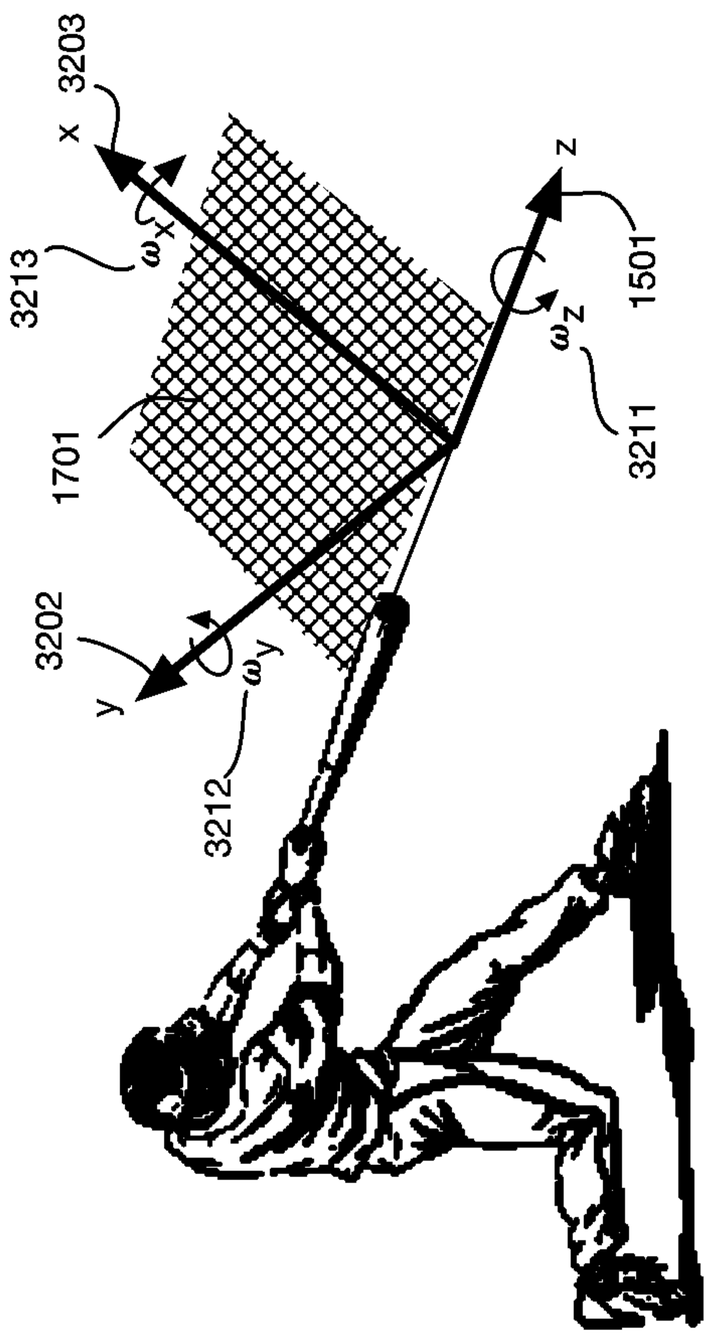


FIG. 33A

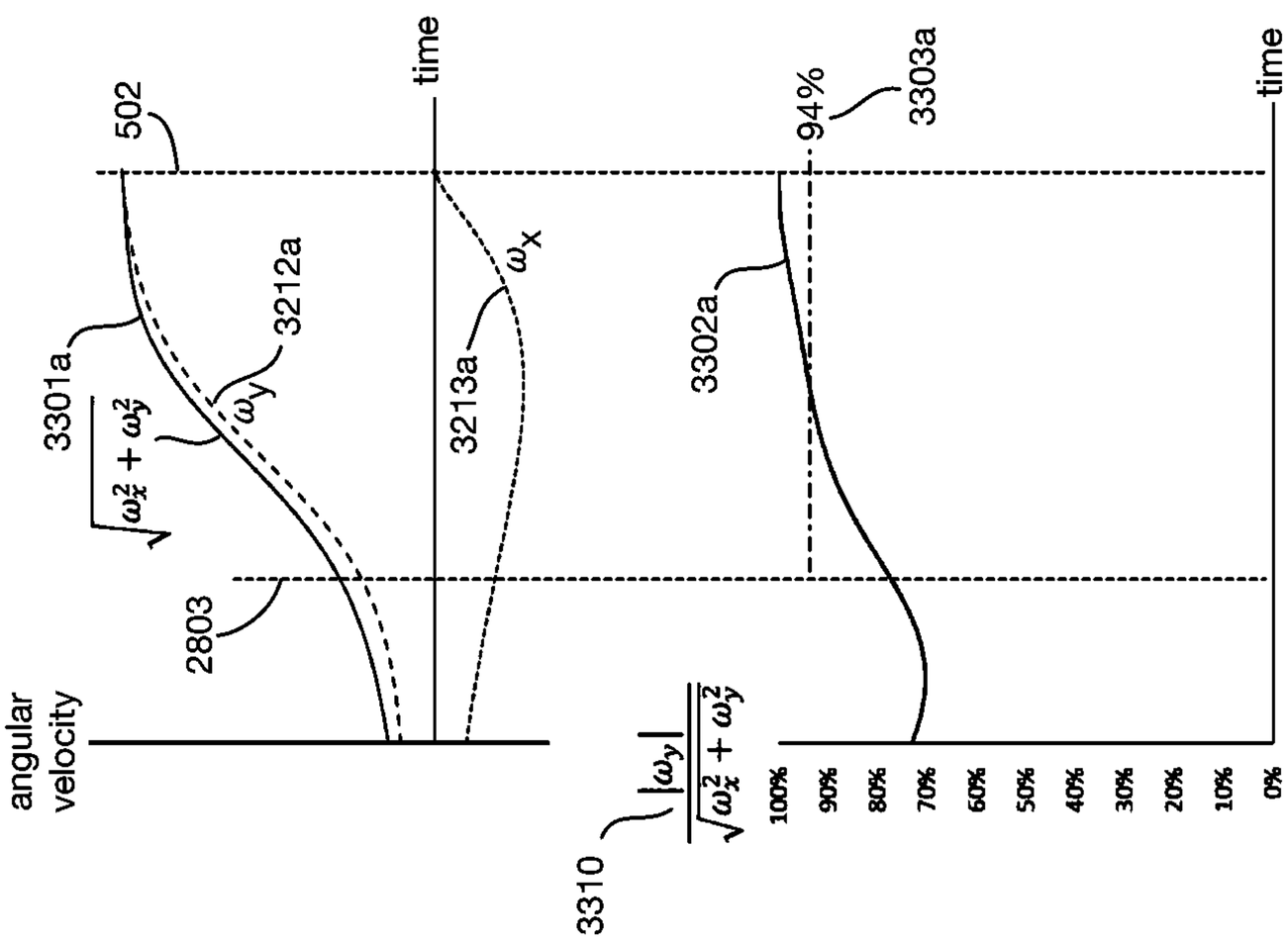


FIG. 33B

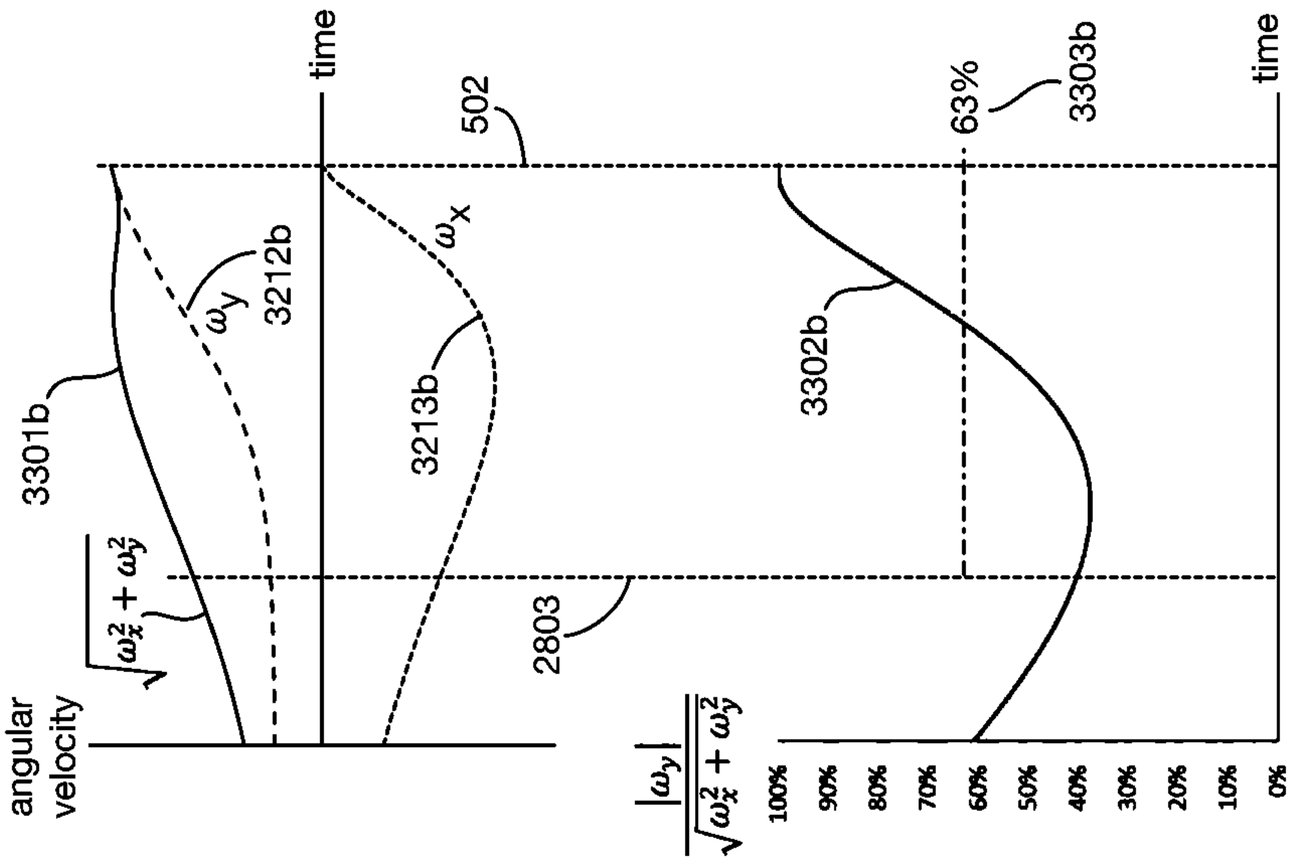


FIG. 34

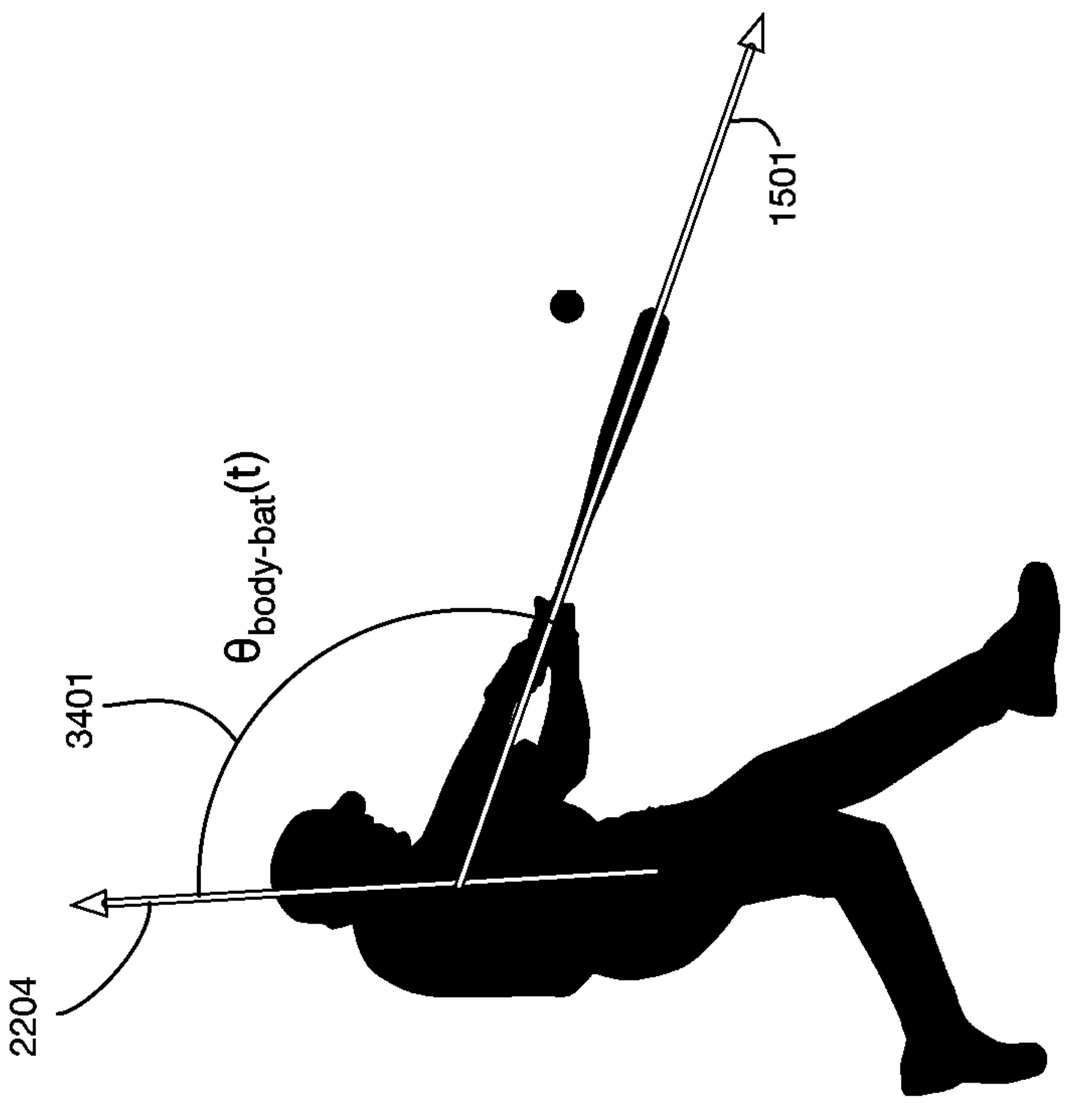


FIG. 35A

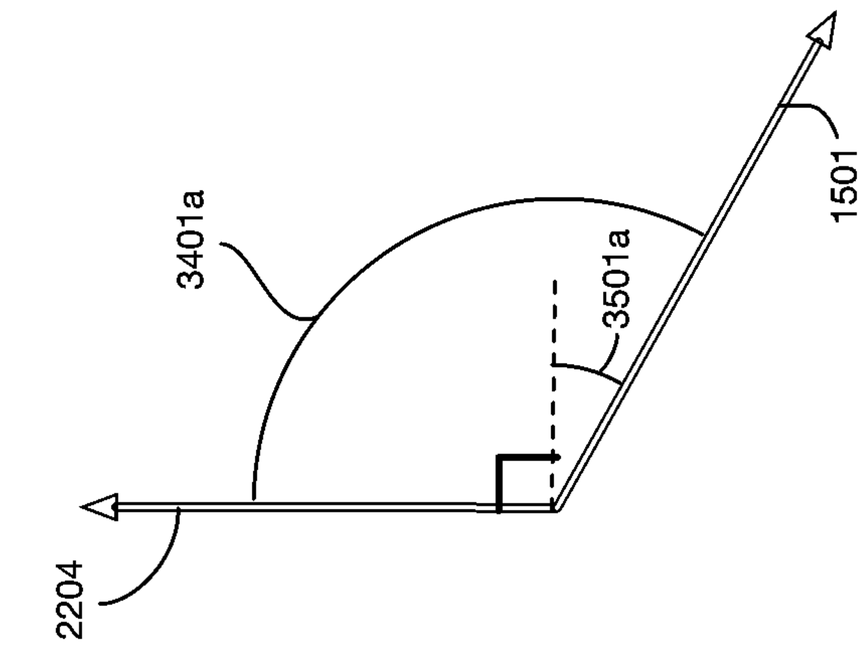


FIG. 35B

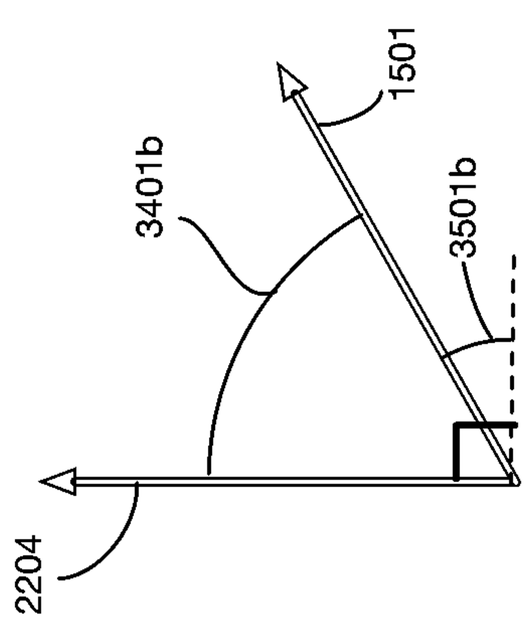


FIG. 36

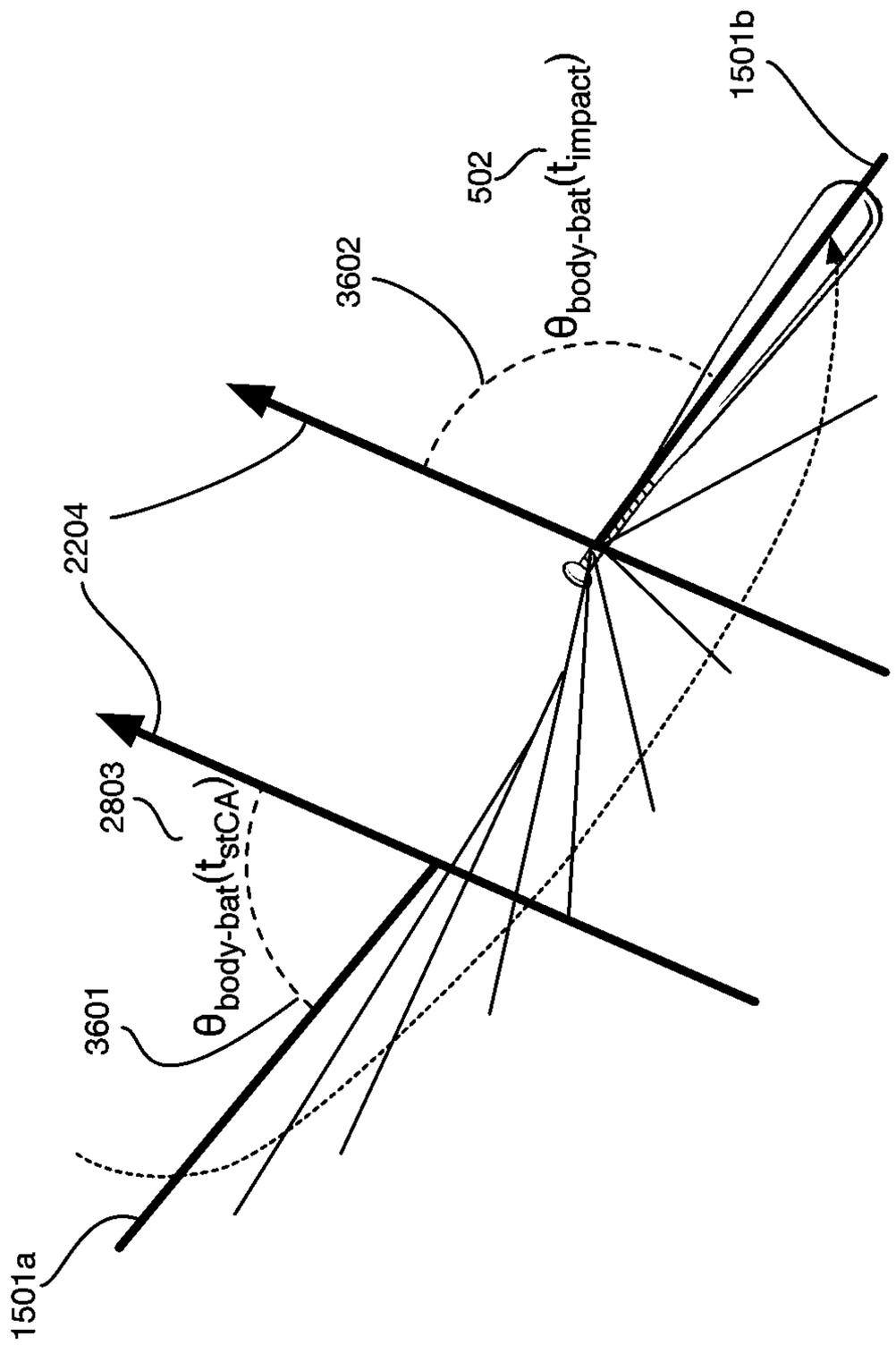
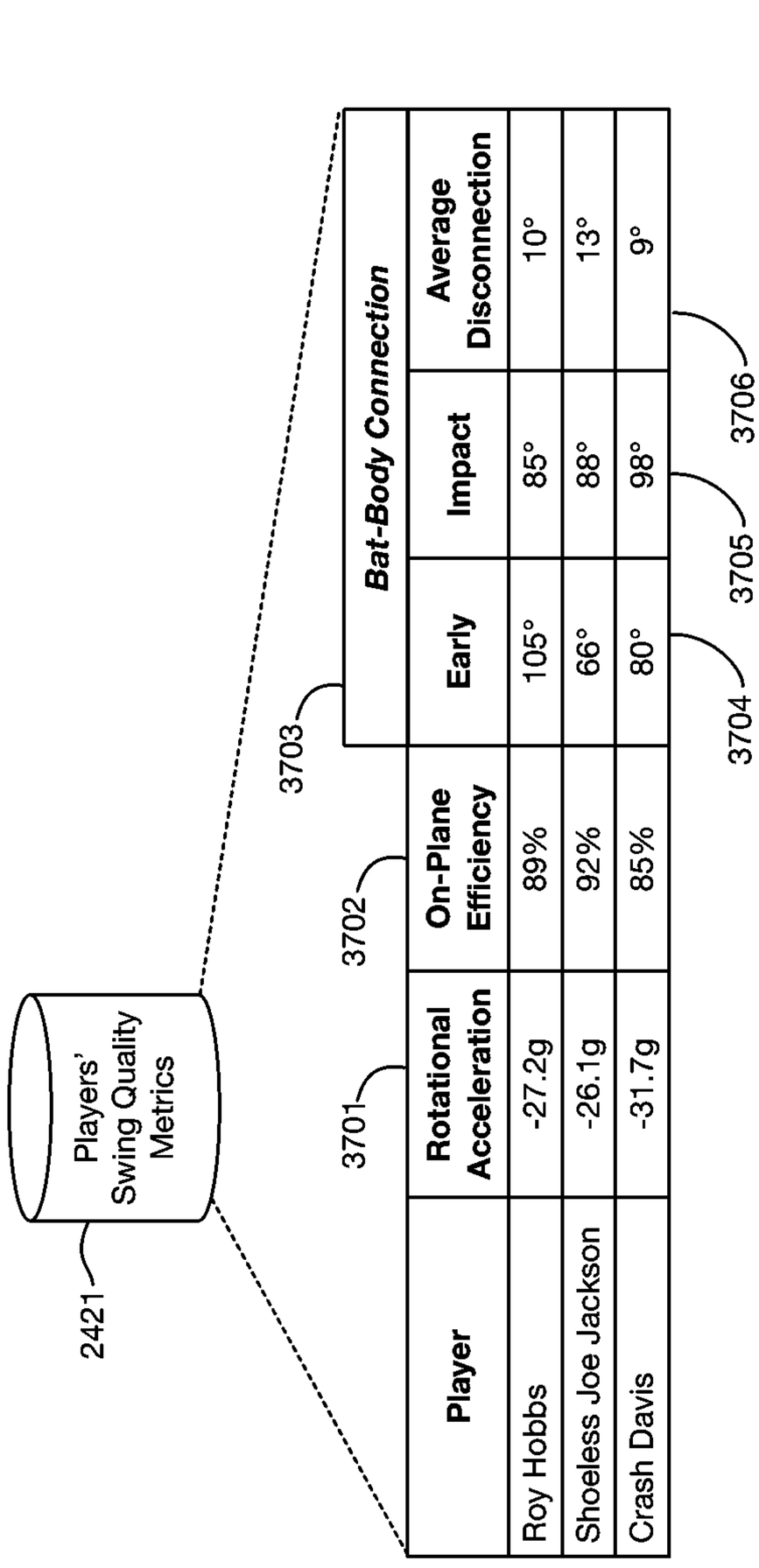

1501b
502
$\theta_{body\text{-}bat}(t_{impact})$
3602
2204
2803
$\theta_{body\text{-}bat}(t_{stCA})$
3601
1501a

FIG. 37


Players' Swing Quality Metrics
2421
3701
3702
3703
3704
3705
3706
Bat-Body Connection
Rotational Acceleration
On-Plane Efficiency
Early
Impact
Average Disconnection
-27.2g
89%
105°
85°
10°
-26.1g
92%
66°
88°
13°
-31.7g
85%
80°
98°
9°
Player
Roy Hobbs
Shoeless Joe Jackson
Crash Davis

SWING QUALITY MEASUREMENT SYSTEM

This application is a continuation-in-part of U.S. Utility patent application Ser. No. 16/189,889, filed 13 Nov. 2018, which is a continuation of U.S. Utility patent application Ser. No. 15/628,613, filed 20 Jun. 2017, issued as U.S. Pat. No. 10,124,230, which is a continuation-in-part of U.S. Utility patent application Ser. No. 15/214,339, filed 19 Jul. 2016, issued as U.S. Pat. No. 9,694,267, the specifications of which are hereby incorporated herein by reference.

This application is also a continuation-in-part of U.S. Utility patent application Ser. No. 16/166,490, filed 22 Oct. 2018, which is a continuation of U.S. Utility patent application Ser. No. 15/590,398, filed 9 May 2017, issued as U.S. Pat. No. 10,109,061 which is a continuation of U.S. Utility patent application Ser. No. 15/087,776, filed 31 Mar. 2016, issued as U.S. Pat. No. 9,646,199, which is a continuation in part of U.S. Utility patent application Ser. No. 14/801,568, filed 16 Jul. 2015, issued as U.S. Pat. No. 9,396,385, the specifications of which are hereby incorporated herein by reference.

BACKGROUND OF THE INVENTION

Field of the Invention

One or more embodiments setting forth the ideas described throughout this disclosure pertain to the field of motion capture sensors and analysis of motion capture data. More particularly, but not by way of limitation, one or more aspects of the invention enable a method for analysis of a baseball swing using data captured from a motion sensor on the bat.

Description of the Related Art

Methods for analyzing swings of a piece of equipment, such as a golf club, tennis racquet or baseball swings for example include video capture systems that record high speed video of a swing and that analyze the motion of the piece of equipment, club, racquet or bat, etc., and the player from the video. These systems are typically expensive and complex, and they are not portable. Another method is to attach a motion sensor to the piece of equipment, e.g., a bat, etc., and to analyze motion data captured by the sensor during the swing. A significant challenge for these sensor based solutions is interpretation of the sensor data. In particular, sensors typically capture data in a local reference frame defined by the sensor geometry. This sensor reference frame moves and rotates constantly throughout a swing. For example, for a baseball bat, this challenge is more complex since the bat has rotational symmetry around its long axis; thus the batter can hold the bat in multiple orientations while swinging, which changes the sensor data. This applies to other sports that involve a swing of a piece of equipment and any discussion oriented towards a bat herein is not limiting, and can be applied to any other type of equipment that involves a swing as well. There are no known methods that transform swing sensor data from a sensor based reference frame to a meaningful reference frame that is insensitive to these changes in orientation. Existing methods emphasize vector magnitudes (such as total swing speed) in defining swing metrics because these magnitudes are invariant to rotations in the sensor reference frame. However, individual components of sensor measurements along carefully chosen transformed axes provide more detailed and more physically meaningful information.

In baseball and related sports, the trajectory of specific point on the bat or other piece of equipment, for example the sweet spot, is of particular importance since this is the optimum location on the bat for striking the ball. There are no known methods that combine analysis of the sweet spot trajectory with a swing plane reference frame.

Another limitation of existing methods for analyzing swings is that the quantities measured and reported cannot be easily correlated to swing mechanics or to the factors that make for efficient and effective swings.

For at least the limitations described above there is a need for a swing quality measurement system.

BRIEF SUMMARY OF THE INVENTION

Embodiments of the invention enable a method to analyze a swing of a piece of equipment, for example a baseball bat, tennis racquet, or golf club, etc., by transforming sensor data captured during the swing to a reference frame that reflects the physics and geometry of the swing itself. This reference frame is called a swing plane reference frame. Metrics defined with respect to the swing plane reference frame provide a detailed characterization of a swing; these metrics can be compared across swings to analyze the factors that affect swing performance. For simplicity, examples directed at baseball bat swings are detailed herein, however, the exemplary embodiments described herein may also be applied to any other piece of equipment that involves a swing, including but not limited to a golf club, tennis racquet, etc.

One or more embodiments of the invention may obtain sensor data from a sensor coupled to a bat while the bat is swung to hit or otherwise contact a ball. The bat may be for example, without limitation, a baseball bat, a softball bat, or a cricket bat. The sensor may for example be an inertial motion sensor that includes any or all of a three axis accelerometer, a three axis gyroscope, and a three axis magnetometer. The sensor may be a compound sensor that incorporates multiple individual sensors of any types. A compound sensor may include multiple sensors at different locations on the bat; for example, without limitation, some sensors may be located on the knob of the bat, and other sensors may be located at the tip of the bat. Sensor data may be collected throughout the swing, for example at a rate of 10 Hz, 100 Hz, 1000 Hz, or more. The sensor data may be analyzed to determine the time of impact between the bat and a ball. For example, accelerometer data, i.e., or acceleration data, may detect the shock of the impact. A bat trajectory may be calculated from the sensor data. The trajectory may include motion data samples at multiple points in time throughout the swing; each motion data sample may describe one or more of the bat's position, orientation, velocity, angular velocity, acceleration, or angular acceleration at a point in time.

Analysis of the bat trajectory may include calculating an impact velocity vector for the velocity of the bat at the time of impact with the ball. Using the impact velocity vector, a reference frame called the swing plane reference frame may be defined for the swing. The swing plane reference frame may be formed from three axes: a first axis may be the longitudinal axis of the bat; a second axis may be the impact velocity vector; and a third axis may be orthogonal to the swing plane spanned by the first (bat) axis and the second (impact velocity) axis. The angular velocity vector of the bat, which is the rotational axis that is perpendicular to the bat's instantaneous plane of rotation, may also be used to define or calculate one or more of the axes of the swing plane

reference frame. The bat trajectory may then be transformed to the swing plane reference frame for further analysis. This analysis may include creating one or more swing metrics from the transformed bat trajectory.

Illustrative metrics that may be defined using the transformed bat trajectory include the following: Swing plane speed at any point in time during the swing may be defined as an instantaneous rotational speed of the bat trajectory projected onto the swing plane. In one or more embodiments, this swing plane speed may be calculated by projecting angular velocity onto the normal vector of the swing plane. Swing duration may then be calculated by defining the start of downswing as the latest time prior to impact when the swing plane speed has magnitude zero. Subtracting the start of downswing from the time of impact generates a duration metric called the time to contact, which measures how quickly the batter responds. The amount of bat motion may be measured as the total angle traversed by the bat both in the swing plane (yielding a metric called total swing angle) and in a plane orthogonal to the swing plane (yielding a different metric called off plane angle). A measure of bat acceleration through the swing may be defined by measuring the swing plane speed at the halfway point of a swing; the ratio of this halfway point swing plane speed to the peak swing plane speed through the swing is defined as the swing tempo metric.

One or more embodiments may obtain a database of swings from multiple players. Analysis of the database may be used to generate one or more performance rating functions that rate swings on their relative performance. These performance rating functions may be applied to rate future swings, and to provide feedback to users on the performance and characteristics of their swings. Metrics and other data associated with swings in the database may be combined into feature vectors that may be used for classification and matching algorithms. For example, analysis of the database may be used to group swings into swing styles, where swings associated with the same swing style have similar feature vectors. Feature vector clustering and matching may be used to provide feedback to a user on the style of his or her swing, and to identify other users with similar swings. The feature vector may also include other data related to the swing event, such as for example incoming pitch trajectory or classification, outgoing ball trajectory, or game outcome (such as foul, fly-out, home run, etc.) in order to refine classification and analysis.

In situations where sensor data is unavailable or is saturated at the limit of the sensor's range for a time interval during a swing, one or more embodiments may extrapolate sensor data prior to or after the interval to estimate actual values during this interval. Extrapolation may for example use a Bézier curve. The curve may be for example a cubic Bézier curve with four control points that are selected to match the values and the slopes of the sensor data curve at the endpoints of the interval. One or more embodiments may use a Kalman filter, or a similar state space estimator, to extrapolate sensor data into the time interval. A Kalman filter may for example incorporate a kinematic model of the bat in order to predict motion parameters when sensor readings are not able to fully track the motion, for example because the motion is outside the sensor's measurement range.

One or more embodiments of the invention may calculate a trajectory of the sweet spot or of a similar or other point on a bat or piece of equipment, and may derive metrics describing a swing from this trajectory. The sweet spot trajectory may be calculated from sensor data, for example from a sensor coupled to the bat, which may for example include accelerometer or gyroscope data. Data may be transformed to a reference frame that may for example be centered at the sweet spot at the time of impact. A reference frame may be defined for example, without limitation, with a z-axis pointing vertically upward, and an x-axis oriented so that the longitudinal axis of the bat is in the xz-plane at impact. The time of impact may be calculated by searching the sensor data time series for event signatures that may for example have acceleration and angular velocity exceeding respective threshold values. A sweet spot as utilized herein may also indicate a range of location or shape of area on the piece of equipment where an impact occurs or is to occur, wherein the sweet spot meets a predefined threshold, or value, for maximum energy transfer, maximum ball speed or least vibration or any other metric related to efficiency or power for example, or using any other metric to define the location or range or area or area range on the piece of equipment.

One or more embodiments may detect a virtual impact for an air swing, when a bat may not physically strike a ball. For example, one or more embodiments may detect an air swing by determining whether the swing is a valid air swing, and then detecting a point in the swing when angular velocity in the xy-plane is maximum. A valid air swing may for example require that peak xy angular velocity and peak z-axis acceleration exceed respective threshold values.

One or more embodiments may calculate a start of downswing for a swing, and may calculate a time to contact metric as a difference between the time of impact and the start of downswing.

One or more embodiments may calculate the trajectory of the position of the hands on the bat through the swing. This trajectory may be used for example to calculate a center of rotation for the swing. For example, the center of rotation may be calculated as a point equidistant from the hand position at three different points on the hand trajectory. An axis of rotation may be calculated as an axis perpendicular to the plane through these three points. A body tilt angle may be calculated as the angle between the axis of rotation and the vertical direction.

One or more embodiments may calculate and use a two-lever model of the swing, which models the swing mechanics as a body lever extending from the center of rotation to the hand position, and a bat lever that extends from the hand position to the sweet spot. A body ratio metric may be calculated based on the ratio of the rotation of the body lever through the swing to the rotation of the bat lever. The angle between the bat lever and the body lever changes through the swing as the batter cocks and then releases the wrist. A hinge angle may be calculated through the swing based on the relative orientation between the bat lever and the body lever; for example, the hinge angle may be defined as the angle between the bat lever and the tangent to the body lever. The hinge angle at impact may be used as a swing metric.

A commit event may be calculated to reflect when the batter releases the wrist during the swing. For example, the time of commit may be calculated as the time when the angular velocity of the hinge angle exceeds a threshold value. The hinge angle at the time of commit may be used as a swing metric. The hinge release metric may be calculated as the difference between the hinge angle at impact and the hinge angle at commit.

One or more embodiments may determine a swing plane for the swing. The swing plane may be calculated based on the position, orientation, and velocity of the bat at the time of impact. For example, the swing plane may be a plane

through the sweet spot at impact, which is spanned by the bat's longitudinal axis at impact and by the velocity vector of the sweet spot at impact.

At any point in the swing, the distance between the sweet spot and the swing plane may be calculated as an off-plane distance. An on-plane event may be calculated as the point in the swing when the off-plane distance is within a specified threshold and remains within this threshold until impact. An on-plane metric may be calculated as the angular range of motion of the bat or of one or both of the body and bat levers between the on-plane event and the impact event.

The bat forward velocity at any point in time may be calculated as the velocity of the sweet spot projected onto a plane perpendicular to the longitudinal axis of the bat. Bat speed at impact may be calculated as the forward bat speed at the time of impact. A peak bat speed may be calculated as the maximum forward bat speed through the swing. Swing power may be calculated as a product of the bat speed at impact, the mass of the bat, and the average acceleration of the sweet spot during the swing.

A swing plane tilt angle metric may be calculated as the angle between the bat's longitudinal axis at impact and the horizontal. An attack angle metric may be calculated as the angle between the sweet spot velocity vector at impact and the horizontal.

One or more embodiments of the invention may include utilizing sound or at least one Virtual Reality (VR), Augmented Reality (AR) or Mixed Reality (MR) display, glasses or goggles to provide bio-feedback to the user. For example, in one or more embodiments, a sound or visual display may be utilized to provide feedback to the user to indicate a correct position, or movement has been achieved. This enables a user to work on portions of a swing or an entire swing using different body positions, for example to simulate different feet positions in a sand trap for a golf swing for example and obtain feedback regarding the position and/or swing using sound or visual feedback. In addition, by providing metrics regarding the body position, body movement, piece of equipment position, piece of equipment movement or any combination thereof, embodiments of the invention enable a user to work on developing more power and improving skills in a bio-feedback environment and/or combine environment. Embodiments of the system also enable rehabilitation and general training of the body based on the data gathered by the system to suggest areas of the body to strength or stretch to improve the range of motion to avoid injury through use of correct biomechanics.

One or more embodiments of the invention may include an inertial sensor on or in a bat, and a processor that analyzes data from the inertial sensor to generate one or more swing quality metrics. The processor may be attached to a memory that contains a bat geometry definition, which may for example define a hand position and a sweet spot position along the longitudinal axis of the bat. The processor may receive a time series of inertial sensor data, including acceleration data from a three-axis accelerometer and angular velocity data from a three-axis gyroscope. It may then calculate the trajectory of the hand position, the trajectory of the sweet spot, and the trajectory of the bat's longitudinal axis, and the time the bat impacts the ball. From the hand trajectory, the processor may calculate the body tilt axis as the normal to the plane that passes through three distinct points of the hand trajectory. It may calculate the swing plane that is spanned by the velocity vector of the sweet spot at impact and the bat longitudinal axis at impact. It may calculate one or more swing quality metrics based on any or all of the data described above, including for example based on one or more of the time series of inertial sensor data, the time of impact, the trajectories of the hand position, sweet spot, and bat longitudinal axis, the body tilt axis, and the swing plane.

In one or more embodiments, the sweet spot position on the bat may correspond to any or all of an optimum location on the bat for striking the ball, a position on the bat that maximizes energy transfer or ball speed, and a position on the bat that minimizes vibration when hitting the ball.

In one or more embodiments, the longitudinal acceleration—the acceleration of the bat along its longitudinal axis—may be used to calculate a rotational acceleration metric. The start of centripetal acceleration may be calculated as the time at or near a change in sign of the longitudinal acceleration, and an early rotation time may be calculated as a fixed offset after this start of centripetal acceleration. The fixed offset may be for example in the range of 10 to 50 milliseconds. A rotational acceleration metric may be calculated as the difference between the longitudinal acceleration between the early rotation time and the start of centripetal acceleration.

One or more embodiments may calculate a rotation-on-plane ratio at points in time during the swing, and use this ratio to calculate an on-plane efficiency metric. This ratio may be based on angular velocity values transformed to a swing plane coordinate system with the z-axis along the bat longitudinal axis, the y-axis normal to the swing plane, and the x-axis orthogonal to the y and z axes. The rotation-on-plane ratio may be calculated as the ratio of the magnitude of the y-axis angular velocity to the magnitude of the vector sum of the x and y axis angular velocities. The on-plane efficiency may be calculated as the average of the rotation-on-plane ratio between the start of centripetal acceleration and the time of impact.

One or more embodiments may calculate a body-bat angle at points in time during the swing, and use this angle to calculate one or more connection or disconnection metrics. The body-bat angle may be calculated as the angle between the bat longitudinal axis and the body tilt axis. A connection-at-impact metric may be calculated as the body-bat angle at the time of impact. A connection-early metric may be calculated as the body-bat angle at the start of centripetal acceleration. A disconnection-at-impact metric may be calculated as the absolute value of the difference between the connection-at-impact and 90 degrees. A disconnection-early metric may be calculated as the absolute value of the difference between the connection-early and 90 degrees. An average-disconnection metric may be calculated as the average of the disconnection-at-impact and the disconnection-early.

BRIEF DESCRIPTION OF THE DRAWINGS

The above and other aspects, features and advantages of the ideas conveyed through this disclosure will be more apparent from the following more particular description thereof, presented in conjunction with the following drawings wherein:

FIG. **1** shows an overview flowchart of an embodiment that processes sensor data in a swing plane reference frame to generate several swing metrics for the swing of a baseball bat.

FIG. **2** shows a reference frame based on a swing plane defined by the bat orientation and by the velocity vector of the bat at the time of impact with the ball.

FIG. **3** illustrates transformation of a bat trajectory from a local sensor frame to the swing plane reference frame of FIG. **2**.

FIG. **4** illustrates various metrics derived from the swing plane reference frame, including a total swing angle in the swing plane, an off-plane swing angle, and a swing plane speed.

FIG. **5** illustrates derivation of a time to contact swing metric that measures how quickly the batter responds.

FIG. **6** illustrates derivation of a swing tempo metric based on swing plane speed, which indicates how quickly the swing plane speed increases through the swing.

FIG. **7** illustrates an embodiment that collects swing data from multiple users into a swing database, and that analyzes this database to generate methods of rating and classifying swings.

FIG. **8** illustrates an embodiment that analyzes swing tempo from multiple users to determine a target zone for peak performance.

FIG. **9** shows an embodiment that provides feedback to a user on his or her swing by comparing the swing tempo to the target zone described in FIG. **8**.

FIG. **10** illustrates an embodiment that classifies swings into swing styles based on a feature vector that combines multiple swing metrics; feedback to a user indicates the swing style as well as identifying other players with similar swings.

FIG. **11** shows a potential issue that may arise when a sensor has a limited range and the actual motion of the bat exceeds this measurement range during a time interval within the swing.

FIG. **12** illustrates an embodiment that addresses the limited range situation shown in FIG. **11** by extrapolating sensor data from before and after the time interval, in this example using a cubic Bézier curve.

FIG. **13** illustrates an embodiment that extrapolates sensor data using a Kalman filter to estimate values when the measurement range of the sensor is exceeded.

FIG. **14** illustrates an embodiment that tracks the trajectory of the sweet spot of a bat and that calculates swing metrics from this sweet spot trajectory.

FIG. **15** illustrates a reference frame used in one or more embodiments to measure bat motion and to calculate swing metrics; this reference frame has the origin at the sweet spot, a vertical z-axis, and the bat is in the xz-plane at impact.

FIG. **16** shows another view of the reference frame of FIG. **15**, and illustrates several swing metrics including the bat forward velocity at impact, the attack angle, and the swing plane tilt angle.

FIG. **17** shows a swing plane that is spanned by the bat's longitudinal axis and the velocity of the sweet spot at impact.

FIG. **18** shows the off-plane distance between the bat sweet spot and the swing plane during the swing, and it illustrates swing metrics that include the time when the bat is on-plane (within a specified threshold distance from the swing plane), and the on-plane metric that measures the angular range of motion while the bat is on-plane prior to impact.

FIG. **19** illustrates an embodiment of a center of rotation calculation, which determines a point equidistant from the hand position on the bat at multiple points on the swing.

FIG. **20** illustrates a two-lever model of a swing that is used to calculate swing metrics such as a hinge angle between a bat lever and a body lever.

FIG. **21** shows a calculation of a commit event that may represent, for example, when the wrist snaps to release the bat from a cocked orientation to complete a swing.

FIG. **22** shows an illustrative swing trajectory with several swing events annotated along the trajectory; it also illustrates a swing axis of rotation and a body tilt metric derived from this axis of rotation.

FIG. **23** shows an embodiment that provides bio-feedback to the user for setting posture or position or swing or any combination thereof via sound or AR/VR/MR visual displays, that enables working on postures, positions, swings and detecting proper or improper postures, positions, swings or portions thereof and to improve power and/or efficiency and to enable rehabilitation.

FIG. **24** shows an embodiment of the invention that calculates several swing quality metrics from acceleration and angular velocity data captured by an inertial sensor on a bat; illustrative swing quality metrics include rotational acceleration, on-plane efficiency, and body-bat connection.

FIG. **24**A shows a variation of the embodiment of FIG. **24** that uses video cameras instead of inertial sensors to capture motion data.

FIG. **25** shows illustrative bat geometry data that may be used in one or more embodiments to calculate swing quality metrics.

FIG. **26** shows illustrative processing steps that may be used in one or more embodiments to calculate swing quality metrics; these steps may include integrating acceleration and angular velocity data, detecting impact, and calculating trajectories of bat orientation and of the positions of the hands and the sweet spot on the bat.

FIG. **27** expands on the flowchart of FIG. **26** to show additional data that may be calculated to determine swing quality metrics, including a swing plane and a body tilt axis.

FIG. **28** illustrates determination of a final phase of a swing that corresponds to centripetal (negative) acceleration along a bat's longitudinal axis.

FIG. **29** illustrates a method that may be used in one or more embodiments to determine the start of the centripetal acceleration phase.

FIG. **30** illustrates a method of calculating a rotational acceleration swing quality metric as a change in acceleration a short time after the beginning of the centripetal acceleration phase.

FIG. **31** shows illustrative rotational acceleration for three types of swings.

FIG. **32** shows a coordinate system defined using the swing plane, and angular velocities along the coordinate axes of this coordinate system.

FIGS. **33**A and **33**B show illustrative calculations of an on-plane efficiency swing quality metric for two types of swings, one with a high value of on-plane efficiency and the other with a relative low value of on-plane efficiency.

FIG. **34** shows an illustrative definition of a body-bat connection metric using the bat direction and the body tilt axis.

FIGS. **35**A and **35**B show illustrative calculations of a disconnection metric, which is the offset between the connection metric and 90 degrees.

FIG. **36** shows illustrative body-bat connection values at the start of centripetal acceleration and at impact.

FIG. **37** shows illustrative values for three swing quality metrics—rotational acceleration, on-plane efficiency, and body-bat connection—for three players.

DETAILED DESCRIPTION OF THE INVENTION

A swing quality measurement system will now be described. In the following exemplary description numerous

specific details are set forth in order to provide a more thorough understanding of the ideas described throughout this specification. It will be apparent, however, to an artisan of ordinary skill that embodiments of ideas described herein may be practiced without incorporating all aspects of the specific details described herein. In other instances, specific aspects well known to those of ordinary skill in the art have not been described in detail so as not to obscure the disclosure. Readers should note that although examples of the innovative concepts are set forth throughout this disclosure, the claims, and the full scope of any equivalents, are what define the invention.

FIG. **1** shows an overview of an embodiment of the invention. User **101** swings a baseball bat **102** to hit an incoming ball **103**. Data is collected throughout the swing from sensor **104** attached to the bat. Sensor **104** may incorporate any type of sensor technology or technologies to measure any quantities, such as for example any aspects of the motion, position, or orientation of the bat. The sensor may be coupled with the proximal end of the bat, the distal end of the bat or anywhere in between. In one or more embodiments the sensor **104** may comprise two or more sensors at different locations on the bat. For example, without limitation, sensor **104** may contain any or all of a three axis accelerometer **105**, a three axis gyroscope **106**, and a three axis magnetometer **107**. These sensor types are illustrative; one or more embodiments may use sensor data from any type or types of sensors to track the swing of bat **102**. In one or more embodiments the sensor **104** may not be physically attached to the bat; for example, the sensor may be stationary and it may observe the moving bat using technologies such as video, radar, LIDAR, or ultrasound. In one or more embodiments, data from multiple types of sensors may be combined using sensor fusion. For example, sensor data from an inertial sensor on a bat may be fused with radar data or other information from external devices to calculate a bat trajectory. Sensors may measure motion or other parameters on any number of axes. Sensors may measure these parameters at any desired frequency; higher measurement frequency may for example support more detailed analysis of the swing. For example, without limitation, sensor **104** may collect data once per second, ten times per second, one hundred times per second, one thousand times per second, ten thousand times per second, or at frequencies above ten thousand times per second.

In the embodiment shown in FIG. **1**, bat **102** is a baseball bat. One or more embodiments may obtain and analyze data for the swing of any type of bat or similar object, including for example, without limitation, a baseball bat, a softball bat, a cricket bat, and in one or more embodiments, a tennis racket, a table tennis racket, a badminton racket, a squash racket, a racquetball racket, a golf club, a polo mallet, a hockey stick, a field hockey stick, and a lacrosse stick or any other type of equipment that involves a swing.

Data from sensor **104** is obtained in step **110**. One or more embodiments may use any data transfer technology or technologies to obtain sensor data. For example, without limitation, data may be transferred over a wireless network, over a wired network, or using a data storage medium that is moved from one system to another. Data may be obtained in real time during a swing, obtained after a swing occurs, or obtained using a combination of real-time transfer and transfer after a swing event.

Steps **120** through **170** analyze data from sensor **104** to characterize the swing, resulting in swing metrics **180**. These steps may be performed in any order, or in parallel. These steps may be performed on any system or combination of systems. For example, without limitation, any or all of these steps may be performed on a computer, a mobile computer, a laptop computer, a notebook computer a desktop computer, a tablet computer, a mobile phone, a smart phone, a smart watch, a microprocessor, a server, or a network of any of these devices. In one or more embodiments the sensor **104** may contain a processor or processors that perform some or all of the steps **110** through **170**.

Step **120** determines the time of impact between bat **102** and ball **103**. This step may for example detect a signature in the sensor data that indicates a collision. For example, if sensor **104** includes an accelerometer such as accelerometer **105**, a rapid spike in acceleration may be a signature of an impact. Similarly, if sensor **104** includes a gyroscope such as gyroscope **106**, a rapid reduction in angular velocity may be a signature of an impact. One or more embodiments may for example use sensors that directly measure impact, such as pressure sensors or contact switches. In one or more embodiments, a swing endpoint may be defined even if the bat does not hit the ball, for example during practice swings, air swings, or strikes. This swing endpoint may be based for example, without limitation, on parameters such as the location of the bat relative to the plate or to an incoming ball, the aim angle of the bat, or the point in time when the bat achieves maximum velocity or maximum angular velocity. A calculated swing endpoint may be used instead of an actual impact time for any of the subsequent metric calculations described below.

Step **130** calculates a trajectory of the bat **102** from a starting point of the swing through the impact time determined in step **120**. In one or more embodiments the trajectory may also extend beyond the impact or prior to the start of the swing. The bat trajectory may be a time series of motion data samples, each of which represents the state of the bat at a point in time during the swing. For example, each sample may include data on any or all of the bat's position, orientation, velocity, angular velocity, acceleration, or angular acceleration. In one or more embodiments a sample may include data for multiple locations on the bat. Methods to calculate an object's trajectory from motion sensor data are known in the art. For example, one or more embodiments may use inertial navigation algorithms known in the art to calculate the position and orientation of the bat over time from acceleration data (for example from accelerometer **105**) and from angular velocity data (for example from gyroscope **106**). Data from other sensors, such as for example magnetometer **107**, may for example provide redundant measurements to correct errors in inertial navigation algorithms.

Because the orientation and position of sensor **104** changes throughout the swing, the bat trajectory calculated in step **130** may not be in a convenient form for analysis. Therefore, in step **150** a standardized reference frame is defined based on the swing itself. We refer to this reference frame as the swing plane reference frame. In step **160** the bat trajectory is transformed to this reference frame. In step **170** the transformed trajectory is used to analyze the swing, and to generate one or more swing metrics describing and characterizing the swing. Illustrative swing metrics **180** describe for example the timing of the swing, the speed of the swing, and the angles traversed during the swing.

FIG. **2** illustrates definition and calculating of the swing plane reference frame. This reference frame is defined by the bat's orientation and motion at the time of impact between the bat **102** and the ball **103**. A swing plane **212** is defined by two axes: a first axis **210** is the longitudinal axis of the bat (along the bat's long dimension); a second axis **211** is in

the direction of the bat's velocity at the time of impact. The velocity vector at impact may also be calculated as a tangent vector to the bat's instantaneous rotation round the angular velocity axis. This impact velocity vector **211** may be calculated or obtained from the bat trajectory. In one or more embodiments a specific point on the bat, such as for example the sweet spot, may be used to define the impact velocity vector. The swing plane **212** is the plane spanned by the vectors **210** and **211**. To complete the reference frame, a third orthogonal off-plane axis **213** is selected as the normal vector to the plane **212**. The swing plane **212** defined by the axes **210** and **211** provides a reference frame that can be calculated from data generated by bat sensor **104**. Other planes of rotation that may be relevant to the kinematics of the swing include for example the rotational plane **221** for the batter's shoulders, and the rotational plane **222** for the batter's hips. In one or more embodiments additional sensors, for example sensors attached to the batter's shoulders and hips, may be used to calculate these body rotational planes in addition to the swing plane **212**.

In the example shown in FIG. **2**, sensor **104** has a local reference frame in which sensor data is measured. This local reference frame in general may have a completely different orientation from the swing plane reference frame defined by axes **210**, **211**, and **213**. For example, the sensor local reference frame may have axes **201**, **202**, and **210**; in this example one axis of the sensor local reference frame is aligned with the bat longitudinal axis, but the other axes are in arbitrary directions due to the rotational symmetry of the bat around this axis. To facilitate standardized analysis of swings and comparison of swings across players, bat trajectory information is transformed from the sensor local reference frame into the swing plane reference frame. FIG. **3** illustrates this transformation. Bat trajectory **301** includes motion data samples at various points in time, such as for example points **302**, **303**, and **304**. These samples may include any information on the state of the bat, such as position, orientation, or derivatives of these values like velocity and angular velocity. For illustration, the bat trajectory **301** is shown as a single curve in three dimensional space (for example as a curve of bat position over time); however, in one or more embodiments the bat trajectory may include any data with any number of dimensions. In the sensor local reference frame defined, for illustration, by axes **201**, **202**, and **210**, each sample point has coordinates such as coordinates **305** for point **304**. Transformation **310** maps the sample points into the swing plane reference frame, for example using a rotation of the axes **201**, **202**, and **210** into axes **210**, **211**, and **213**. For example, in the swing plane reference frame, point **304** on the bat trajectory **301** has coordinates **306**.

One or more embodiments of the invention may analyze the bat trajectory in the swing plane reference frame to measure and characterize the swing. FIG. **4** shows illustrative metrics for angular change that are defined relative to the swing plane reference frame. Bat trajectory **401** is a three dimensional curve in the three dimensional swing plane reference frame **410** defined by axes **210**, **211**, and **213**. Trajectory **401** has starting point **420**, representing a start of the swing, and endpoint **421**, representing for example the time of impact between the bat and the ball. This curve may be projected onto the two-dimensional swing plane **212** defined by axes **210** and **211**, and various metrics may be calculated from this projection. For example, the 2D curve **402** is the projection of the bat trajectory **401** onto plane **212**. As the curve **402** proceeds from the starting point to the endpoint of the trajectory, it subtends an angle **403** ($\Delta\theta_{sp}$) in the swing plane (with vertex at the origin). This angle **403**, which we refer to as the total swing angle, is a swing metric that indicates the total amount of bat movement during the swing in the swing plane. Similarly, the bat trajectory **401** may be projected onto a plane **412** orthogonal to the swing plane, and the angle **407** subtended by the projected trajectory is a different swing metric that we refer to as the off-plane angle. The total swing angle metric and the off-plane angle metric provide a useful characterization of how the batter is moving the bat through the swing. Projection of the trajectory **401** onto swing plane **212** also provides a measure of the instantaneous angular velocity **406** of the trajectory at any point in time, such as at illustrative point **404**. This instantaneous angular velocity in the swing plane, which we refer to as the swing plane speed, is a more useful metric of the bat's motion than for example the total linear velocity of the bat, which includes an off-plane component of velocity that is not as relevant for the power of the swing. The swing plane speed **406** may be calculated for example as the derivative of the instantaneous angle **405** between the point **404** on the projected trajectory **402** and the axis **210**. In one or more embodiments that include a gyroscope, which measures angular velocity directly, the swing plane speed may be calculated by projecting the measured angular velocity onto the axis orthogonal to the swing plane **212**.

The curve of swing plane speed over time through the swing provides additional useful information about the swing. FIG. **5** shows an illustrative curve **501** of the swing plane speed **406** as a function of time. The curve typically increases through the swing as the batter accelerates the bat. The swing plane speed reaches a maximum value **505** during the swing. For some swings, the peak speed **505** may occur at the time of impact **502**; however, this is not necessarily the case for all swings. The impact swing plane speed **506** is an important swing metric since it greatly affects the distance and power of the hit. The swing plane speed curve may be used to define an unambiguous point in time for the start of the downswing of a swing: this start of downswing **503** may be defined as the last point in time when the swing plane speed is zero prior to the impact. This definition is based on an unambiguous physical event rather than an arbitrarily defined threshold crossing. This provides a clear advantage in terms of metric consistency and physical significance. If there is no zero crossing, as is the case in certain swing styles, we define the start of downswing where the slope and magnitude of the swing plane component meet certain threshold criteria. This fallback definition does not provide the clear advantages of the zero crossing; however, because it is based on the swing plane component, it provides greater consistency than a definition based on vector magnitude, particularly across heterogeneous swing styles where much of the variability (e.g., bat waggle) occurs in the off-plane component.

Using the start of downswing **503** and the time of impact **502**, a total swing time, which we refer to as the time to contact metric, may be defined as the difference **504** between the impact time **502** and the start of downswing time **503**. This time to contact metric is an important metric related to the batter's ability to read the pitch.

The rate at which the swing plane speed increases through the swing also provides a useful metric. FIG. **6** illustrates a method to standardize this metric by measuring the fraction of the peak speed achieved at the halfway point of the swing. To allow meaningful comparison across players with different swing styles, the swing plane speed curve is normalized so that swing plane speed is measured as a percentage **605** of the peak speed. Thus the normalized swing speed curve

starts at zero at the start of downswing, and increases to 100% at the peak speed. A halfway point **602** is defined for the swing, and the fraction **603** of the peak speed at this point is defined as the swing tempo metric **604**. In one or more embodiments the halfway point may be defined as halfway between the start of downswing and the time of impact. However, empirical analysis of swings shows that a more robust halfway point may be defined by selecting a swing onset time **601** as a time at which the swing plane speed reaches a specified small fraction of the peak speed, such as for example 10%, and by defining the halfway point as halfway between the swing onset time and the time of impact.

This definition of the swing tempo metric is based on the insight from comparing statistical distributions, where the greatest variability in deviation from an ideal curve occurs at the half-way point between two fixed endpoints. The significance of this metric comes from an understanding of the kinematic chain (hips, shoulders, arms, wrists) for transferring energy from the body to a baseball bat. A rotationally efficient swing will derive a certain amount of energy from the hips and shoulders compared to the arms and wrists. We can infer how rotationally efficient a baseball swing is by the percentage of speed in the "body" half of the swing relative to the "arm" half. An ideal swing tempo range is learned from empirical data collected from elite-level batters. Deviation from the ideal tempo range, either high or low, is used to provide feedback and prescribe drills to the batter in order to improve performance. A low tempo typically indicates that the swing is dominated by arms (e.g., casting), while a high tempo indicates that a swing is dominated by body (at the expense of bat control).

In one or more embodiments, additional tempo metrics may be defined at other points in a swing, in addition to the halfway point tempo metric described above. For example, without limitation, an early tempo metric may be defined as the fraction of peak speed achieved at the 25% point of the swing, a mid-tempo metric may be defined as the fraction of peak speed achieved at the 50% point of the swing (as discussed above), and a late tempo metric may be defined as the fraction of peak speed achieved at the 75% point of the swing. The three tempo metrics may isolate the effect of different segments of the kinematic chain of the swing; for example, the early tempo metric may characterize the rotation of hips and torso, the mid-tempo metric may characterize the rotation of the torso and arms, and the late tempo metric may characterize the rotation of the arms and bat. These percentages are illustrative; one or more embodiments may measure swing tempo at any point or points in a swing.

In one or more embodiments, swing data and swing metrics may be collected from multiple users and organized in a swing database for further analysis. FIG. **7** illustrates an embodiment that collects data into swing database **701** from multiple types of users, including for example, without limitation, experts **702**, professionals **703**, amateurs **704**, novices **705**, and instructors **706**. Data in the swing database may include for example, without limitation, sensor data **710**, bat trajectories in the swing plane frame **711**, and swing metrics **712** (such as for example the total swing angle, off-plane angle, time to contact, impact swing plane speed, and tempo metrics described above). Multiple metrics may be combined into feature vectors **713** that may be used to classify, categorize, compare, or analyze swings. Data from the database may be used for various analysis procedures **720**, which may include for example any or all of modeling swings and batters, data mining the database for patterns or trends, and applying machine learning techniques to learn relationships, functions, or categories. Outputs of the analyses **720** may include for example identification of best performances **721** that flag certain swings or groups of swings as illustrative of ideal or maximum performance; factors affecting performance **722** that identify swing characteristics that contribute to or detract from high performance; performance rating functions **723** that rate swings on how close they are to ideal performance levels; classifications of swing styles **724** that map swings into categories reflecting similar characteristics or similar performance; and matching of swings to similar players **725** that indicate which other swings or other players are most similar to a given swing or player.

FIG. **8** illustrates an example of the data analysis methods described with respect to FIG. **7**, using the swing tempo metric defined above. Using swing database **701** as input, data analysis and data mining process **720** compares swing plane speed curves across players to determine factors affecting performance **722**. This analysis indicates that best performance occurs when swing tempo is in a target zone **802**, for example in a range between **804** and **803**. This analysis uses normalized swing plane speed curves for the swings in database **701**, with the swing plane speed axis normalized to the percentage of peak speed **605**, and the time axis **801** normalized to a percentage of swing time between swing onset (0%) and impact **502***a* (100%). The normalized swing plane speed at halfway point **602***a* (50%) is the swing tempo metric for each swing.

Using the analysis illustrated in FIG. **8**, an individual swing may be evaluated by comparing it to the empirically derived criteria for best performance. FIG. **9** illustrates an example with batter **101** generating a swing plane speed curve **901** for a swing. The measured swing tempo **902** for this swing is compared to the target zone **802** in order to rate the swing's performance. Feedback is then provided to batter **101**, for example on computer screen **903**. This feedback provides the swing tempo metric **902**, as well as a performance rating **904** that is based on comparing the swing to performance criteria derived from empirical analysis. The feedback may also include specific critiques such as **905** that diagnose the swing or suggest corrections or improvements.

One or more embodiments may provide feedback to a batter or to other users (such as a coach or trainer) using any desired method or system. For example, without limitation, feedback may be displayed on any computer, laptop, notebook, tablet, mobile phone, smart watch, or wearable device. Feedback may be provided using a specific app, or transmitted via general messaging systems such as email or text messages. Feedback may be audio, visual, haptic, or any combination thereof.

FIG. **10** continues the example of FIG. **9** to illustrate additional analysis and feedback for a swing based on comparisons with swings in a swing database. In this example, a feature vector **1001** is generated for a particular swing by batter **101**. For illustration, this feature vector is a combination of the swing tempo and the impact swing plane speed. One or more embodiments may generate feature vectors using any combinations of metrics or of any data derived from sensor data or bat trajectories. Swings from swing database **701** are compared on grid **1002** using this feature vector, and are analyzed (for example using cluster analysis techniques known in the art) to categorize swings into a set of swing styles. For example, the analysis may partition swings into three swing styles **1004**, **1005**, and **1006**. The feature vector **1001** corresponding to the swing by batter **101** places the swing into swing style cluster **1006**.

Feedback to the batter indicates this swing style **1020**. In addition, the batter's swing may be matched against typical swings from other users to provide feedback **1021** that identifies other users with swings that resemble the batter's swing.

In some situations, one or more of the sensors that measure the motion the bat may have insufficient range to measure the complete motion throughout the entire swing. FIG. **11** shows an example of this situation where the sensor **104** on bat **102** includes accelerometer **105** with range **1101**, and gyroscope **106** with range **106**. Taking the angular velocity around the x-axis of the sensor as an illustrative example, the actual x-axis angular velocity **1103** exceeds the upper limit **1104** of measurement range **1102** during time interval **1105**. Therefore, the measured sensor values **1106** cannot track the true values **1103** of the motion during this interval **1105**. Instead the measured value **1107** during this interval is saturated at the upper limit **1104**. This saturation may affect the accuracy of swing metrics. This example using the x-axis of the gyroscope is illustrative; a similar issue may occur with any sensor (including for example the accelerometer **105** as well as the gyroscope **106**) and with data from any axis of any sensor.

To address this issue, one or more embodiments of the invention may extrapolate sensor data from prior to or after the time interval **1105** when the sensor is saturated. Extrapolation may also be used when sensor data is unavailable for a period of time for any other reason, for example because of a limited sampling rate, a recalibration period, or a defective sensor. Extrapolation may be used for any sensor or sensors, or any axis of any sensor or sensors. Embodiments may use any method to extrapolate sensor data into any time interval. FIG. **12** illustrates an embodiment that extrapolates sensor data from both endpoints of the time interval by constructing a Bézier curve **1200** for the values in the interval. In this example, the curve **1200** is a cubic Bézier curve defined by the four control points **1201**, **1202**, **1203**, and **1204**. This is illustrative; one or more embodiments may use Bézier curves or any other splines or curves of any order. Control points **1201** and **1204** match the values of the sensor measurements **1104** at the endpoints of interval **1105**. The internal control points **1202** and **1203** are chosen to match the slopes of curve **1104** at these endpoints. Specifically, the tangent value **1205** of the curve **1104** at point **1201** is the slope of the line between control points **1201** and **1202**, and the tangent value **1206** of the curve **1104** at point **1204** is the slope of the line between control points **1203** and **1204**. Points **1202** and **1203** may also be chosen to limit for example the maximum value of the curve **1200** in the interval.

One or more embodiments may select control points for a Bézier curve in such a way as to satisfy the initial and/or final conditions (magnitude and slope) and also to satisfy additional constraints on the maximum absolute value and maximum extrapolation duration. For two-sided extrapolation (no impact events), four control points may be used as shown for example in FIG. **12**: the initial and final points are placed where the curve crosses the saturation threshold, and two interior control points are along a line matching the slope of the curve at some distance, which is constrained by some maximum time duration and by a maximum absolute value. This approach provides control of the shape of the extrapolation curve better than a cubic polynomial fit, which will match the same slope and value constraints but may exceed the other physical constraints. If the initial or final edge of the saturation interval is an impact event, then the unconstrained edge may be represented by a single control point, resulting in a three-point Bézier curve. Again, the time and value for this single control point may be selected to achieve the desired shape of the extrapolated curve into the impact event. Because a Bézier curve is not parametric in time, it may be necessary to resample the extrapolated curve at the original sample times. This type of Bézier extrapolation may be applied to an individual saturated sensor axis (independent of the other components) or a composite value (e.g., the x-y resultant or total vector magnitude). The shape of the composite curve may be easier to model or constrain than the underlying individual components for particular kinematic events, resulting in increased accuracy of the extrapolated result. If the underlying component values are needed, they can be obtained by solving for the unknown saturated component(s) from the extrapolated composite result and unsaturated component values (the result will be under-determined if more than one component is saturated).

Another approach to extrapolation that may be used in one or more embodiments is to use a Kalman filter (or a variation of a Kalman filter like an Extended Kalman Filter or an Unscented Kalman Filter). FIG. **13** illustrates an example that uses this approach. Kalman filter **1301** incorporates a kinematic model **1302** of the bat **102**. The system state **1303** is estimated for each sample point, and this estimate is corrected based on measurements **1304**. The state **1303** for example may include the position r(t) and the orientation Q(t) of the bat, and the measurements **1304** may include for example accelerometer values a_x, a_y, a_z and gyroscope values ω_x, ω_y, ω_z. During time intervals when one or more measurements are not available or are saturated, such as x-axis angular velocity **1306** during time interval **1105**, the filter **1301** continues to predict state values **1303**. Therefore, the curve **1104** can be extrapolated to curve **1308** through interval **1105**; for example, the orientation **1307** may be differentiated to estimate the x-axis angular velocity **1308** in this interval.

In general, one or more embodiments may use a recursive state space estimator (e.g., Kalman filter) with a kinematic model of the physical body or equipment being measured. The state-space propagation model may be used to impose appropriate physical constraints. The state space estimate and its uncertainty (covariance) may be updated using the non-saturated measurements from the various sensors. An estimate of the missing (saturated) parameter may then be derived from the state space estimate. Likewise, the uncertainty in the estimated parameter may be derived from the model uncertainty. Either the state space propagation model or the measurement model (or both) may be non-linear, in which case a linearized (EKF) or sigma-point (UKF) filter may be used. Finally, the uncertainty in the extrapolated time series (or the state space estimate itself) may be propagated to derived metrics. For example, in a baseball swing like the swing illustrated in FIG. **13**, the gyroscope may be saturated into impact, which affects the accuracy of the swing speed measurement. Using this approach, it is possible to estimate the actual swing speed and provide an uncertainty interval (error bars).

In one or more embodiments, a swing of a bat or similar equipment may be decomposed into key events and metrics that provide insight into overall swing quality. Some of these events and metrics may be related to or derived from the trajectory of a sweet spot of the bat. FIG. **14** shows an illustrative swing of bat **102** by batter **101**. The bat is equipped with a sensor **104**, which may for example include a motion sensor with an accelerometer and a gyroscope. One or more embodiments may obtain sensor data from sensor or sensors **104**, and may use this sensor data to calculate the

trajectory **1402** over time of sweet spot **1401** of the bat through all or a portion of the swing. The sweet spot location on a bat may be determined by any desired method. For example, several common definitions for the sweet spot of the bat are that it produces the maximum energy transfer to the ball, that it produces the maximum batted ball speed, or that it results in the least vibrational sensation (sting) in the player's hands. These results are not always produced by the same spot on a bat. In addition, the spot may vary based on bat type (wood or aluminum), weight, shape, and other factors. For a more in-depth discussion of the definition, size, and location of the sweet spot for different bat types, see for example Daniel A. Russel, "Physics and Acoustics of Baseball and Softball Bats."

In one or more embodiments, an illustrative definition of a sweet spot may be a location somewhere between four and eight inches from the tip of the bat, such as for example a single point on the centerline of the bat six inches from the tip.

In one or more embodiments, data from sensor **104** may be integrated or otherwise analyzed to estimate the sensor velocity and position in an inertial (world) coordinate frame. The known position of the sweet spot relative to the sensor may then be used to calculate the sweet spot trajectory **1402** in this reference frame. In one or more embodiments, the world reference frame may be defined as illustrated in FIG. **15**, which shows the bat at the point of impact with a ball (or at another point in time defined as a real or virtual time of impact). The origin of the reference frame is at the sweet spot of the bat **1401** at the moment of impact. Gravity is in the −z direction; hence the z axis **1513** points vertically upward. The world coordinate system is not based on an absolute horizontal reference point such as home plate or absolute north. Instead, the world frame is rotated so that the bat longitudinal axis **1501** is in the xz plane pointing in the +x direction **1511** (for right handed batters) or −x direction (for left-handed batters). The forward velocity of the bat is in the yz plane pointing in the +y direction **1512**. Because of this definition, the actual orientation of the world coordinate frame will vary from swing to swing.

FIG. **16** shows a close-up view of the reference frame illustrated in FIG. **15**, shown again at the point of impact of the swing. The reference frame origin is the location **1401** of the sweet spot of the bat at impact. The −z axis **1513***a* is in the direction of gravity, pointing vertically downward. Bat longitudinal axis **1501** is in the plane defined by the x axis **1511** and the −z axis **1513***a*. The y-axis **1512** is perpendicular to the x-axis and to the z-axis. In general, the bat may not be horizontally level at the time of impact; instead there may be a nonzero angle **1603** between the bat axis **1501** and the (horizontal) x-axis **1511**, which is referred to as the vertical bat angle. Vertical bat angle is defined as the vertical direction of the bat with respect to horizontal at impact. Vertical bat angle is negative below horizontal and positive above horizontal. The swing plane tilt angle **1603** is the vertical bat angle at the moment of impact. The swing plane tilt angle is usually negative, meaning the bat is pointing toward the ground. A level bat would result in a swing plane tilt angle of 0°. Swing plane tilt angle is important for understanding adjustability and correlations to pitch types and locations. Pitch location will determine changes in the bat angle at impact. Adjusting the swing plane tilt angle to meet the pitch should be done early in the swing in order to achieve maximum efficiency. Adjustment later in the swing drains energy from the speed of the bat. The swing plane tilt angle should match the location of the pitch. Steeper angles are required for low, inside pitches, and shallower angles are required for high, outside pitches.

The velocity of the bat at impact may also in general not be horizontal; the attack angle **1602** is the angle of the bat's forward velocity at impact **1601** with respect to the horizontal y-axis **1512**. Attack angle is negative below horizontal and positive above horizontal. A positive value indicates swinging up, and a negative value indicates swinging down, where zero is perfectly level. Attack angle is important for two reasons: First, matching the bat path to the pitch path increases the likelihood of contact. Because the pitch is thrown from an elevated mound, it is typically on a downward angle as it crosses the plate. Therefore, a positive attack angle provides more opportunity to execute against a variety of pitches, which vary in height, speed, and angle. Second, a positive attack angle will usually maximize launch distance, increasing the scoring value of the at-bat. The average fastball crosses the plate at a 6° downward angle, while an average breaking ball crosses the plate at 10°. Other factors include swing speed and style, pitch velocity and location, and game situation. Given the variation in incoming pitch descent angles and desired launch angle, the optimal attack angle is usually between +2° to +14° degrees. In a real game scenario, adaptation may be required to put the ball in play. The ideal attack angle results in the maximum distance for a given bat speed. For slow bat speeds, the ideal attack angle is around 21°, and it gets smaller with increasing speed. Discussions of ideal launch angle, exit speed, and scoring value appear for example in Nathan, "Optimizing the Swing," at www.hardballtimes.com/optimizing-the-swing, and in Arthur, "The New Science of Hitting," at www.fivethirtyeight.com/features/the-new-science-of-hitting.

The bat forward velocity **1601** is the projection of the velocity vector of the sweet spot onto the plane perpendicular to the bat longitudinal axis **1501**; it ignores any speed in the direction of the bat axis **1501**.

FIG. **17** illustrates a definition of a swing plane from which various swing metrics may be derived. Swing plane **1701** may for example be defined as a plane through the sweet spot **1401** which is spanned by the bat longitudinal axis **1501** at impact and by the bat forward velocity **1601** at impact. This swing plane is oriented so that it contains both the length of the bat and bat velocity at the moment of impact. The swing plane normal vector may found by normalizing the cross product of the bat length and bat velocity vectors. The normal vector is centered at the sweet spot of the bat at the moment of impact, i.e., at (0, 0, 0).

A swing may be analyzed for example by decomposing the motion into swing plane versus off-plane components. Off-plane motion may for example be characterized by the distance of the sweet spot of the bat from the swing plane at any moment in time. FIG. **18** illustrates this distance of the sweet spot **1401** to the swing plane **1701** at several points in a swing prior to impact. For example, at the position of the bat shown in the figure, the off-plane distance is **1801**. As the swing progresses towards impact, the sweet spot approaches more closely to the swing plane **1701**. When the distance reaches a specified threshold **1802**, the swing is considered "on-plane" at that moment (provided that it remains at or below this distance from that moment until impact). For example, the threshold may be set to 3 inches.

Based on the distance between the sweet spot and the swing plane, an on-plane metric may be defined as the total angular range of motion (for example in degrees) of the swing where the sweet spot of the bat is within the threshold value (such as three inches) from the swing plane. For

example in FIG. **18** the on-plane metric is the angle **1805** between the ray **1803** at the on-plane event and the ray **1804** at the impact event. This metric measures an aspect of the quality of the swing because the player typically wants the energy from the body and arms to increase forward bat speed rather than change its direction. Changing bat direction takes more energy as bat speed increases, so an efficient swing gets on plane early and stays on plane as it approaches impact. Ideally, a batter will read the pitch early and adjust the entire body to align the swing plane with the pitch location. This enables maximum bat speed for every pitch type. In one or more embodiments, the system may report the percentage of total velocity that is generated while the bat in on plane. For example, if the velocity is 40% of the peak when the bat gets on plane, then the "on plane" metric is 60%.

One or more embodiments may analyze the motion of a position on the bat where the hands grip the bat, in addition to or instead of analyzing the motion of the bat sweet spot. FIG. **19** illustrates an embodiment that determines a center of rotation **1903** for a swing by determining the position of the hands at three points in the swing, at location **1902***a*, **1902***b*, and **1902***c*. The center of rotation is selected for example as the point **1903** that is equidistant from these three points. One or more embodiments may use any point or points on hands trajectory **1901** to determine one or more centers of rotation for the swing. For example, point **1902***a* may be selected as the time when the xy magnitude of the gyroscope value from the sensor is at 50% of its impact value; point **1902***b* may be selected as the time when the xy magnitude of the gyroscope value is at 80% of its impact value; and point **1902***c* may be selected as the impact time. Using the hand positions at these times, the center of rotation may be calculated using the formula for the circumcenter of a triangle defined for example in en.wikipedia.org/wiki/Circumscribed_circle.

Three points on hands trajectory **1901** also define a plane, and therefore define an axis of rotation through the center of rotation **1903** that is perpendicular to that plane. The orientation of this axis of rotation may also be used in one or more embodiments as a metric describing the swing. The three points that define the center of rotation lie in a plane that is typically tilted downward in front of the body. The axis of rotation may be calculated for example using the cross product of any two of the radius vectors from the center of rotation calculation.

In one or more embodiments, a two-lever model may be used to describe and analyze a swing. During the early part of the downswing, an experienced batter rotates the core, arms, and bat as a single, connected unit. Then the batter commits by snapping the wrist, which moves the tip of the bat away from the body. The elbow may also extend, depending on ball location. This optimal kinematic sequence results in maximum speed and control.

The kinematic chain includes core, shoulder, elbow, and wrist rotation. In some situations, it may not be feasible to measure all these movements directly using, for example, a single inertial sensor on the bat. Instead, one or more embodiments may use a simplified two-lever mechanical model to distinguish "body" rotation from "bat" rotation. The body contribution ends at the hands. It measures rotation around the body center of rotation, which is primarily core, shoulder, and some elbow extension. The bat component measures motion around the hand position, which is primarily due to elbow and wrist rotation. In a connected swing, the shoulder and elbow contributions are small, and the body component of our model closely approximates core body rotation.

FIG. **20** illustrates a swing model that employs a simple two-lever mechanical system. This model focuses on the swing-plane and ignores any off-plane motion, which is characterized independently. The body lever is hinged at the body center of rotation and ends at the hand position. The bat lever is hinged at the hand position and extends along the axis of the bat. This model is illustrated in FIG. **20**. Body lever **2001** extends from center of rotation **1903** to hand position **1902**, and bat lever **2002** extends from hand position **1902** to sweet spot **1401**.

Total bat speed is a combination of body rotation and bat rotation. The body ratio may be calculated the percentage of total rotation that is attributed to the body. An efficient swing uses both the body, arms, and wrists in the appropriate kinematic sequence. A swing that is mainly body rotation or mainly arm rotation is not as powerful as a swing that uses the entire kinematic chain. The body should contribute about 40% to 50% of the total rotational speed. There may be some variation due to individual style, but a value that is consistently outside this range usually indicates a poor kinematic sequence.

As the bat moves through the swing, the angle between the bat lever and the body lever changes. An angle that reflects the relative orientation of the bat lever and the body lever is called the hinge angle. In the illustrative embodiment shown in FIG. **20**, the hinge angle **2004** is the angle between the bat lever **2002** and the tangent **2003** that is perpendicular to the body lever **2001** in the two-lever mechanical model. Hinge angle is negative when the tip of the bat is angled toward the body and positive when the tip is angled away from the body.

One or more embodiments may incorporate a method of calculating a commit event. The commit event, also known as wrist release, occurs when the hinge angle is "released". In other words, the moment when the hinge angle starts to move in a positive direction away from the body. Commit is the transition point in the kinematic chain between body-only motion and the wrist snap contribution. A batter begins the swing with the bat angled towards the body. At commit, this hinge angle is released and the wrist is snapped forward to add speed to the bat and to contact the ball.

FIG. **21** illustrates a method of calculating a commit event that may be used in one or more embodiments. The hinge angular velocity **2102** may be found by taking the first derivative of the hinge angle time series **2101**. Any desired method may be used to calculate or estimate a derivative; for example, one or more embodiments may use a centered, five-sample window to reduce sample noise. The commit event **2104** may be defined as the instant when the hinge angular velocity **2102** exceeds a threshold value **2103** prior to impact. For example, a threshold value of 60 rpm (360 dps) is illustrated in FIG. **21**.

One or more embodiments may define a sequence of events through a swing, and may derive one or more metrics from these events. FIG. **22** shows an illustrative swing with events annotated at the point in the swing when they occur. Event **2201** is the start of the downswing of the swing. Start of downswing indicates the start of significant motion of the downswing. An illustrative algorithm that may be used in one or more embodiments to calculate the start of downswing is as follows. Start of downswing is calculated by looking at the gyro xy resultant time series. Starting from the peak value, work backwards one sample at a time. For each sample, fit a straight line through the peak value and the

sample of interest. Find the moment in time where this straight-line approximation crosses through zero angular velocity. This is an estimate of the start of downswing. Repeat this for every sample until the angular velocity of the sample of interest is less than 10% of the peak value. Keep the latest start of downswing estimate that was found during this search. This start of downswing algorithm uses the xy resultant, which is a better proxy for overall bat motion than, for example, using only the y component of motion. The model-based algorithm also provides more consistent estimates than a threshold-based or zero-crossing algorithm. By fitting a model to the overall shape of the angular velocity curve, the algorithm ignores meaningless hand motion near the start of downswing, where the signal is on the same order of magnitude as the noise. In one or more embodiments, the angular velocity curve is decomposed into two additive components, body lever and bat lever, and a metric is derived therefrom and optionally reported to the user and/or utilized for internal calculations. In some embodiments, other metrics may also be reported including measuring and comparing two parts (body and bat rotation) and utilizing peak speed ratios, amount of rotation ratios, peak angular velocity ratios, centripetal acceleration, i.e., how quickly a user starts accelerating a bat through body rotation to form metrics. Another metric may be formed by dividing peak hand speed by peak bat speed or an average of the hand speed and bat speed from commit to impact to reduce variability in the measurement. In one or more embodiments, any of these metrics or any other metrics defined herein may be provided to the user through sound, for example if over, equal to, or under a predetermined threshold, or via a visual display, or AR/VR/MR display (or through both audio and visual) to provide the user with biofeedback for use by the user to observe and/or alter position, posture, swing.

Commit event **2014**, also known as wrist release, occurs when the hinge angle is released, as described with respect to FIG. **21**.

The on-plane event **1803** occurs when the sweet spot approaches to within a threshold (such as three inches, for example) of the swing plane, as described with respect to FIG. **18**.

For a swing that hits a ball, impact event **1804** occurs when the bat hits the ball and when this impact is detected by the sensor or sensors. One or more embodiments may also detect a virtual impact event even when the bat does not hit a ball (for example, for an "air swing"), as described below.

For embodiments with an accelerometer, a simple impact detection may be performed by searching for a large discontinuity in accelerometer readings, corresponding to the shock of the impact. However, certain batters generate accelerometer noise greater than 4 g prior to true impact. This has been observed in internal testing and in pro-level swings. Analysis shows that this noise is almost always associated with high bat roll (z-axis angular velocity). Presumably, the bat is slipping in the grip, and the noise is caused by friction of the bat against the hands or gloves. Therefore, in one or more embodiments, the impact detection algorithm may use both the gyro and accelerometer to detect impact. The gyro search detects impact energy that is spread out over one or more subsequent samples. Searching forward, keep a running sum of the maximum gyro x, y, or z discontinuity. Reset the sum to zero if the discontinuity drops below 540 dps and remember that sample. Stop searching if the total discontinuity exceeds 1040 dps. The gyro-only impact is the last sample that was remembered.

Starting from the gyro-only impact sample, search backward until the accelerometer x, y, or z discontinuity is less than a threshold (80% of the saturation value). Usually, this occurs zero or one samples prior to the gyro-only impact, but sometimes it can more. Impact is defined as the sample just before the accelerometer discontinuity.

In rare cases, there is insufficient energy in the gyro signal to detect impact. In this case, impact is the defined as the sample just before the first accelerometer discontinuity that exceeds the threshold.

In one or more embodiments, air swings are supported by enabling an air swing version of the impact detection algorithm. If the system does not detect an impact event, the baseball swing processor determines whether the swing is a valid air swing. The air swing detection algorithm may for example look for peaks in the gyro xy resultant and accelerometer z component. A swing may be classified as a valid air swing if for example: the gyro xy peak exceeds 500 dps; the accelerometer z component peak exceeds 4 g; and the two peaks occur within 100 ms. In the case of a valid air swing, the time of the gyro xy peak may be used as a proxy for the impact event in all subsequent calculations. Processing of air swings continues the same as for impact swings. All swings may be considered invalid if the air swing criteria are not met, even if there is a valid impact signature.

Peak bat speed event **2202** occurs at the moment of maximum forward bat speed, which happens at or before the moment of impact. Peak bat speed is calculated using the forward bat speed time series. Working backwards from impact, peak bat speed is located by finding the sample with the peak value.

Average power generated during the swing may be calculated as power=mass×speed×acceleration, where mass is the effective mass of the bat, speed is the bat speed at impact, and acceleration is the average acceleration during the downswing (bat speed/time to contact). Power may be measured in Watts. The more mass the batter accelerates to high speed, the higher the power.

Based on the start of downswing event **2201** and the impact event **1804**, a time to contact metric may be calculated as the elapsed time between start of downswing and impact. The clock starts when there is sufficient downswing motion and ends when the bat contacts the ball (or at a corresponding virtual impact event for an air swing). Time to contact measures the total time it takes to complete a swing. A major league fastball takes about 400 milliseconds from pitcher to home plate. In that time, the batter must recognize the pitch, decide whether to commit, and execute the swing. The quicker the time to contact, the more time the batter has to recognize and commit to good pitches. The ideal time to contact depends on age, strength, bat length and weight, experience level, and swing style. Our testing shows the typical time to contact for different age groups and skill levels: Little League: 230-400 milliseconds; Senior League: 185-325 milliseconds; High School: 140-260 milliseconds; College/Pro: 100-200 milliseconds.

FIG. **22** also illustrates metrics related to the orientation of the swing. For example, axis of rotation **2204**, which is perpendicular to plane **2203** spanning points on the hand trajectory and is through center of rotation **1903**, forms a body tilt angle **2205** with the vertical axis. The center of rotation is a point at the center of the arc traced by the hands and is usually near the body's center of rotation. The axis of rotation is the axis that the body rotates around and is usually aligned with the spine. The body tilt angle is the angle between the axis of rotation and vertical. The body and bat should rotate around the same axis. A large difference

between the swing plane tilt angle and the body tilt angle is an indication of a disconnected swing. In an efficient swing, the swing plane tilt angle and body tilt angle should be closely-aligned.

FIG. **23** shows an embodiment that provides bio-feedback to the user for setting posture or position or swing or any combination thereof via sound or AR/VR/MR visual displays, that enables working on postures, positions, swings and detecting proper or improper postures, positions, swings or portions thereof and to improve power and/or efficiency and to enable rehabilitation. One or more embodiments of the invention may include utilizing sound, e.g., via headphones **2302**, or at least one Virtual Reality (VR), Augmented Reality (AR) or Mixed Reality (MR) display, glasses or goggles **2301** to provide bio-feedback to the user. In one or more embodiments the audio and/or image components **2301** and/or **2302** may be coupled with or formed into a helmet, such as a batter's helmet for example. This enables the user to see the pitch approach, wherein the headset tracks the ball coming to provide metrics, and after the ball is hit, the system provides the user with the hitting metrics and/or a 3D tracer overlay, for example of the swing. MR is also referred to as "hybrid reality" and includes use of real and virtual data to produce novel environments and visual displays that include real and computed objects and interact, which also may include real-time display of data. For example, in one or more embodiments, a sound or visual display may be utilized to provide feedback to the user to indicate a correct position, or movement has been achieved. This enables a user to work on portions of a swing or an entire swing using different body positions, for example to simulate different feet positions in a sand trap for a golf swing for example and obtain feedback regarding the position and/or swing using sound or visual feedback. In addition, by providing metrics regarding the body position, body movement, piece of equipment position, piece of equipment movement or any combination thereof, embodiments of the invention enable a user to work on developing more power and improving skills in a bio-feedback environment and/or combine environment. Embodiments of the system also enable rehabilitation and general training of the body based on the data gathered by the system to suggest areas of the body to strength or stretch to improve the range of motion to avoid injury through use of correct biomechanics.

One or more embodiments of the invention may include components that enable calculation of various swing quality metrics for a swing of a baseball bat, softball bat, or other equipment. Based on extensive analysis of swing data and swing biomechanics, the inventors have identified three swing quality metrics that appear to be valuable high-level summaries of how effectively a user swings a bat. One or more embodiments may extend or modify these three swing quality metrics in any desired manner. The three swing quality metrics described below are rotational acceleration, on-plane efficiency, and body-bat connection. A system that calculates these metrics is illustrated in FIG. **24**. User **101** swings a bat **102** to hit a ball. An inertial sensor **104** is installed on bat **102**. The sensor **104** may include for example a three-axis accelerometer and a three-axis gyroscope. Data **2401** may be transferred from inertial sensor **104** to a processor **2400**, for example over a network connection. The processor may be for example a mobile device such as a smart phone or a laptop, or any other computer such as a desktop or server computer. In one or more embodiments the processor may be a network of multiple processors. In one or more embodiments the processor or a portion of the processor may be integrated into the inertial sensor **104**.

Embodiments of the invention may not include all of the components shown in FIG. **24**. For example, one or more embodiments may not include the inertial sensor **104**, but may instead receive data **2401** generated by another inertial sensor or similar device. One or more embodiments of the invention may not include processor **2400**, but may include software that executes on this processor to analyze data **2401**.

Data **2401** may include a time series of acceleration data captured by an accelerometer, and a time series of angular velocity data captured by a gyroscope. The accelerometer and gyroscope may have three axes, and the time series may each have three sub-series for each of the three axes. Processor **2400** may also access a bat geometry definition **2402**, which may for example describe physical characteristics of the bat **102**. Based on the acceleration and angular velocity time series **2401**, and the bat geometry **2402**, the processor or processors **2400** may execute one or more steps **2403** to calculate one or more swing quality metrics **2404**. These metrics may include any or all of rotational acceleration **2411**, on-plane efficiency **2412**, and body-bat connection **2413**. The swing quality metrics **2404** may include other metrics in addition to these three metrics, or a subset of the metrics shown. Data and metrics from multiple batters may be captured in a database **2421**, and analytics **2422** may be generated from this database. These analytics may for example be used to optimize batting orders, to improve individual players' swings, to assign exercise programs, to assist with recruiting, to match players to coaches, or to plan pitching strategies or adjustments.

One or more embodiments may have or use sensors instead of or in addition to inertial sensor **104** on bat **102**. For example, FIG. **24** shows optional inertial sensor **104***a* on one of the hands of batter **101**, for example in a batting glove; this sensor may capture data on motion of the hands. Sensors may be installed on any part or parts of the batter's body or on or in any equipment, such as on a belt, cap, or shoes. Data from these sensors may be fused with data from bat sensor **104** to analyze and characterize the swing.

FIG. **24**A shows an embodiment of the invention that uses video camera data instead of inertial sensor data to track the motion of the bat. The sensors of FIG. **24** (inertial) and FIG. **24**A (video) are illustrative; one or more embodiments may obtain bat motion data or motion data on other items such as the batter's hands using any type or types of sensors, including but not limited to inertial sensors and video camera sensors. Sensor data from any sensor or sensors may include or may be transformed to acceleration and angular velocity data **2401**, which in turn may be used to calculate swing quality metrics.

In FIG. **24**A, three video cameras **2431**, **2432**, and **2433** capture images of the swing of bat **102** by batter **101**. One or more embodiments may use any number of video cameras. A potential benefit of using multiple cameras it that the bat may be visible at any point in the swing from at least one camera. In this illustrative embodiment, no sensor or marker is placed on bat **102** (or on player **101**). Although markers may facilitate motion tracking using video images, in some situations they may be awkward or time-consuming to use; therefore, one or more embodiments may use markerless motion tracking using analysis of video images only without markers. Video streams from cameras **2431**, **2432**, and **2433** are combined into image sensor data **2435**, which consists of a time sequence of frames from each camera. These frames

2435 are input into a step 2440 that generates the bat acceleration and angular velocity time series 2401 by analyzing the changes in the images over time. Techniques for tracking objects in video frames without markers are known in the art, as are techniques for generating data such as acceleration and angular velocity from the tracked object positions in frames. These techniques are used for example in markerless motion capture systems that recreate 3D motion from a series of 2D video streams, without attaching markers to the objects of interest. Image processing and recognition techniques may be used for example to identify the bat (or portions of the bat that are visible) in each frame, and stereo or multi-view triangulation may be used to recover 3D positions of the bat's points from the 2D projections of the bat in each frame.

Step 2440 of calculating acceleration and angular velocity from the video frames 2435 may be performed by processor or processors 2400, or by any other system or systems. For example, in one or more embodiments the cameras 2431, 2432, and 2433 may perform all or part of this processing internally. Processor 2400 may either obtain acceleration and angular velocity data 2401 directly from a sensor, or it may calculate this data from one or more sources of sensor data from one or more sensors of any type or types. Sensor data in this context may represent any data that represents or reflects motion of any object, including but not limited to inertial sensor data, video camera frames, or combinations thereof. One or more embodiments may combine data from inertial sensor 104 and cameras 2431, 2432, and 2433 (or other arrangements of one or more cameras) and may perform sensor fusion to calculate data 2401.

In one or more embodiments of the invention, sensor measurements, metrics and calculations such as those illustrated in FIGS. 24 and 24A may be applied to movements other than the swinging of a bat. For example, without limitation, calculation 2403 of quality metrics 2404 from inertial or video data may be applied to movements such as a golf swing, a tennis racket swing, a hockey stick shot, a lacrosse stick shot, or to movements without stick-like equipment such as a basketball shot, a soccer shot, a volleyball hit, a jump, a spin of a figure skater, or a baseball pitch or throw. Any type of motion may be analyzed with respect to a natural plane of rotation for that motion or an axis of rotation for the motion. The quality of the motion may be summarized in one or more quality metrics, such as metrics that capture the acceleration of the motion, the connection between the body of the person performing the motion and any equipment or other body parts involved in the motion or between different body parts involved in the motion, and the efficiency of the motion with respect to the natural plane for the motion. As an example, connection metrics for a spin of a figure skater may measure how the skater extends his or her arms or legs during the spin, or how the arm and leg positions relate to each other or to the body orientation. Quality metrics may be calculated from inertial sensor data or data from any other sensor on equipment or on the user's body, or they may be calculated from analysis of video captured during the motion. In one or more embodiments, metrics and calculations may also measure the stress on one or more joints of the user during the motion; these stresses may be related to the motion quality metrics since efficient motions may generate less stress on the joints.

An illustrative bat geometry definition 2402 is shown in FIG. 25. This bat geometry includes the location of a hand position 2501 on the bat 102, and a position of a sweet spot 2502 on the bat 102. These positions may be located for example along the longitudinal axis 210 of the bat. Positions may be measured for example relative to a position 2500 of the inertial sensor 104 on the bat. In one or more embodiments the positions 2501 and 2502 may be set to any convenient locations; they may or may not match actual hand positions of a specific real batter or a physical sweet spot position of a bat. They may be set to average values or typical values, for example. Typically, but not necessarily, the hand position 2501 may be near the knob end of bat 102, and the sweet spot position may be at or near a position that is an optimal spot on the bat for contacting a ball. An optimal position for contacting a ball may correspond for example, without limitation, to a position that maximizes energy transfer, a position that maximizes ball speed, or a position that minimizes vibration when the bat hits the ball at this position along the longitudinal axis 210. The bat geometry definition 2402 or any portions of this definition may be for example stored in memory on the inertial sensor 104, or it may be stored in any memory accessible to the processor such RAM, ROM, or a hard disk containing a file or database. A simple bat geometry definition file may contain for example only two numbers: the distance between points 2501 and 2500, and the distance between points 2502 and 2500.

One or more embodiments may perform several preliminary calculations before or during the generation of swing quality metrics. FIGS. 26 and 27 show illustrative calculations that may be performed in one or more embodiments. In FIG. 26, the acceleration and angular velocity time series 2401 obtained from the inertial sensor or derived from camera image data may be integrated in step 2610 to determine the position and orientation of the sensor over time. Furthermore, the bat geometry 2402 may be used to calculate the position and orientation over time of the bat and of specific points on the bat. For example, the processor of the system may calculate a trajectory of the longitudinal axis of the bat 2603 at points in time through the swing. It may calculate a trajectory 1901 of the hand position on the bat at points in time through the swing. And it may calculate a trajectory 1601 of the sweet spot position on the bat at points in time through the swing. FIG. 26 shows an illustrative state of the bat at time 2604 in the swing, with bat longitudinal axis 210k, hand position 2501k, and sweet spot position 2502k at this time. The system may determine specific events of interest in the swing and may locate points in time in the sensor data time series 2401 that correspond to these events. In particular the system may perform step 2611 to locate the impact of the bat with a ball or other object, to find impact time 502.

FIG. 27 illustrates how the data calculated in the steps shown in FIG. 26 may be used in one or more embodiments to calculate swing quality metrics. The acceleration and angular velocity time series 2401, the impact time 502, the hand position trajectory 1901, the sweet spot position trajectory 1601, and the bat longitudinal axis trajectory 2603 may be analyzed in calculations 2403 to generate metrics 2404. Additional inputs to the calculations 2403 may include the swing plane 1701, and the body tilt axis 2204, which are described above with respect to FIG. 17 for the swing plane, and with respect to FIGS. 19 and 22 for the body tilt axis.

FIGS. 28 through 36 describe how the data shown in FIG. 27 may be used in one or more embodiments to calculate the illustrative swing quality metrics shown in 2404: rotational acceleration, on-plane efficiency, and bat-body connection.

Turning first to rotational acceleration, one or more embodiments may separate a swing into a loading phase at the beginning of the swing, and a rotational phase when the batter completes the swing and accelerates to hit the ball.

One method that may be used in one or more embodiments to define these two phases is to use the acceleration along the bat's longitudinal axis. This approach is illustrated in FIG. **28**. The longitudinal axis **1501** of bat **102** is oriented so that the positive direction from the knob of the handle towards the barrel. An accelerometer on the bat may measure acceleration in this longitudinal direction, either directly if an axis of the accelerometer is aligned with this longitudinal axis **1501**, or indirectly along multiple axes. In a typical swing, the batter adjusts the bat orientation in a loading phase, and then swings in an approximately circular motion. The circular motion results in centripetal acceleration along the longitudinal axis, which corresponds to a negative acceleration. FIG. **28** shows a plot of acceleration **2801** along the axis **1501**. At time **2803** this acceleration changes sign, and it stays negative until impact **502**. The phase **2802** of centripetal (negative) acceleration may be used to define the rotational phase of the swing. The point **2803** corresponding to the sign change may be used to define the transition between the loading phase of the swing and the rotational phase of the swing.

One or more embodiments may define a start of a centripetal acceleration phase in any desired manner, including but not limited to defining it as a zero crossing such as point **2803** in FIG. **28**. In one or more embodiments, the start of centripetal acceleration event may be determined based on a model of the rotational patterns of a swing. FIG. **29** illustrates a technique for defining the start of centripetal acceleration that may be used in one or more embodiments. A threshold **2904** may be defined to locate points on longitudinal acceleration curve **2801** that are relatively small compared to the peak centripetal acceleration **2901**. For example, the threshold may be set to 10% of the peak centripetal acceleration. For every sample starting at this threshold value and working backwards in time, a straight line may be fit through the peak centripetal acceleration point **2901** and the sample. The time when this line crosses zero acceleration may be used as an estimate of the start of centripetal acceleration. This is illustrated in FIG. **29** for sample **2902**; the line through points **2901** and **2902** intersects the zero-acceleration axis at time **2903**. Point **2903** may therefore be used as an estimate of the start of centripetal acceleration. In one or more embodiments this process may be repeated for different samples working back in time until the acceleration magnitude of the sample is less than a smaller threshold value, such as for example 1% of the peak centripetal acceleration, and the latest time of the intersection of the line through the sample may be used as the start of centripetal acceleration. This procedure may generate a start of centripetal acceleration that is at or near the point in time when the centripetal acceleration changes sign.

Having identified a start of centripetal acceleration event, one or more embodiments may calculate a rotational acceleration swing quality metric by measuring the centripetal acceleration at a specific time offset after this event. This calculation is illustrated in FIG. **30**. A time interval **3001** is fixed, and the point **3002** on centripetal acceleration curve **2801** is located at this time interval after the start of centripetal acceleration **2903**. The acceleration difference **3003** between the centripetal acceleration at **3002** and the centripetal acceleration at time **2903** may be used as a rotational acceleration metric. The time interval **3001** may be fixed so that comparisons of rotational acceleration across players measure how rapidly each player is able to accelerate the swing over a common period of time.

This rotational acceleration metric **3003** is a measure of how the hitter accelerates the bat into rotation. In one or more embodiments, it may be measured early in the rotational phase of the swing to capture information about the coordination and control patterns of the athlete; measuring early in the swing may make this metric less susceptible to swing differences based on pitch location. For example, the time interval **3001** may be selected, without limitation, in a range between 10 and 50 milliseconds, inclusive.

Rotational acceleration is a useful metric to separate hitters between levels. Hitters with high rotational acceleration exhibit high-level movement patterns and proper sequencing of segments through the swing. This is due in large part because it is simply not possible to achieve high values of rotational acceleration without utilizing proper sequencing to accelerate the bat into rotation. A high magnitude of rotational acceleration is the result of proper timing and sequencing of bat load as aggressive body rotation pulls the bat down into rotation. The higher the magnitude, the more functionally proficient the player is in accelerating the bat into a rotational path in a more dynamically adjustable swing. At elite levels, quickly and efficiently generating energy that can be transferred through the kinetic chain is essential to be a successful hitter, given the incredibly dynamic and variable nature of the task.

FIG. **31** shows three illustrative swings **3101**, **3102**, and **3103**. Swing **3101** is from a power hitter who achieves early torso rotation. Swing **3102** is from a player who rotates the body less early in the swing, and therefore achieves less power. Swing **3103** is from a player who primarily uses the arms and hands rather than the body, and therefore has very little hitting power.

The major league baseball average for rotational acceleration is approximately 17 g's. Elite hitters are consistently in the mid 20 g's with some hitters reaching the 30 g's. Hitters with average rotational acceleration values are often "block rotators", that initiate rotation with the hips and shoulders simultaneously. Hitters with low rotational acceleration are commonly hand-dominant hitters who pull the knob of the bat with their upper body to initiate the swing.

Turning now to a second swing quality metric, on-plane efficiency, FIG. **32** shows swing plane **1701** and a coordinate system that may be defined with respect to the swing plane. This coordinate system consists of a z-axis **1501** along the longitudinal axis of the bat, a y-axis **3202** normal (perpendicular) to swing plane **1701**, and an x-axis **3203** orthogonal to the y and z axes. (The labels x, y, and z for these axes are arbitrary; one or more embodiments may use any names or labels for any axes.) On-plane efficiency measures how much of the rotation of the bat is around the y-axis **3202**. Rotation around other axes does not contribute to the velocity at impact, which lies in the swing plane **1701**. Therefore, a higher degree of on-plane efficiency reflects a more efficient swing.

Angular velocity data from the inertial sensor on the bat may be transformed into the coordinate system of FIG. **32**. This transformation results in three components of angular velocity: the y-axis angular velocity **3212**, which is the primary contributor to swing efficiency, the x-axis angular velocity **3213**, and the z-axis angular velocity **3211**. The z-axis angular velocity **3211** is bat roll along the longitudinal axis of the bat, which is not a major factor in swing efficiency; however, a large amount of x-axis angular velocity **3213** may reflect an inefficient swing.

In one or more embodiments, a rotation-on-plane ratio may be calculated at any point in time during the swing as the ratio of the magnitude of the y-axis angular velocity **3212** to the magnitude of the vector sum of x-axis angular velocity **3213** and y-axis angular velocity **3212**. This ratio is

100% for pure rotation around axis **3202**; as more off-plane rotation occurs around axis **3203**, the ratio decreases. (Angular velocity **3211** around the z-axis is ignored in this analysis because it is typically a minor factor.) An on-plane efficiency metric may be calculated as the value of this rotation-on-plane ratio at a point in time, or as an average over a period of time. In one or more embodiments, the on-plane efficiency metric may be calculated as an average of the rotation-on-plane ratio between the start of centripetal acceleration and impact. This method is illustrated in FIGS. **33**A and **33**B, which show x-axis and y-axis angular velocity for two illustrative swings. Curves **3212***a* and **3212***b* show y-axis angular velocity for the two swings; curves **3213***a* and **3213***b* show x-axis angular velocity for the two swings, and curves **3301***a* and **3301***b* show the magnitude of the vector sum of the x-axis and y-axis angular velocities for the two swings. Curves **3302***a* and **3302***b* show the rotation-on-plane ratio **3310** over time for the two swings. The values of the rotation-on-plane ratios are averaged across the time interval **2803** (start of centripetal acceleration) to **502** (impact), giving average values **3303***a* and **3303***b* for the two swings. The swing of FIG. **33**A has a higher on-plane efficiency swing quality metric, since the y-axis angular velocity **3212***a* is a relatively larger fraction of the total xy angular velocity **3301***a* than the corresponding ratio for **3212***b* and **3301***b*.

On-plane efficiency measures how early a swing gets on plane and how well it stays on plane as it approaches impact. In an efficient swing, the hitter wants to build as much forward bat speed on plane as possible, to maximize functional bat speed at impact. Swinging the bat on plane is one of the most important skills necessary to becoming a high-level hitter. It is also one of the most variable swing components when comparing hitters. An efficient swing is one in which the hitter gets the barrel on plane very early and deep in the swing path, which allows them to better optimize acceleration of the barrel through the zone. Deviations from the swing plane are the direct result of changes in arm and wrist kinematics relative to the body rotations. The better the hitter is at minimizing these variable arm/wrist degrees of freedom, the longer the hitter's bat will be on plane. In a connected swing, the hitter will read the pitch early and make adjustments through the core and the body instead of the arms and wrist in order to align the swing plane with the pitch location. A good functional swing will have an average on-plane efficiency starting at 70% or higher. A typical dynamic range for on-plane efficiency is 65%-85%. Moving the on-plane efficiency metric higher is desired and directly indicative of a more connected swing.

Turning now to the body-bat connection swing quality metric, this metric measures the relationship between the hitter's body and the bat. Ideally this relationship is approximately perpendicular throughout the rotational portion of the swing. FIG. **34** illustrates a definition of body-bat connection that may be used in one or more embodiments. The body tilt axis **2204** may be defined from three points on the trajectory of the hands, as discussed above with respect to FIGS. **19** and **22**. This axis **2204** is calculated as a single axis for the entire swing. The bat longitudinal axis **1501** moves through the swing; therefore, the angle **3401** between the body axis **2204** and the bat axis **1501** is a function of time. This angle **3401** may be used as the body-bat connection metric at that point in time, with an ideal value of 90°.

In one or more embodiments it may also be useful to calculate a disconnection metric, which is the complement of connection (the absolute value of the difference between the body-bat connection angle and 90°). Disconnection is illustrated in FIGS. **35**A and **35**B. In FIG. **35**A, the connection angle **3401***a* is greater than 90°, and the disconnection angle **3501***a* is angle **3401** less 90°. In FIG. **35**B the connection angle **3401***b* is below 90°, and the disconnection angle **3501***b* is 90° less angle **3401***b*. Use of disconnection instead of connection may be more useful when averaging or integrating connection angles over time, since use of absolute differences prevents a negative difference at one point in time from compensating for a positive difference at a different point in time.

As illustrated in FIG. **36**, one or more embodiments may measure the body-bat connection (and/or disconnection) at the point of impact **502** and at the start of centripetal acceleration **2803**. The angle **3601** between the axis **2204** and the bat axis **1501***a* may be referred to as the early connection or connection-early, and the angle **3602** between axis **2204** and bat axis **1501***b* at impact may be referred to as the connection-at-impact. The connection-early and connection-at-impact values may be averaged to generate an overall body-bat connection metric, or equivalently the disconnection-early and disconnection-at-impact values may be averaged to generate an average body-bat disconnection metric.

Connection is important measure of the athlete's ability to dynamically adjust for different pitch types and locations, as well as executing consistent mechanics swing to swing. Connection and the relationship between early connection and connection-at impact is also highly related to on-plane efficiency. In a good functional swing, the hitter adjusts to different pitch locations using their body tilt, keeping their connection values consistent. Hitters who adjust to different pitch locations by manipulating the barrel with their hands will have variable connection values across pitch locations. This introduces additional degrees of freedom at the wrist into the swing that are difficult to control and execute with consistency.

The typical range for major league baseball players for connection-at-impact is 80°-95°. Values for connection-early are typically in the range of 75°-130°. High connection-early values (110° and greater) typically indicate a very steep vertical bat angle as the hitter begins to rotate. Hitters with connection-early values 110° and greater will either need to correct their connection quickly as they begin to rotate, or they will have poor on-plane efficiency values. Connection values ideally will not change based on pitch location and will be consistently near 90° for all vertical bat angles. However, variable connection is common for hitters who manipulate the barrel with their hands. The bat axis orientation will change based on pitch location and the hitter should adjust their body tilt to match that change.

FIG. **37** shows the three illustrative swing quality metrics for hypothetical swings by three players. These metrics may be stored for example in database **2421**. The rotational acceleration **3701** and on-plane efficiency **3702** are calculated as described above. For bat-body connection **3703**, three values are shown: the early connection **3704**, the connection-at-impact **3705**, and the average disconnection **3706**.

While the ideas herein disclosed has been described by means of specific embodiments and applications thereof, numerous modifications and variations could be made thereto by those skilled in the art without departing from the scope of the invention set forth in the claims.

What is claimed is:

1. A swing quality measurement system comprising:

a memory;

a processor coupled with said memory;

a first communication interface;
a sensor configured to capture sensor data associated with a bat during a swing of said bat by a user;
a bat geometry stored in said memory, said bat geometry comprising
a hand position along a longitudinal axis of said bat; and
a sweet spot position along said longitudinal axis;
wherein said processor is coupled to said sensor via said first communication interface, and wherein
said processor is configured to
obtain said bat geometry;
receive said sensor data from said sensor;
obtain or calculate acceleration data from said sensor data;
obtain or calculate angular velocity data from said sensor data;
calculate a trajectory of said hand position from said acceleration data and said angular velocity data;
calculate a trajectory of said sweet spot position from said acceleration data and said angular velocity data;
calculate a trajectory of said longitudinal axis from said acceleration data and said angular velocity data;
determine a time of impact of said swing from said acceleration data and said angular velocity data;
calculate a body tilt axis of said user from said trajectory of said hand position, wherein said body tilt axis is perpendicular to a plane passing through three different points of said trajectory of said hand position;
calculate a swing plane, wherein said swing plane is spanned by a velocity vector of said sweet spot position at said time of impact and said longitudinal axis at said time of impact; and,
calculate one or more swing quality metrics based on one or more of
said sensor data;
said acceleration data;
said angular velocity data;
said time of impact;
said trajectory of said hand position;
said trajectory of said sweet spot position;
said trajectory of said longitudinal axis;
said body tilt axis; and,
said swing plane.

2. The system of claim **1**, wherein said sensor comprises an inertial sensor that comprises:
a three-axis accelerometer that generates said acceleration data; and
a three-axis gyroscope that generates said angular velocity data.

3. The system of claim **1**, wherein
said sensor comprises one or more cameras; and,
said sensor data comprises images captured by said one or more cameras.

4. The system of claim **1**, wherein said sweet spot position comprises one or more of
an optimum location on said bat for striking a ball;
a position on said bat that maximizes energy transfer when striking said ball;
a position on said bat that maximizes ball speed when striking said ball; and,
a position on said bat that minimizes vibration when striking said ball.

5. The system of claim **1**, wherein said processor is further configured to
calculate a start time of centripetal acceleration comprising a time during said swing at or near a time when a longitudinal acceleration changes sign, wherein said longitudinal acceleration comprises said acceleration data projected onto said longitudinal axis.

6. The system of claim **5**, wherein said one or more swing quality metrics comprise a rotational acceleration metric comprising
a difference between
said longitudinal acceleration at an early rotation time, wherein said early rotation time comprises said start time of centripetal acceleration plus a fixed offset; and
said longitudinal acceleration at said start time of centripetal acceleration.

7. The system of claim **6**, wherein said fixed offset is in a range between 10 milliseconds and 50 milliseconds.

8. The system of claim **1**, wherein said processor is further configured to
define a swing plane coordinate system comprising
a z-axis along said longitudinal axis;
a y-axis normal to said swing plane; and
an x-axis orthogonal to said y-axis and to said z-axis;
transform said angular velocity data to said swing plane coordinate system, to yield a time series of transformed angular velocities, wherein each transformed angular velocity of said time series of transformed angular velocities comprises a vector sum of
a z-axis angular velocity;
a y-axis angular velocity; and
an x-axis angular velocity;
calculate a time series of rotation-on-plane ratios, each rotation-on-plane ratio of said time series of rotation-on-plane ratios comprising a ratio of
a magnitude of said y-axis angular velocity to
a magnitude of a vector sum of said y-axis angular velocity and said x-axis angular velocity; and,
calculate an on-plane efficiency metric of said one or more swing quality metrics based on said time series of rotation-on-plane ratios.

9. The system of claim **8**, wherein
said processor is further configured to
calculate a start time of centripetal acceleration comprising a time during said swing at or near a time when a longitudinal acceleration changes sign, wherein said longitudinal acceleration comprises said acceleration data projected onto said longitudinal axis; and,
said on-plane efficiency metric comprises
an average of said time series of rotation-on-plane ratios from said start time of centripetal acceleration to said time of impact.

10. The system of claim **1**, wherein said processor is further configured to
calculate a time series of body-bat angles, wherein each body-bat angle of said time series of body-bat angles comprises
an angle between said longitudinal axis and said body tilt axis.

11. The system of claim **10**, wherein said processor is further configured to
calculate a connection-at-impact metric of said one or more swing quality metrics comprising said body-bat angle at said time of impact.

12. The system of claim 11, wherein said processor is further configured to

calculate a disconnection-at-impact metric of said one or more swing quality metrics comprising an absolute value of a difference between said connection-at-impact and ninety degrees.

13. The system of claim 11, wherein said processor is further configured to

calculate a start time of centripetal acceleration comprising a time during said swing at or near a time when a longitudinal acceleration changes sign, wherein said longitudinal acceleration comprises said acceleration data projected onto said longitudinal axis; and,

calculate a connection-early metric of said one or more swing quality metrics comprising said body-bat angle at said start time of centripetal acceleration.

14. The system of claim 13, wherein said processor is further configured to

calculate a disconnection-early metric of said one or more swing quality metrics comprising an absolute value of a difference between said connection-early metric and ninety degrees.

15. The system of claim 13, wherein said processor is further configured to

calculate a disconnection-at-impact metric of said one or more swing quality metrics comprising an absolute value of a difference between said connection-at-impact metric and ninety degrees;

calculate a disconnection-early metric of said one or more swing quality metrics comprising an absolute value of a difference between said connection-early metric and ninety degrees; and,

calculate an average-disconnection metric of said one or more swing quality metrics comprising an average of said disconnection-at-impact metric and said disconnection-early metric.

16. The system of claim 1, further comprising

a database of swing quality metrics for a plurality of players; and

an analytics system configured to compare a player or a potential player to said swing quality metrics for said plurality of players.

17. A swing quality measurement system comprising:

a memory;

a processor coupled with said memory;

a first communication interface;

a sensor configured to capture sensor data associated with a bat during a swing of said bat by a user;

a bat geometry stored in said memory, said bat geometry comprising

a hand position along a longitudinal axis of said bat; and

a sweet spot position along said longitudinal axis comprising one or more of

an optimum location on said bat for striking a ball;

a position on said bat that maximizes energy transfer when striking said ball;

a position on said bat that maximizes ball speed when striking said ball; and,

a position on said bat that minimizes vibration when striking said ball;

said processor coupled to said sensor via said first communication interface, and configured to

obtain said bat geometry;

receive said sensor data from said sensor;

obtain or calculate acceleration data from said sensor data;

obtain or calculate angular velocity data from said sensor data;

calculate a trajectory of said hand position from said acceleration data and said angular velocity data;

calculate a trajectory of said sweet spot position from said acceleration data and said angular velocity data;

calculate a trajectory of said longitudinal axis from said acceleration data and said angular velocity data;

determine a time of impact of said swing from said acceleration data and said angular velocity data;

calculate a body tilt axis of said user from said trajectory of said hand position, wherein said body tilt axis is perpendicular to a plane passing through three different points of said trajectory of said hand position;

calculate a swing plane, wherein said swing plane is spanned by a velocity vector of said sweet spot position at said time of impact and said longitudinal axis at said time of impact;

calculate a start time of centripetal acceleration comprising a time during said swing at or near a time when a longitudinal acceleration changes sign, wherein said longitudinal acceleration comprises said acceleration data projected onto said longitudinal axis;

define a swing plane coordinate system comprising

a z-axis along said longitudinal axis;

a y-axis normal to said swing plane; and

an x-axis orthogonal to said y-axis and to said z-axis;

transform said angular velocity data to said swing plane coordinate system, to yield a time series of transformed angular velocities, wherein each transformed angular velocity of said time series of transformed angular velocities comprises a vector sum of

a z-axis angular velocity;

a y-axis angular velocity; and

an x-axis angular velocity;

calculate a time series of rotation-on-plane ratios, each rotation-on-plane ratio of said time series of rotation-on-plane ratios comprising a ratio of

a magnitude of said y-axis angular velocity to

a magnitude of a vector sum of said y-axis angular velocity and said x-axis angular velocity;

calculate a time series of body-bat angles, wherein each body-bat angle of said time series of body-bat angles comprises

an angle between said longitudinal axis and said body tilt axis;

calculate one or more swing quality metrics comprising

a rotational acceleration metric comprising

a difference between

said longitudinal acceleration at an early rotation time, wherein said early rotation time comprises said start time of centripetal acceleration plus a fixed offset; and

said longitudinal acceleration at said start time of centripetal acceleration;

an on-plane efficiency metric comprising

an average of said time series of rotation-on-plane ratios from said start time of centripetal acceleration to said time of impact;

a connection-at-impact metric comprising

said body-bat angle at said time of impact; and,

a connection-early metric of said one or more swing quality metrics comprising

said body-bat angle at said start time of centripetal acceleration.

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